

# Shofar



Av 5776 - Tishrei 5777 • September - October 2016



## Rabbi's Message

### This Promises to Be a Really Great Year at TBE!

Shalom, dear friends! I hope the summer has been fun and refreshing, with time to enjoy family and friends, and maybe even some new adventure. Here at TBE we are busy gearing up for the new year, and we are really excited to share what promises to be one of our best lineups of programs ever. To make sure our entire community can save key dates, we are in the process of preparing a program guide to be sent out in the coming weeks. Here are just a few highlights, with dates to save:

*Continued on page 5*

**In this issue...**you can click on the page you would like to read first.

Acts of Tzedakah .....	29
Blood Drive .....	24
Brotherhood.....	17
Calendar .....	30-31
College Connection.....	17
Community.....	16
Community Selichot Program .....	3
Cultural Arts.....	18-20
Education Directors .....	8
Jewish LIFE .....	13-14
Legacy Circle.....	4
Lifecycle (TBE Family News).....	12
Mensch of the Month.....	7
President's Message.....	6
Rabbi's Message.....	1, 5
Renaissance .....	21
Ritual.....	21
Shabbat Tables.....	22
Sisterhood.....	23-24
Social Action .....	25-26
Sukkot Celebration .....	3
Staff News .....	7
Summer Service Leaders.....	4
TBE at the 4-H Fair.....	20
Welcome to the World .....	11
Worship Schedule.....	2
Yahrzeits .....	27-28
Yoga at TBE.....	15
Youth Engagement .....	9-11

**First Day of Religious School**  
September 11

**Shabbat Tables**  
September 16  
See page 22

**Rosh Hashanah** October 3  
**Yom Kippur** October 12  
Consult your tickets for service times

**Dinner in the Sukkah**  
October 16, 6:00 p.m.  
See page 3



**Simchat Torah**  
October 23, 7:00 p.m.

## Worship Schedule

### SEPTEMBER

#### Friday, September 2

*Parashat R'ei*, Deuteronomy 11:26–16:17  
8:00 p.m. Summer Shabbat Service

#### Friday, September 9

7:00 p.m. Family Shabbat Service

#### Saturday, September 10

*Parashat Shoftim*, Deuteronomy 16:18–21:9  
10:00 a.m. Shabbat Morning Service and Torah Study with  
bar mitzvah of Matthew Keiles

#### Friday, September 16

8:00 p.m. Shabbat Evening Service with the Choir

#### Saturday, September 17

*Parashat Ki Teitzei*, Deuteronomy 21:10–25:19  
10:00 a.m. Shabbat Morning Service and Torah Study with  
Bar Mitzvah of Ian Oberti-DiRico

#### Friday, September 23

8:00 p.m. Shabbat B'Shir, Shabbat Evening Service with the  
Tefilah Band

#### Saturday, September 24

*Parashat Ki Teitzei*, Deuteronomy 21:10–25:19  
10:00 a.m. Shabbat Morning Service and Torah Study with  
Bar Mitzvah of Matthew McCloskey

#### Selichot

Community Observance of Selichot:  
8:00 p.m. Havdalah and Program  
9:30 p.m. Refreshments  
10:00 p.m. Service

#### Friday, September 30

8:00 p.m. Shabbat Evening Services

### OCTOBER

#### Saturday, October 1

*Parashat Nitzavim*, Deuteronomy 29:9–30:20  
10:00 a.m. Shabbat Minyan Service

#### Sunday, October 2

*Erev Rosh Hashanah*  
8:00 p.m. Evening Service

#### Monday, October 3

*Rosh Hashanah*  
9:30 a.m. Morning Service  
1:15 p.m. Tot Service  
2:00 p.m. Family Service  
3:30 p.m. Tashlich (at Duke Island Park)

#### Tuesday, October 4

*Rosh Hashanah Day 2*  
9:30 a.m. Morning Service

#### Friday, October 7

*Shabbat Shuvah*  
8:00 p.m. Shabbat Evening Service

#### Saturday, October 8

*Shabbat Shuvah*  
*Parashat Vayelech*, Deuteronomy 31:1–30  
10:00 a.m. Shabbat Morning Service and Torah Study with  
Bar Mitzvah of Daniel Raines Moshe

#### Tuesday, October 11

*Kol Nidrei*  
8:00 p.m. Kol Nidrei Service

#### Wednesday, October 12

*Yom Kippur*  
9:30 a.m. Morning Service  
12:30 p.m. Reflection Service  
1:30 p.m. Afternoon Study  
1:30 p.m. Family Service  
2:30 p.m. Healing Service  
3:30 p.m. Afternoon Service  
5:30 p.m. Yizkor \*  
6:00 p.m. Neilah \*  
Break-the-Fast to follow \*  
\*Times approximate

#### Friday, October 14

8:00 Shabbat Evening Service

#### Saturday, October 15

*Parashat Haazinu*, Deuteronomy 32:1–52  
10:00 a.m. Shabbat Morning Service and Torah Study with  
Bar Mitzvah of Samuel Becker

#### Sunday, October 16

*Erev Sukkot*  
6:00 p.m. Erev Sukkot Services and Dinner (see page 3)

#### Friday, October 21

*Chol HaMoed Sukkot*  
8:00 p.m. Shabbat Evening Service with Grade 6 Kabbalat  
Torah and participation of Grade 7

#### Saturday, October 22

*Chol HaMoed Sukkot*, Exodus 33:12–34:26  
10:00 p.m. Shabbat Morning Service and Torah Sunday  
with Bat Mitzvah of Alexa Fetaya

#### Sunday, October 23

*Erev Simchat Torah*  
7:00 p.m. Simchat Torah Service and Torah Parades

#### Monday, October 24

*Sh'mini Atzeret*  
9:00 a.m. Sh'mini Atzeret and Yizkor Services

#### Friday, October 28

8:00 p.m. Shabbat B'Shir, Shabbat Evening Service with the  
Tefilah Band

#### Saturday, October 29

*Parashat B'reishit*, Genesis 1:1–6:8  
10:00 a.m. Shabbat Morning Service and Torah Study

### Temple Calendar Webpage

<http://www.ourbethel.org/luach-beth-el>

### Shofar Submissions and Deadline

The next issue of the Shofar will be  
November–December 2016. PLEASE NOTE:  
The deadline for submissions is October 15.  
Submit articles via email to:  
[ShofarEditor@templebethelnj.org](mailto:ShofarEditor@templebethelnj.org).

In the subject line, please use the following  
naming convention: Shofar Month/Shofar/  
Committee Name or Professional Staff Name.

### Torah Portions

You can read a Weekly Torah  
Commentary by visiting the Union of  
Reform Judaism's web page:  
[www.reformjudaism.org/learning/  
torah-study](http://www.reformjudaism.org/learning/torah-study)

The High Holy Days Season begins  
Saturday evening, September 24

Please join Rabbi Arnie Gluck, Rabbi Dan Selsberg, Rabbi Jack Kramer,  
Cantor Emily Pincus, and Cantor Vadim Yucht for a

## COMMUNITY SELICHOT EVENING PROGRAM & SERVICE

Temple Beth-El, Hillsborough  
Saturday, September 24

8:00 p.m. — Havdalah and Program

9:30 p.m. — Refreshments

10:00 p.m. — Selichot Service

### Program: 1 Hour, 3 Rabbis, 3 Texts on Teshuvah

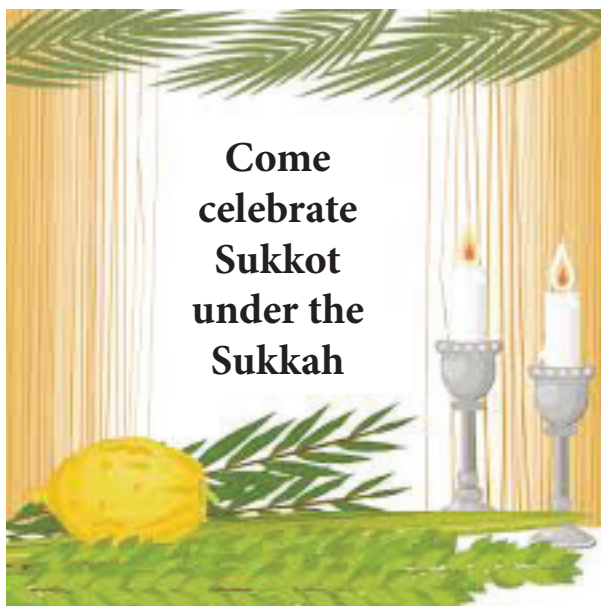
Join Rabbi Selsberg, Rabbi Kramer, and Rabbi Gluck for study and reflection, followed by light refreshments and the traditional Selichot Service, led by the rabbis and Cantors Pincus and Yucht.

Each of the rabbis will teach a favorite text on the theme of *teshuvah*, repentance, and renewal in a round-robin format, so that all participants will engage with each text and each rabbi. Our hope is to inspire and advance the work of spiritual preparation for the coming High Holy Days.

### Selichot Service

This brief service includes readings and meditations touching on the themes of renewal and repentance of Rosh Hashanah and Yom Kippur. It offers an opportunity to prepare to observe the Holy Days with deeper meaning and feeling. The service will conclude with the sounding of the shofar.

This year we will be piloting a new Selichot liturgy from the CCAR Press.



Come  
celebrate  
Sukkot  
under the  
Sukkah

**Please join us for dinner in the temple sukkah  
on Sunday, October 16, at 6:00 p.m.**

**The entire evening will be held outdoors,  
weather permitting, under our expanded  
Sukkah! There will be a lovely catered dinner  
followed by song, study, blessings, lively  
conversation, and fellowship.**

\$18 per person, \$10 for children under 13.

Please reserve your space as soon as possible.  
Deadline is September 21. Register online at  
<http://tinyurl.com/TBESukkahDinner2016> or  
contact Susan Walters at 908-722-0674 ext.112.

We hope to see you there!

## Summer Service Leaders

Our deepest thanks go to the cadre of service leaders who graced our services in either leadership or accompaniment roles this summer:

Mark Andrews  
Beth Borrus  
Dave Cohen  
Liz Cohen  
Jay Lavroff  
Harold Levin  
Steve Lieberman  
Ed Malberg  
Rick Miller  
Henry Nerenberg  
Larry Osman  
Dave Sandler  
Ronnie Weyl

And special thanks to the Tefilah Band for their participation in the Shabbat Under the Stars service on August 19.

Lou Binder  
Beth Borrus  
Jay Lavroff  
Larry Osman  
Barry Rosenberg  
Alan Zeldin  
(With an assist from Henry Nerenberg)

## We honor our Legacy Circle:

Anonymous (2)  
Rande and Janet Aaronson  
Lou and Myrna Binder  
Mike Bloomstein  
Liz and Dave Cohen  
Rabbi Arnold and Sarah Gluck  
Bob Krovetz  
Jay Lavroff  
Leigh Miller  
Rick Miller  
Robin and Larry Osman  
Art and Betty Roswell  
Amy Rubin  
Lillian Swickle  
Goldie Taub  
Steve and Elayne Weitz  
Bruce and Marlane Wolf

Please remember Temple Beth-El in your will, estate plans, or beneficiary designations. A legacy gift ensures that the community will continue to serve future generations. Contact Lil Swickle at [LegacyCircle@TempleBethElNJ.org](mailto:LegacyCircle@TempleBethElNJ.org).

THE EXCITEMENT OF THE FIRST SHOFAR BLAST  
THE SWEET TASTE OF AN APPLE DIPPED IN HONEY  
THE BLESSINGS OF A NEW YEAR . . .



HOW WILL YOU ASSURE  
JEWISH TOMORROWS?



To create your Jewish legacy contact:  
Lil Swickle, [LegacyCircle@TempleBethElNJ.org](mailto:LegacyCircle@TempleBethElNJ.org)



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## Rabbi's Message, continued from page 1

### Mussar Study

We are very excited to be partnering with the Mussar Institute to offer a four-week course entitled, "A Taste of Mussar." Mussar is an age-old Jewish practice that seeks to refine character through study, reflection, and exercises focusing on ethical qualities (in Hebrew, *middot*), such as compassion, patience, forgiveness, etc. This course will be offered twice during the year: 11/28, 12/6, 12/13, and 12/20; and 3/28, 4/7, 4/14, and 4/21.

### The Leaders of the Reform Movement Come to TBE to Help Honor Arthur and Betty Roswell

Betty and Arthur Roswell are among the most important and influential leaders and philanthropists of the Reform Movement here and internationally, and of our local Jewish community. To recognize and thank them for all that they have done in more than 50 years of good works, we will be joined by **Rabbi Rick Jacobs**, President of the Union for Reform Judaism (URJ); **Rabbi Michael Marmur**, Provost of the Hebrew Union College–Jewish Institute of Religion (HUC–JIR); **Rabbi Dan Frelander**, President of the World Union for Progressive Judaism (WUPJ); and **Rabbi Gilad Kariv**, President of the Israel Movement for Reform and Progressive Judaism (IMPJ). These four great leaders will teach Torah during a special **Shabbat morning service on December 10**, which will be followed by a festive tribute luncheon.

The following day, **Sunday, December 11**, we will be joined by **Anat Hoffman**, the dynamic leader of the Israel Religious Action Center (IRAC) and Women of the Wall (WOW). One of Israel's great champions of justice and pluralism, Anat will challenge us to be the nation's partners in this sacred work. During this gathering, leaders of our local Jewish community from the Jewish Federation, JCC, JFS, and Rutgers Hillel will join us to pay tribute to Betty and Arthur.

### 50th Anniversary of the Six-Day War with Hartman Scholars Yossi Klein Halevi and Yehuda Kurtzer

Join us to explore the impact and the legacy of the Six-Day War on Israel and the American Jewish community with two preeminent scholars on this topic. This two-part series is being brought to us through Jewish LIFE and the Shalom Hartman Institute. On **Thursday evening, March 16**, **Yossi Klein Halevi** will address the impact of the Six-Day War on Israel, and on **Thursday evening, April 20**, **Yehuda Kurtzer** will speak about the impact of war on American Jewry.

### Rabbi Eric Yoffie, President Emeritus of the URJ, to Speak on Israel Shabbat

On Friday, April 28 we will celebrate Yom Ha'atzmaut with a special Shabbat dinner and service with one of the most compelling leaders of Reform Zionism: **Rabbi Eric Yoffie**, President Emeritus of the URJ. His topic will be **Israel's Identity Crisis: Struggling with Religion in the Jewish State**.

### Wise Aging Initiative

We will be embarking on a Wise Aging initiative, under the auspices of the Institute for Jewish Spirituality. If you're interested in aging with joy, resilience, and spirit, please contact Sarah Gluck with questions and watch your temple communications in the coming months for more information.

### Engaging Israel, Part 3 – Jewish Values and the Israeli–Palestinian Conflict

This year we will be continuing the outstanding iEngage series from the Shalom Hartman Institute. We will meet once a month on **Sunday, 4:00–6:00 p.m., beginning September 25**. As with previous units, text study and analysis will precede video lectures from Hartman scholars and deep discussion of how Jewish values guide us in thinking about the Israeli–Palestinian conflict.

### TBE Israel Trip 2017!

Join Rabbi Arnie and Sarah Gluck for an exciting and moving exploration of the sounds, sights, tastes, smells, people, and experience of Israel. This trip is designed to engage and thrill both first-timers and returnees, young and old alike. A full itinerary and details will be published shortly. We are delighted to incorporate family simchas, such as bar or bat mitzvah, wedding celebration, or renewal of vows. **Departing Newark on Sunday, June 25; returning Friday, July 7.**

If this was the totality of what lies ahead for us this year we could say *dayyenu!* But it is not. There are many other wonderful opportunities for learning, growing, sharing and celebrating our lives, performing acts of kindness and justice through our Religious School, Adult Education/Jewish LIFE, Brotherhood, Sisterhood, Social Action, Cultural Arts, Ways and Means, Youth Engagement, Outreach, and more.

Come grow and enjoy with us this year!

*L'shalom,*

*Rabbi Arnold S. Gluck*

## From Our President

by Robin Osman

### At Temple Beth-El, We Make Jews!

Hello, and happy September! I hope you've had a relaxing and fun-filled summer. My summer included a vacation in California, biking, kayaking and days at the beach. Somehow those delightful summer days always seem to fly by way too quickly.

Temple Beth-El goes on a bit of a vacation in the summer as well. While the staff and lay leaders are hard at work preparing for the upcoming year, the summer months are not jam-packed with classes and events; we only have Shabbat evening services, many of which are led by lay leaders. Thanks to all the dedicated volunteers who beautifully led our services over the summer. And who can forget IHN and the 4-H Fair? Many thanks to Fern Schiffman and all the volunteers who fried falafel and hawked lemonade, despite scorching heat, humidity and rain, and to Leigh Freeman and all the dedicated IHN volunteers.

As we look forward to the new programming year at Temple Beth-El, I have been thinking about our mission. We have a beautifully written vision statement that accurately reflects who we are and what we strive for as a community. (If you haven't read it, you can find it on our [home page](#).) However, it's also long and difficult to remember. It occurred to me that if we asked 20 people what TBE's mission was, that we would probably get 20 different responses (or more). Two Jews, three opinions, right?

So I asked Rabbi Gluck to state our temple's mission. Without missing a beat, he exclaimed, "To make Jews!" As a marketer, that really resonated with me. It was clear, concise and catchy. He captured it all in just three syllables. Rabbi Gluck went on to say that if Temple Beth-El were a business, our product would be Jews.

The late Rabbi Alexander Schindler once reminded us why synagogues are unique: "The synagogue is where Jews are made, where the individual soul and the community are joined. It is the place where modernity and eternity cross-fertilize, where seeds of Jewish identity are sown. All other institutions in Jewish life are created by Jews. Only the synagogue creates Jews, child by child, family by family..."

At Temple Beth-El, we aim to nurture all our members with meaningful Jewish experiences. Sometimes we get to start with a newborn baby, a toddler or young child just beginning religious school. At Temple Beth-El, we firmly believe that teen engagement starts at birth. We also begin as early as possible in the life cycle to engage parents in the process of developing a long-term Jewish vision for their children. We ask them, "When your child goes off to college, what do you want them to know, feel and do, Jewishly?" Through the years, we engage in the sacred work of providing our children with rich and meaningful

experiences to strengthen their Jewish identity and prepare our young people for Jewish adulthood.

But enriching Jewish experiences and learning are not just for children at Temple Beth-El. As adults, we come to Temple Beth-El in many varieties. Some of us have had a lifetime filled with Jewish education and experiences. Some of us are Jewish, but come to TBE with little to no Jewish education or knowledge. And some of us are not Jewish. Regardless of our background, each of us can find a sense of belonging, connection to others, opportunities to engage in acts of social justice and rich experiences of learning and spiritual growth at Temple Beth-El.

We have a tremendous lineup of adult education classes this year. We will offer two sessions in September designed to help us prepare to engage more deeply with several of the key prayers in the Rosh Hashanah and Yom Kippur liturgy. We will also offer a class in *Mussar*, an introduction to the study and practice of Jewish spiritual ethics that will provide an opportunity to elevate our souls, grow into more sensitive, caring people, and connect more deeply with one another.

We also have some outstanding guest speakers this year. Just to give you a taste of what's to come, Anat Hoffman, Executive Director of the Israel Religious Action Center, and Hartman Scholar Yossi Klein Halevi, author of *Like Dreamers*, will once again delight us with their teaching. If you've heard them speak before, you know they are not to be missed. And if you haven't heard them speak, well, who says there's no such thing as a second chance?

This year we will provide a Temple Beth-El Program Guide so you will be able to see our entire lineup of wonderful adult education opportunities and guest speakers at a glance. It will be coming your way on Rosh Hashanah.

Over the years I have taken advantage of many adult education classes and opportunities for spiritual growth at Temple Beth-El. I came to TBE as a Jew with little Jewish education. Temple Beth-El is where I became a Jew, and for that I am tremendously grateful.

I look forward to learning, praying and engaging in acts of loving kindness with you this year.

Wishing you all a sweet and healthy New Year!

**Robin Osman**

908-295-5713

[robinoz@optonline.net](mailto:robinoz@optonline.net)



## News About Our Staff

We are delighted to welcome **Rachel Frish**, a recent graduate of the University of Kansas, as our new Director of Youth Engagement. Rachel has a strong sense of Jewish identity and values, is caring, funny and bright, and most importantly, she is wonderful with kids and teens. Read her article on page 9 to learn more about Rachel.

We are also pleased to announce that **Amy Rubin** has been given the new title of Executive Director. Since assuming the role of Director of

Administration of Temple Beth-El, Amy has exceeded expectations and fulfilled all of the duties of her job with extraordinary distinction. Her dedication, devotion and expertise have transformed our administrative functions, and Amy has provided an unprecedented level of support to congregants, lay leaders and staff. Amy's many accomplishments are worthy of our recognition.

Please welcome Rachel and congratulate Amy when you see them!

## MENSCH OF THE MONTH

### Our September Mensch of the Month is Gari Bloom.



Gari is a quiet force behind many activities at temple. She and her family, hubby Charlie and kids Ali (21) and Mack (16), have been members of the community for 16 years. Professionally, Gari is a dentist in a general dental practice in New Brunswick, where she works alongside her husband, a prosthodontist.

Gari has served in many leadership roles at temple. She served as the chair of the Youth Activities Committee, which reinvigorated the junior youth groups and evolved into the current Youth Culture Committee. Her higher-profile activities include serving on the selection committee that hired Rabbi Elisa Koppel and on the board of trustees for nine years. Much of Gari's involvement has been behind the scenes, though. Her quiet and cheerful manner has graced several efforts, including delivering the College Connection and Purim bags, cheerfully assembling falafel at the 4-H Fair; personalizing and decorating bimah decorations to support the Youth Activities Fund; and calling new members to help connect them to communal life. She currently serves on the Membership Committee and recently the Nominating Committee.

Gari enjoys the many study opportunities available at temple, particularly Engaging Israel, adult Hebrew and music. She's keeping her eyes open for the next Adult B'nei Mitzvah class, something she will surely accomplish if she sets her mind to it.

Mazal Tov, Gari, on this honor.

### Our October Mensch of the Month is actually two menschen – Michele and Keith Holler.

Michele grew up in Newburgh, New York, and went to SUNY New Paltz before earning her master's in special education at Mt. St. Mary College. She teaches special needs students in South Plainfield. Keith grew up in Matawan and was active in USY camps before earning his degree at Rutgers. He's an ABL portfolio manager for Santander Bank.



Michele and Keith and their daughter, Nora, moved to Hillsborough in 2003 and have been members of temple ever since. Michele found her niche in Sisterhood and the Ritual Committee. She served as the president of Sisterhood, and is currently the B'nei Mitzvah coordinator, working directly with families during a joyous and complicated experience. Keith is a past and current president of the temple Brotherhood and has worked in many Brotherhood-related efforts, from building the sukkah to directing traffic to frying latkes. Both Michele and Keith are among the few who have a full collection of 4-H tee shirts.

We're grateful for their collective and varied efforts on behalf of the community. Congratulations, Michele and Keith, our October Mensch(en) of the Month.



## From the Education Directors

*Sarah Gluck and Lisa Friedman*

### Welcome Back!

Knowledge is acquired; true learning is offered from the heart to the heart. At Temple Beth-El, we encourage our students to be curious, to ask questions, to offer their own answers. We want them to experience Judaism with wonder, with awe, and, most importantly, with joy. We hope they will open their minds and their hearts to the rich teachings of our tradition and come to understand that Judaism is a lifelong journey filled with opportunities for sacred moments, meaning, and inspiration, starting in their Religious School years and continuing throughout their lives.

Each September, we gather as a community to begin another cycle of the Jewish year, together experiencing anew the beauty of Jewish tradition and the joys of Jewish living. This year, the new school year begins on Sunday, September 11. How wonderful it will be to welcome our students back to school and feel the positive energy and excitement in the school wing and all around the temple.

It will also be a delight to greet our continuing adult learners and extend a warm and encouraging welcome to those who are new to adult education. Jewish learning is a lifelong pursuit that can start any time. Don't be shy! Now in its 16th year, Jewish LIFE (Learning Is for Everyone) once again will present a full line-up of classes, lectures, book talks, films, Israeli dancing, and special events at TBE and around the community. As always, information will be on a table in the temple lobby during the Holy Days. Please take a look and sign up to experience the joy of making meaningful connections with our tradition, our people, and one another.

It is always a pleasure at the beginning of the year to welcome our teachers, student madrichim, and support staff. Our school is blessed to have an exceptional faculty, including several teachers who have been with us for years and a few who are newer or brand-new to our school. Several of our young teachers grew up at Temple Beth-El. Their Jewish commitment and love for the temple have led them back to the Religious School while they are in the area developing their professional interests. Please make

sure to give them and all our teachers an extra-warm hello when you see them. We hope you will get to know them well over the course of the year.

Rachel Frish, our new Director of Youth Engagement, will be a visible presence in the school as she makes connections with all our students in both formal and informal settings. We are delighted to welcome her to the Temple Beth-El family. Our devoted school secretary, Ivy Anglin, is always ready to answer a question or help you with what you need during daytime and Hebrew School hours.

No mention of the new school year would be complete without acknowledging the members of our Religious School Committee, led by its devoted chair, Melissa Pyle. These wonderful volunteers work with us throughout the year to help make the Religious School the best it can be. We cannot thank them enough.

At Temple Beth-El we all work together to help bring Judaism to life for every member of this special community. Each of us is an important teacher and role model for others. We must listen well to one another and act with unfailing kindness and compassion in all our encounters, opening our minds and hearts to meaningful Jewish experiences and caring connections with one another. We look forward to taking another joyous and rewarding journey through the Jewish year with you.

Wishing you and those you love shanah tovah, a happy and healthy New Year!



Sunday, September 11  
Grades PK-6 Jewish Studies, Alternative Hebrew

Monday & Wednesday, September 12 & 14  
Grades 3-7 Hebrew

Wednesday, September 14  
Grades 8-10 Confirmation Academy

Monday, September 12  
Grades 11 & 12 Post-Confirmation

[2016-2017 /  
5777  
Religious School  
Calendar](#)



## Youth Engagement

by Rachel Frish, Director of Youth Engagement

### Shalom y'all!

**M**y name is Rachel Frish and I am thrilled to be the new Director of Youth Engagement here at Temple Beth-El. I'm a recent graduate from the University of Kansas (go Jayhawks!) with a degree in communications. I have lived in Dallas, Texas for most of my life, but was born in Bergen County, New Jersey, so I'm happy to be returning to my Jersey roots. Growing up, I was heavily involved in my Jewish community. I was a JCC camper, a URJ Greene Family Camp camper, a JCC camp counselor, and attended Hebrew school at my congregation up through my senior year of high school. One huge part of my Dallas Jewish experience was being an active member of NFTY at the congregational and regional levels. I was the congregational youth group's communications vice president (CVP) for two years and the regional CVP for one year. Having had a plethora of great experiences with NFTY, with Jewish summer camps, and youth movements, I am thrilled to be in a position where I have the opportunity to "pay it forward" and give other teens the same great experiences that I had (or even better ones).

In the coming year I will be co-teaching eighth grade in Confirmation Academy, leading meetings and programs with LTS (Leadership Training Seminar) and serving as the advisor for our senior youth group, SMOOCHY (Somerset Members Of Our Committed Hebrew Youth).

**What is LTS?** The Leadership Training Seminar is a program for all kids in grades 9 to 12 who want to further develop their leadership skills and experience being a leader within their Jewish community. During this twice-a-month commitment, teen leaders will meet regularly to plan and run programs for other students.

**What is SMOOCHY?** Somerset Members Of Our Committed Hebrew Youth is Temple Beth-El's youth group for all 9th through 12th graders and is associated with the larger NFTY movement (North American Federation



of Temple Youth). We do programs a couple times per month on our own, but also send members to regional and national events five to six times per year.

Please be in touch with me if you'd like more information about any of the programs or simply to say hello and introduce yourself! My email is [RachelFrish@TempleBethElNJ.org](mailto:RachelFrish@TempleBethElNJ.org), my phone number is 908-722-0674, ext. 119 and my office is upstairs next to the music room.

*L'shalom,*  
**Rachel Frish**

#### SMOOCHY Highlights 2016-2017

Midnight Run:	December 17
Family Shabbat Creative Service:	January 13
Purim Carnival:	March 12
End-of-the-Year Shul-In:	June 10-11
Monthly Event:	Dates TBD

#### NFTY-GER Highlights 2016-2017

NFTY-GER Kickoff:	September 17
NFTY-GER Fall Kallah:	October 14-16
NFTY-GER Winter Kallah:	December 26-29
NFTY Convention in Chicago:	February 17-20
NFTY-GER Hagigah:	March 25-26
NFTY-GER 6/7 Event:	March 31-April 2
NFTY-GER Spring Kallah:	April 21-23
Leadership/Gala Event:	May 20

## Youth Scholarship Opportunities

As a congregation, we encourage our youth and teens to take advantage of various opportunities beyond the walls of the synagogue that will allow them to engage in meaningful Jewish educational, cultural and social programs to deepen their connection with Reform Judaism and encourage them to live meaningful Jewish lives.

### Summer programs:

- Overnight camps: URJ (Union for Reform Judaism) Camp Harlam (entering grades 3-10 and rising 12 as counselors in training), URJ 6 Points Sci Tech Academy (entering grades 5-10), URJ 6 Points Sports Academy (entering grades 4-11) and URJ Kutz Camp Teen Leadership Academy (entering grades 10-12)
- NFTY (North American Federation of Temple Youth) Mitzvah Corps programs (entering grades 10-12, some programs accept graduating seniors)

### Israel programs:

- NFTY in Israel (entering grades 10-12)
- NFTY EIE Semester in Israel (grades 10-12)

### NFTY regional events:

We are in NFTY-GER, the Garden Empire Region. See box on page 9 for a list of the NFTY-GER events for this year.

### NFTY National Biennial Convention:

- February 17-20, 2017 in Chicago (grades 9-12)

We are fortunate to have the support of our Brotherhood through their Youth Scholarship Fund (BYSF) as a means to support families in making these experiences a reality. In addition, our Sisterhood has pledged support of Israel travel experiences and will be making an annual contribution to the Israel Travel Scholarship Fund.

**All scholarship requests must be completed through the Brotherhood's Youth Scholarship application (including Israel experiences).** The BYSF will support summer camps, NFTY Mitzvah Corps and all regional and national NFTY events. Israel scholarships will be administered from the Israel Travel Scholarship Fund.

### Deadlines for 2016-17 for Brotherhood Youth Scholarship Fund applications:

- October 1 for NFTY GER Fall Kallah, Winter Kallah, NFTY National Convention and NFTY EIE Spring Semester
- February 1 for ALL summer programs including camps, NFTY Mitzvah Corps, NFTY in Israel, NFTY EIE Fall Semester, NFTY GER 6/7 Event, Hagigah/Elections, Spring Kallah and Leadership/Gala Event

More information and a scholarship application can be found on the [Brotherhood Youth Scholarship page](#) on TBE's website.

We welcome donations to either of these funds at any time. As more and more of our children and teens participate in such experiences, continued financial support is critical.

## Welcome home!

### URJ Camp Harlam

Joey Angeline  
Mitchell Friedman  
Shayna Friedman  
Catherine McGlashan  
Alex Milgram  
Talia Rubin  
Yael Tuckman  
Jacob Walton

### URJ 6 Points Sci Tech Academy

Derek Boxer  
Amanda Taylor

### URJ Camp Newman

Jared Andell

### NFTY in Israel

Sam Radowitz

### NFTY Urban Mitzvah Corps

Noah Horowitz (student coordinator)  
Wendy Boxer  
Sarah Friedman  
Zach Friedman  
Josh Haftel  
Marissa Kass  
Carly Radowitz  
Stephanie Weiss

### NFTY EIE Semester in Israel

Ben Walton (Fall 2015)  
Iris Hirsch (Spring 2016)  
Good luck to Erica Milgram (Fall 2017)

### NFTY Mitzvah Corps New Orleans

Samantha Sharenow

### NFTY Mitzvah Corps Costa Rica

Ben Walton

### Gibush program at URJ Camp Kutz

Wayne Rosenfeld

*And a special thank you to any TBE alum who served as staff this summer.*

## One of Our Own Shares Thoughts from NFTY in Israel



by Sam Radowitz

*Sam Radowitz is a senior at Hillsborough High School and a member of our SMOOCHY Board. He spent a portion of his summer in Israel as part of the NFTY in Israel program. Here he offers reflections on the impact of the trip on his life.*

[Rapper] A\$AP Rocky said it best, "Everything eventually becomes a memory, so make those memories worth remembering." The time has come to face the sad reality; our time in Israel is coming to an end. Whether we like it or not, one week from now we will be sitting in our own homes, sleeping in our own beds, finally using our own toilets, left only with memories of these past five weeks to look back on. Simply memories.

Every memory made was precious. From the long bus ride jam sessions to covering ourselves in Dead Sea mud. From paying for unwanted pictures with gold people to trying new Israeli foods. From forgetting to close doors and opening our Hebrew vocabulary.

It may not be obvious now, but this trip changed us. It affected us. Personally, I discovered my love for pineapple juice. I recognized my obsession with my Nalgene water bottle. I learned important Jewish values and realized how easy it is for me to make a difference in the world around me.

The end of our trip is fast approaching. We must live in the moment and not think about our flights home. I learned from the best, Ferris Bueller himself, "Life moves pretty fast. If you don't stop and look around once in a while, you could miss it."

*This content originally appeared on the NFTY in Israel blog, [nftyisrael.org/blog](http://nftyisrael.org/blog), July 29, 2016. Reprinted with permission.*

# Welcome TO THE WORLD

### Asher Lawrence Keim

Sunday, May 15

7 lbs., 13 oz.

Proud parents Joseph and Jessica Keim

Proud grandparents Rich and Debbie Levenberg

### Shay Knolly Millett

Saturday, May 21

6 lbs., 10 oz.

Proud parents Jessica and Jacques Millett

Proud grandparents Bill and Stephanie Miller

### Marcus James Rogan

Monday, August 8

7 lbs., 7 oz.

Proud parents Lindsay and Brendan Rogan

Doubly proud grandparents Bill and Stephanie Miller





# Lifecycle

## Mazel Tov to our B'nai Mitzvah Students

Matthew Keiles, Septemer 10  
 Ian Oberti-DiRico, September 17  
 Matthew McCloskey, September 24  
 Daniel Raines Moshe, October 8  
 Samuel Becker, October 15  
 Alexa Fetaya, October 22

## Our Condolences to...

Mara White, on the passing of her father, Peter Spaulder  
 Gene Schenkman on the passing of his brother,  
 Richard Schenkman  
 Alan Zeldin, on the passing of his father, Harris Zeldin  
 Kim Fromberg, on the passing of her father,  
 Paul Donald Paton  
 Hillary Cole, on the passing of her father, Bennett Lerman  
 The family of our member, Esther Ratoff  
 Mark Reynolds, on the passing of his father,  
 Stephen Reynolds  
 Keith Oringer, on the passing of his mother, Cecille Oringer  
 Bruce Epstein, on the passing of his father, Stefan Epstein  
 Jim Ahern, on the passing of his wife, Lisa Ahern  
 Gene Waas, on the passing of his father, George Waas  
 Caren Bateman, on the passing of her father,  
 Ray Bateman, Sr.  
 David Rothschild, on the passing of his father,  
 Robert Rothschild  
 Bob Greenbaum, on the passing of his mother,  
 Henrietta Greenbaum  
 Sally Rosen, on the passing of her mother, Anita Schrier  
 Gene Schenkman, on the passing his wife, Janet Schenkman  
 Marc Milgram, on the passing of his mother, Eve Milgram  
 Cantor Emily Wigod Pincus, on the passing of her father,  
 Robert Wigod  
 Michael Glikzman, on the passing of his mother,  
 Helen Glikzman  
 Laurie Cohen, on the passing of her father, Isaac Hills  
 Lisa Dickholtz, on the passing of her brother,  
 Howard S. Stern  
 The family of our member, Elinor "Toots" Glass

## Mazel Tov to...

Ashley Skolky on her law school graduation from Syracuse University and for snapping a selfie with commencement speaker Vice President Joe Biden.



Cindy and Mark Andrews, on the engagement of their daughter Stacy to Matt Piatek.

Fern and Jeff Schiffman on the marriage of their son Zachary to Ashley Austin.



David Goldberg and Cindy Scott on the marriage of their daughter Maddie to Dan Keppele.

## Our Caring Community

**Kesher Network:** For those who are unable to attend our worship and simcha events and some adult education classes, our video streaming service is the next best thing to being there. Navigate to [new.livestream.com/OurBethEl](http://new.livestream.com/OurBethEl) from a personal computer or mobile device (apps are available for [apple](#), [android](#) and [roku](#) devices) for a list of upcoming and recent livestream events from Temple Beth-El.

**Shiva Minyans:** For a leader or participants, call Amy Rubin or Cantor Pincus.

**Mitzvah Committee:** To offer or request help, please contact Carol Ahlert, [carolahlert@yahoo.com](mailto:carolahlert@yahoo.com), or 908-359-9357.

**In the event of a loss during the evening or on the weekend, call Rabbi Gluck at 908-722-0674, ext. 111, or 908-229-1618.**

To share your family's news in the Shofar, call Susan Walters in the temple office. Please contact Susan with information about significant occasions, hospitalizations, or the loss of a loved one.

**Prayer for Healing Cards:** Cards are available in the temple lobby to let those in need of healing know that their names were included in our Mishebeirach prayer. The cards can be mailed as postcards by writing the address over the Temple Beth-El watermark or directly inserted into get well cards.





# Jewish LIFE (Learning Is For Everyone)

Lifelong Learning at Temple Beth-El

2016-2017 / 5777

## CLASSES

### Beit Midrash with Rabbi Gluck: Great Texts of the Holy Days

The classic setting for Jewish learning is the Beit Midrash. It means "house of learning," but it is much more than that. "Midrash" means to interpret, to seek, to draw forth meaning from our sacred texts. It is the inner sanctum where Jewish tradition has lived for the last 2,000 years, and it is recreated wherever Jews join in serious study of Torah. In these two sessions we will explore classic texts related to the themes of the High Holy Days that will help us prepare our hearts and minds to experience greater depth and meaning during this sacred season.

*Tuesday, September 13 & 20, 7:00-8:30 p.m.*

### Hebrew for the Holy Days

These two stand-alone sessions will get you back in the swing of seeing, hearing, and pronouncing Hebrew and connect you more deeply to familiar prayers from the Holy Day liturgy. This close look at several key passages will help sharpen your Hebrew skills and enrich your worship experience on Rosh Hashanah and Yom Kippur.

Instructor: Sarah Gluck

*Sunday, September 18 & 25, 9:00-11:00 a.m.*

### iEngage 3—Jewish Values and the Israeli-Palestinian Conflict

#### A video lecture and discussion series from the Shalom Hartman Institute, Jerusalem

Instructor: Rabbi Gluck

iEngage 3—Jewish Values and the Israeli-Palestinian Conflict explores one of the most divisive issues affecting the Jewish people today. Through the study of Jewish narratives about Israel and the unpacking of the complex meanings of peace in Jewish tradition, participants are invited to explore the ideas and values that animate different attitudes toward the conflict and how these values shape their own political understandings. Though a shared political platform may not be attainable, this course strives to achieve a shared respect for our differences.

Each session includes text study and discussion led by Rabbi Gluck, and video lecture and interviews with leading Hartman scholars.

*Sundays, 4:00-6:00 p.m.*

*October 30, November 20, December 18, January 29, February 26, March 26, April 23, May 21, June 11*

*Book & Materials Fee: \$50/participant*

### The Songs of Kabbalat Shabbat

Instructor: Cantor Pincus

Join Cantor Pincus for a joyful examination of the psalms of Kabbalat Shabbat in text and music.

*Tuesday, October 25, 7:00-8:30 p.m.*

### Advanced Beginner Hebrew Reading

Instructor: Sarah Gluck

This class is for anyone who wants to reinforce decoding skills and progress toward becoming a more comfortable and confident Hebrew reader.

Textbook: *Shalom Hebrew!* (Behrman House) and additional materials provided by the instructor.

*Sundays, 9:00-10:00 a.m.*

*October 30; November 6, 20; December 4, 18; January 8, 22, 29; February 5, 26; March 19, 26; April 2, 23, 30*

*Book Fee: \$20*

### Aleph Isn't Enough

Instructor: Sarah Gluck

Have you ever thought, I wish I could understand what I'm saying in services? (Who hasn't?) If you can decode Hebrew (read phonetically), this class will boost your skills as it teaches the structure and meaning of select passages from the Shabbat and holiday liturgy and home ritual. Key vocabulary, word roots, and rudimentary grammar will guide you toward deeper understanding. Expect many "aha!" moments.

Note: This is a continuation from last year. Please call Sarah at 908-722-0674 x113 if you have any questions.

Textbook: *Aleph Isn't Enough* (Behrman House/URJ Press) and additional materials provided by the instructor.

*Sundays, 10:00-11:00 a.m.*

*October 30; November 6, 20; December 4, 18; January 8, 22, 29; February 5, 26; March 19, 26; April 2, 23, 30*

*Book Fee: \$20*

### What Is Hallel?

Instructor: Cantor Pincus

Hallel comprises Psalms 113-118 and is an expression of thanksgiving and joy for divine redemption. It is chanted on all the Festivals (particularly around the Seder table) and on minor holidays. This class will explore some beautiful melodies for this well-known liturgical unit.

*Tuesday, November 1, 7:00-8:30 p.m.*

### Beginning Hebrew Reading

Instructor: Eric Komar

This class will teach the alef-bet and vowels and get you on your way to reading Hebrew quickly and comfortably. Fun learning how to read is 100% guaranteed!

Textbook: *Shalom Hebrew!* (Behrman House)

*Mondays, 10:00-11:00 a.m.*

*November 7, 14, 28; December 5, 12, 19; January 9, 23, 30;*

*February 6, 13, 27; March 6, 13, 20, 27*

*Book Fee: \$20*

### A Taste of Mussar

#### An introduction to the study and practice of Jewish spiritual ethics

Instructor: Rabbi Gluck

Mussar is a centuries old Jewish body of teachings, a perspective, and a disciplined practice that provides distinctively Jewish answers to the sorts of questions any thinking person asks about life: Why do I keep making the same mistakes over and over? Why do I cause pain to myself and others? What steps can I take to bring my life closer to my spiritual potential? Are there lessons I can learn from the experiences of previous generations? Mussar provides guidance in identifying your uniquely personal path of spiritual growth and offers practices to help bring about that growth. A Taste of Mussar is an introductory four-week course to give you the opportunity to experience the tradition of learning and practicing Mussar that has engaged and helped people for centuries.

*Tuesdays, 7:00-8:30 p.m.*

*Fall: November 29; December 6, 13, 20 or*

*Spring: February 28; March 7, 14, 21*

*Fee: \$36*

### Beit Midrash with Rabbi Gluck

Join Rabbi Gluck to engage in a deep, dynamic dialogue with some of the great passages and debates of our Rabbis. Texts and topics will be those that Rabbi Gluck has studied in the Beit Midrash of the Hartman Institute in Jerusalem.

*Tuesday, 7:00-8:30 p.m.*

*January 4, 31; February 7, 14*

### Introduction to Judaism

Instructor: Rabbi Leana Moritt

Learn the fundamentals of Jewish thought and practice. This course is designed for interfaith couples, those from different faith backgrounds considering conversion, or anyone looking for an adult-level introduction, whether Jewish or not. Intro is designed to be a meaningful, educational experience for any person interested in knowing and understanding Judaism and Jewish life. Whatever you are seeking, URJ Introduction to Judaism can guide you toward deeper personal Jewish connection, introduce you to a basic Jewish vocabulary, and help you gain intellectual and experiential knowledge of Judaism as well as the skills necessary to "do Jewish."

*Wednesdays, 7:00-9:00 p.m.*

*January 18, 25; February 1, 8, 15; March 1, 8, 15, 29; April 5, 19, 26; May 3, 10, 17, 24; (snow date June 7)*

*Fee: TBA*

Continued on page 12



# Jewish LIFE (Learning Is For Everyone)

*Lifelong Learning at Temple Beth-El*

2016-2017 / 5777

*LIFE, Continued from page 11*

## Great Jewish Writers and Great Jewish Writing, Part II

Instructors: Ed Malberg and Bob Krovetz

We will continue our discussion from last year. The first session will discuss Israeli writers, including A.B. Yehoshua, S.Y. Agnon, Amos Oz, and David Grossman. The second session will look at Jewish writing in science fiction (Harlan Ellison, Phyllis Gottlieb), and Jewish writing in mysteries (Faye Kellerman). In both sessions, we will use short stories and excerpts from larger works to look at the writing from a historical perspective and discuss about how the various writers' backgrounds and their times influenced their writing.

*Tuesdays, 7:00-8:30 p.m.*

*March 28; April 4*

## Jewish Film Series

**Saturdays at 7:00 p.m.**

September 10: *The Green Dumpster Mystery*

November 12: *The Farewell Party*

December 17: *Rock the Casbah*

January 14: (TBA)

March 25: *Policeman*

April 15: *TBA*

May 6: *She's Coming Home*

## Israeli Dancing

**Thursdays at 7:30 p.m.**

*September 8, 15, 22, 29; October 6, 13, 20, 27; November 3, 10,*

*17; December 1, 8, 15, 22, 29; January 5, 12, 19, 26; February 2,*

*9, 16, 23; March 2, 9, 16, 23, 30; April 6, 13, 20, 27; May 4, 11,*

*18, 25; June 1, 8, 15, 22, 29*

## Yoga Classes

**Gentle Yoga Flow (see related article, this page)**

**Thursdays, 6:30-7:30 p.m.**

Instructor: Shari Czar

Whether you've never been in a downward dog or have been practicing half-moon for years, this class is for you. Gentle Yoga Flow consists of stretches to warm-up the body, postures to build strength, balance, and flexibility, deep breathing to promote stress reduction, and deep relaxation to bring calmness and balance. This class is appropriate for any fitness level and great for beginners and abilities of all levels.

*Session 1: September 15, 22, 29; October 13, 20, 27*

*Fee: 6-week sessions for \$72 or drop-in \$15*

## Jewish LIFE in the Community

The new season of Jewish LIFE begins in September. The new calendar year includes many wonderful opportunities for Jewish learning in our community, including a wide variety of classes offered at our local synagogues, as well as an extensive lineup of special events, featuring authors, scholars, and other guest speakers, Jewish films, Israeli dance, and more.

Jewish LIFE is pleased to sponsor the Engaging Israel series (from the Hartman Institute in Jerusalem) and The Melton School of Adult Jewish Learning (a project of The Hebrew University in Jerusalem). **iEngage 3 begins on September 25 at Temple Beth-El; the Melton Core Class and Graduate Class both begin on November 1 at the Birnbaum JCC in Bridgewater;** classes are open to all.

The Jewish LIFE Program Guide will be available online in September at [ssbjcc.org](http://ssbjcc.org). Printed copies will also be available at the JCC. Below is a preview of upcoming programs and special events taking place in September.

- The **Temple Beth-El Jewish Film Series** kicks off **Saturday, September 10, 7:00 p.m.**, with the screening of *The Green Dumpster Mystery*. (See flyer page 19)
- Chopped Champion **Chef Rachel Reuben** returns to Jewish LIFE with **"Feasting on the Seven Species, A Late Summer Harvest," Tuesday, September 20, 6:00 p.m., at the JCC.**  
Fee: \$55/person includes samples of the food prepared and recipes. Appropriate for ages 13 and older. Register by calling 908-725-6994 x201.
- **"A Personal History of the Jews of Ethiopia," Wednesday, September 21, 7:00 p.m.**, at the JCC, with Israella Tadela speaking on the history of the Jews of Ethiopia and recounting her own experience as a first-generation Israeli. Free to all. Register by calling 908-725-6994 x261. Sponsored by Jewish Federation of Somerset, Hunterdon and Warren Counties.
- **"The New Mediterranean Jewish Table,"** with Joyce Goldstein, will take place **Thursday, September 22, 12:30 p.m., at the JCC.** Joyce will share the story of how Jewish cooks successfully brought the local ingredients, techniques, and traditions of their new homelands into their kitchens.  
Fee: \$5/person includes bagels and... Register by calling 908-725-6994 x201.

# Yoga at TBE

## Self-Care for Body and Spirit

It all started when a few people from TBE came up to me and collectively said, "We could never do yoga." As a long-time yoga instructor, I hear these words often. When I ask why, the answers span from "I'm not flexible" to "I'm not strong enough" to "I can't relax" to "I only do exercise that gives me a workout." The irony is that each of these is exactly a reason to have a yoga practice.

Facing the group from TBE, I offered them a challenge. Attend a yoga class with me, and if after two sessions you still feel it isn't for you, I'll accept that. Between you and me, I had an ace up my sleeve. I know that after one session most people discover the amazing feeling one gets from yoga, and want to come back. Yoga can be addictive. And that is how yoga at TBE began, over three years ago.

The style of yoga at TBE is hatha, a style that is focused on compassion for oneself. Through movement and breath, it is the perfect path to letting go of the world around you, settling the mind and body, and creating space for spiritual practices such as prayer or meditation. In class, one is encouraged to connect to one's body, listen to where the sensations are, and tune in with the breath, all of which bring one closer to body and spirit.

For those who have an image of yoga classes with everyone balancing on one arm, doing shoulder stands and other crazy moves, that is not yoga at TBE. Yes, you can find classes of that kind, but in our classes we focus on more gentle moves, and modifications are offered throughout class to invite each person to make the practice comfortable in his or her own body.

In a very short time of practicing yoga, individuals often experience an increase in flexibility, mobility, balance, strength, and peacefulness. In addition, many of the poses and breath work one does in a yoga class can help relieve pain. Often, someone will walk into class with pain and after class announce that it's gone. Is it magic? No. When we take the time to care for ourselves and our bodies, the body is eager to respond.

On Thursday nights at 6:30 you can find our small group coming together for community, friendship, and a yoga practice. The environment is relaxed and allows everyone's practice to be different, as each person listens to the wisdom of his/her own body and what does or doesn't feel comfortable to do. It is a safe environment in which to play, laugh, and experiment with what a yoga practice can be.

And what about that group that approached me saying they would never be able to do yoga? Many make up the core of the group that still meets today. So, if you have ever wondered about yoga, or you are interested in a way to honor and accept your body and support your self-care, join us for a class. You'll be welcomed with stretched-out arms.

Shari Czar

### Q & A with Melissa Pyle: A Yoga Testimonial

**Q:** How has yoga at TBE impacted your life?

**A:** Yoga at TBE has benefited me in more ways than I expected. Physically, it has enhanced my strength, flexibility, and balance, as expected, but it unexpectedly enhanced my mindfulness with strength, flexibility, and balance, as well.

**Q:** What do you enjoy most about yoga at TBE?

**A:** Shari is a wonderful instructor who gives group guidance and individual attention. Every class is different and I always leave feeling great.

**Q:** If someone is hesitant to come to a yoga class at TBE, what would you tell them?

**A:** Just give it a try to see how great it can make you feel. There is no judgment, and individualization allows everyone to benefit from their own practice. Shari also provides mats and all the props you will need, so all you have to do is show up. Come give it a try!

### Jewish Views on Yoga

*Maintaining a healthy and sound body is among the ways of God—for one cannot understand or have any knowledge of the Creator, if one is unwell.*

—Maimonides

Judaism teaches that attending to body, mind, and spirit is essential to living a balanced life. Here's a beautiful explanation of how yoga and Judaism together can be paths to the soul:

### Not Answering the Phone for an Hour

*Once, while traveling in India, a friend of mine, Ruti Soudack, asked an Indian yoga teacher, "What are we trying to accomplish by doing yoga?" To her great surprise, the teacher did not say, "We are learning to find the divine within, the holy light, great love." She answered, "We are learning how not to answer the phone for an hour."*

*What does it mean not to answer the phone for an hour? What does this have to do with yoga? Yoga is a practice of focusing your attention and learning not to be distracted. Distractions can come from inside as well as from outside you. Your own busy thoughts—the list of things you need to get done, the problems you are trying to resolve with your eager, active mind—are all akin to a ringing phone.*

*You cannot stop the phone from ringing, any more than you can stop your mind from whirring. You can, however, hear the phone and not respond to it. You can notice your thoughts and let them go. You can learn not to answer all the urgent clamoring calls and to turn your attention instead to other dimensions of existence.*

*The Indian teacher did not say that yoga teaches you never to answer the phone. Yoga is not about disconnection from others. She is saying that yoga is a reminder to take some time to connect and be with yourself.*

*Continued on page 16*

# Community

[Click here to return to Page 1](#)



## TBE Connects – Fall 2016 Update

- ✓ Do you have an interest, hobby or passion that others in our Temple Beth-El community might share?
- ✓ Would you like to become better connected with other congregants in our community?

Contact us today! We'd love to tell you more about TBE CONNECTS. Join other TBE congregants when they gather in small groups to learn and to laugh, to exercise their minds and/or their bodies and to get to know one another a little bit better. A congregant who is passionate about the idea will facilitate each small group gathering. Make joining a small affinity or interest group part of your plan for the coming temple year!

List of probable fall 2016 groups:

- Cycling Connection
- Singles Together (ages 40-50)
- Singles Together (age 60+)
- Food For Thought (gourmet foodie?)
- TBE Tennis
- Dog Walk & Talk
- Sunday AM Workout (group fitness)
- Discussion Group (Interested in \_\_\_\_\_)
- TBE Reads (book group)
- Birding
- Start your own group

Debbie Herman  
[daherman@mac.com](mailto:daherman@mac.com)

Jeff Resnick  
[jeffresnick@outlook.com](mailto:jeffresnick@outlook.com)

## Reconnecting with Old Friends

Last fall, Robin Osman approached me with the idea of forming a group to explore how we, the temple family, can reconnect with former members who have moved on from the temple yet remain in the local area. A few have affiliated with other houses of worship but the majority have not. Personally, this loss of connection has been a concern of mine for several years.

After the blizzard of 2016 cleared out, a group of us came together as the Reconnections Task Force (though we definitely need a better name). Lil Swickle, Sheenagh Hirsch, Debbie Goldblatt, Rochelle Levin, Amy Rubin, and I have been working to find ways to reconnect with those who have left us for a variety of reasons.

Our discussions with former members have for the most part been positive in nature. We are looking at how to address what has been learned and are putting together some interesting ideas. What is needed today is help from all of you! If you know people who formerly were TBE members who are still nearby, would you simply send their names to me and we will reach out for a friendly discussion?

Our hope is to reach those who miss coming together for Kol Nidre and its beautiful music, who miss hanging out in the café on Sunday mornings, who fondly remember the friendships they made through their temple connections, and who used to enjoy the smiling faces on the walls of Confirmation Alley. If you happen to be a former member who reads the TBE emails, you are welcome to reach out as well.

My email is [hblevin58@gmail.com](mailto:hblevin58@gmail.com) and my cell phone is 908-672-6477. We look forward to hearing from old friends and reconnecting in a casual setting.

*Wishing all a joyous New Year!*

**Harold Levin**  
Reconnections Chair

### Jewish Views on Yoga, continued from page 15

*The Torah teaches that human beings are made in the image of God. Because you are created in the image of God, learning to be with yourself—learning not to answer the phone for an hour—is a great spiritual experience.*

*When you do yoga, let all the phones ring. You can attend to them later. Yoga is an opportunity to attend to yourself. It is a time to answer a different call, the call of your own soul.*

(Diane Bloomfield, Torah Yoga: Experiencing Jewish Wisdom Through Classic Postures, Jossey-Bass, 2004, pp. xvi-xvii)

### Jewish Hospice Care



- Excellent Nurse to Patient Ratio
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for Jewish Hospice*



## Brotherhood

by Harold Levin, Past Co-President

### Brotherhood Begins a New Year!

Bryan Bendavid and Keith Holler, this year's Brotherhood co-presidents, asked me to share some thoughts as the New Year approaches. Twenty years ago, as a new temple member, I attended a Brotherhood breakfast where several past BH presidents shared some pretty entertaining stories. I heard about poker games in storage rooms, poorly made coffee for breakfast meetings, volunteering at the food bank, directing traffic in the parking lot for high holy days, etc. Well, now the poker games are offsite and raise money for the Brotherhood's Youth Scholarship Fund, the coffee is much improved (thanks to Jay Taylor), we still volunteer at the food bank and still direct traffic! The key is that Brotherhood constantly strives to find ways to serve our temple and greater community while also providing a way for the men of our temple to hang out and form friendships.

Keith and Bryan, along with the entire BH Board, are committed to finding ways to welcome more of our temple's men into Brotherhood. Someone recently told me that I am too old to be so actively involved in the group's leadership, but I disagree. We need a strong blend of new ideas mixed with a sprinkling of older ideas to make this a strong group for the future. We are very open to trying new things. Help us figure out what is needed and help us put things together! A strong Brotherhood is important for a strong Temple Beth-El!

Please watch your email for details on our kickoff event at Petrock's in Hillsborough on September 14! Contact Keith or Bryan to find out how you can help us grow.

On behalf of the Brotherhood Executive Board,

Harold Levin

Caren Bateman

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## College Connection

by Cindy Scott, Chairperson

### Calling all College Students for College Connection

College Connection is a Temple Beth-El program through which the temple sends college students a small care package for Rosh Hashanah, Chanukah and Passover. A periodic email greeting is also sent to the students.

In order for your college student to be included, we need some information. **By September 19**, please send to Cindy Scott the following:

- **Your child's school mailing address.** This is especially important if they're just starting college or if their address has changed. We prefer a PO box rather than a dorm address, as it doesn't change every year.
- **An email address your child accesses at school.**

Our best wishes to you and your college students for a good start to a new year of learning.

Cindy Scott

[c.scott93@yahoo.com](mailto:c.scott93@yahoo.com)

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## Cultural Arts

by Simona Rivkin, Chairperson

### Cultural Arts Happenings

Welcome back, after a relaxing summer, and join us at the movies and dancing. This year we will concentrate on two programs that have shown great success in the past.

In an effort to promote conversations at TBE about issues relevant to our community, our Jewish film series will be devoted to collaborations between Cultural Arts and several other committees. We hope this will stimulate lively, engaging conversations among TBE members with diverse viewpoints and perspectives. Come before the film to partake of a delicious spread of snacks, treats, coffee, tea and beverages. And stay after the film for an impassioned discussion of themes and issues in the movie. To quote one of our movie lovers, "Here's to another great year of wonderful movies!"

**September 10** is the opening night of the film series with wine and cheese, co-sponsored by Cantor Emily Pincus. From 6:30 to 7:00 p.m., we offer a wine, cheese and schmoozing reception. Then, at 7:00, we will screen the award-winning film, *The Green Dumpster Mystery*.

The subject matter of the film is particularly relevant to Elul, the month of introspection preceding the High Holy Days. Following the film, a discussion will be led by Cantor Pincus. Make sure to see our flyer and ad box in this *Shofar*.

RSVP to Simona: [bakerec@comcast.net](mailto:bakerec@comcast.net).

In addition, save these dates for five more movies in the 2016-2017 season:

- November 12: *The Farewell Party*, Rabbi Gluck as discussion leader
- December 17: *Rock the Casbah*, open for co-sponsorship...
- January 14: TBA, co-sponsored by Sisterhood
- March 25: *Policeman*, co-sponsored by Social Action Committee
- April 15: TBA
- May 6: *She's Coming Home*, co-sponsored by Renaissance

Israeli folk dancing with *ruach* has evolved into a weekly program at TBE. Like zumba or yoga, we use many muscles to express ourselves, work hard and burn many calories. Come lose yourself in the rhythms of the dance and the tuneful music, and feel great as your endorphins kick in! You'll feel happy, and lost in the pleasure of the moment!

While we had planned to start folk dancing in September, an injury is forcing a delay to our fall start. When we do start up again, you'll find us every Thursday eveing from 7:30 to 9:00 p.m. in the multipurpose room in the school wing. Costs \$10 at the door, or prepay for multiple sessions to save. For newcomers, the first dance session is free. Watch for more information on our start date.

The Cultural Arts Committee wishes you a happy, sweet and healthy New Year. We hope to enhance your joy, pleasure and knowledge as you participate in the events of Jewish cultural life that we bring to you!

L' Shana Tovah!

Simona Rivkin



### Come out for our Rosh Hashanah Connect-a-thon!

We will eat pizza and schmooze, and then we will call all our congregants to wish them a happy and healthy New Year from Temple Beth-El.

Bring your cell phone and join the fun! If you can't make it, we hope to reach you by phone that evening.

**Sunday, September 18 at 6:45 p.m.**

RSVP to Leslie Kass  
at [lkasstbecorrsec@gmail.com](mailto:lkasstbecorrsec@gmail.com)



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**Jewish Film Series**  
**Opening Night with WINE AND CHEESE**  
**Cantor's Choice**

# ***The Green Dumpster Mystery***

**September 10, Saturday**  
**7:00 p.m.**

**Temple Beth El, 67 US Hwy 206, Hillsborough, NJ**

**Chosen for screening for its relevance to Elul, the month of introspection preceding the High Holy Days this film is a joint effort of Cultural Arts and Cantor Emily to promote discussion.**

**Critics comments include:**

"The film uses a light tone to balance the serious subjects in the film -- history and memory, Holocaust and bereavement – and is one of the best Israeli films of recent times." *Amy Kronish*

"A tightly paced tour de force of detection, touching yet unsentimental, it represents a quality find." *Variety*

**Awards:**

Won the Yad Vashem award in the category of the Jewish Experience at the Jerusalem Film Festival (2008)

**Synopsis:**

Traveling on his scooter through Tel Aviv, filmmaker Tal Haim Yoffe finds a discarded box of old photographs in a green dumpster. In the wake of this find, he sets out on a quest to find the people in the photos. Gradually, as in a very good thriller, in which secrets are revealed with increasing dramatic and emotional force, the director sets the stage for an Israeli family saga, which could be fodder for ten heroic genre Hollywood motion pictures, or, alternatively ten Greek tragedies. This tightly-paced story vividly evokes the lives of an anonymous-but typical-Israeli family.



**DOORS OPEN AT 6:30**

**For Wine and Cheese reception**

**DISCUSSION AFTER THE FILM with CANTOR EMILY**

**In Hebrew with English subtitles**

**Not rated, 50 minutes.**

**Donations (\$5 or more) greatly appreciated**

**RSVP REQUIRED**

**To Simona at [BAKEREC@comcast.net](mailto:BAKEREC@comcast.net)**

*Co-Sponsored by Cantor Emily Pincus and Cultural Arts Committee*



**Our Jewish Film Series continues with  
Rabbi Gluck as discussion leader  
Celebrating Our 60th Film!**

## **A Farewell Party**

**Saturday, Nov 12 at 7:00 p.m.**

***"It's a film that firmly asserts the conviction that poetry can only be where we can find life that makes us laugh and cry at the same time, without any contradiction."***  
**Best Film at Israeli Academy Awards, Audience Award at Venice Days, 2014**

**RSVP to Simona at 908-369-7884 or email [Bakerec@comcast.net](mailto:Bakerec@comcast.net)**  
**Responses greatly appreciated**  
**Sponsored by TBE Cultural Arts Committee**

### **Temple Beth-El at the Somerset County 4-H Fair**

Once again Temple Beth-El set up its annual food booth under the food tent at the Somerset County 4-H Fair. We all wore our Temple Beth-El T neon pink t-shirts. You could not miss us! We even won a ribbon for "All Hands on Deck Looking the Same." We sold 400 falafel sandwiches, 14 boxes of mozzarella sticks, and used 15 cases of lemons for our fresh-squeezed lemonade.

We had 95 volunteers (15 teens!) who made the falafel batter and fresh tahini sauce in advance, loaded and unloaded our supplies (special thanks to Mitch and Karen Kaplan for loaning us the REPS Fitness truck), set-up the booth on fairgrounds, covered cooking and food prep shifts from 8:00 a.m. to 10:00 p.m. all three days the fair was open, and, finally, brought all of our supplies back. Many of our volunteers did double and triple shifts to make this event so successful.

The weather report from the fair: It was HOT! The heat indices were in the triple digits and some late afternoon downpours added to the muddy, messy, sweaty mix. The heat definitely kept would-be fair goers away, which hurt our sales, although we did well despite the challenges. We kept things going at the booth and were serving up falafel and more up until the last minute. We were laughing and enjoying ourselves, too, even with the heat and rain! That's what our 4-H booth is all about!

Thank you to Jeff Schiffman, Mark Andrews, and Stephen Caffery for building us a new booth for under the food tent that was the envy of all of the other food

purveyors. It was truly awesome and we really appreciate the many hours that went into planning and constructing the booth. Thank you, thank you, and thank you to everyone who volunteered their time, donated items or made a monetary donation.

This event is a great community-building event as well as a fundraising event for the temple. Along with all of the hard work, we talk and laugh and have a good time being together. It is a great time to schmooze with existing friends or make new friends at Temple.

If you are interested in finding out about how you too can become a part of Temple Beth-El's 4-H Team please contact Fern at [tbepitafern@gmail.com](mailto:tbepitafern@gmail.com) or call 908-963-4921. Do not miss out on next year's fair and all of the fun you too can have. Also, you get a TBE T-shirt, color to be determined next year.





## Renaissance Happenings

by Esther Wallach, Renaissance Group

Heartfelt thanks to Diane Morrison for her years of creative contributions to the Renaissance articles. The baton now passes to Esther Wallach, Renaissance Group.

### MARK YOUR CALENDARS

**Sunday, September 25, 1:00 p.m.**

**Lox Stock & Deli**, 228 Ryders Lane, Milltown, NJ  
Details on flyer from Carol Ahlert (908-359-9357)

**Sunday, December 18, noon**

**(Pre) Chanukah Pot-luck Party**

Hosted by the Tabers; watch for holiday flyer

### THE SCOOP

Members shared a lovely Mother's Day outing at the entertaining production of *Me and My Girl*, performed by Show Kids (SKIT), at Voorhees High School. A good time and many laughs were had by all watching this very talented and thoroughly professional troupe put an updated spin on a show classic. Kudos to Barry and Gayle Skolky for arranging this happy event.

At this writing, plans are being finalized by Bob Taber for our annual Girasole Dinner and Baseball: The Patriots vs. The Lancaster Barnstormers, on August 23. It's "Bark in the Park" night, so we will enjoy seeing lots of dogs. Hoping we don't get rained out! Thank you Bob.

### MEMBER CONTRIBUTIONS

Bob and Fran Taber report a Berkshire tradition celebrating Betty Roswell's birthday at the summer home of Murray Levine and Goldie Taub. Joining the festivities were Art Roswell, Sid and Shuey Horowitz, and our former Rabbi Dick and Diane Steinbrink. They all enjoyed attending Tanglewood on Parade, closing with a rousing rendition of the 1812 Overture and spectacular fireworks.

### NEW MEMBERS

Welcome to Shuey and Sid Horowitz, and Arlene Hysen. We look forward to seeing you at future events.

The Renaissance Group is a 50+ social group that gets together to share interests, experiences, and activities. New membership is welcomed! Should you wish additional information about the group, or want to contribute to the Renaissance Happenings column, we welcome your submissions on a learned experience or human interest story. Please contact Harriet Thaler at 908-788-0269 or [thalerz@embarqmail.com](mailto:thalerz@embarqmail.com).



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## Ritual Reflections

by Mike Bloomstein and Ed Malberg, Co-Chairs

### A Collaborative Effort

With the regular services about to begin and the High Holy Days just around the corner, the members of the Ritual Committee have been working with the temple's clergy and professional staff, and with other committees, to prepare for the arrival of 5777. Ushers, greeters, parking, tickets, seating arrangements, security, sound system, silver polishing, special Torah covers, park permits (for tashlich), etc., these are the crucial nuts and bolts that, of course, are taken care of by the staff and by experienced members like Ed Tolman, Jim Lavranchuk, Jodi Siegal, and Caren Bateman. Rabbi Gluck and Cantor Pincus have brought fresh insights and ideas to their review of the worship services for the *Yomim Norim*.

This year, for example, Selichot Services will include clergy and members of Temple Shalom and the Flemington Jewish Community Center. The Ritual Committee has often discussed ways to broaden our worship to include other elements of the Jewish community; Rabbi Gluck offered us a great way to effect that enhanced sense of Jewish community in preparing for our Selichot worship. Further, the Committee had discussed ways to deepen the Yom Kippur worship by using new resources. Rabbi Gluck drew on our Committee's deliberations to fashion a new Yom Kippur afternoon service using *Mishkan HaNefesh*, the CCAR's new prayer book for the High Holy Days.

Ritual isn't the only committee or organization actively involved in all this. The Brotherhood makes the parking arrangements, Sisterhood leads the break-the-fast and Social Action Committee handles the High Holy Day food drive. In fact, most of the accomplishments and fellowship experienced at Temple Beth-El come from work on the committees. The Ritual Committee, in particular, gives its members the opportunity to serve the temple by helping to shape our worship, by working closely with the rabbi, the cantor and Executive Director Amy Rubin, by gathering monthly to review the mechanics of the Ritual calendar and to consider the meaningfulness and relevance of our worship.

Many of our veteran members look forward to sharing experience and fulfillment with additional members in meeting their significant responsibilities:

Jodi Siegal for our weekly Oneg Shabbat celebrations, Mike Bloomstein for Shabbat and festival ushers, Michele Holler in working with the B'nai Mitzvah, Marci Rosenfeld for the Congregational Second Seder, Ed Tolman for summer and minyan services and Jim Lavranchuk for liaison to the Confirmation Class and technology support.

Your leadership and interest in worship may find expression as a member of the Ritual Committee. Please let Rabbi Gluck, President Robin Osman or either of the Ritual co-chairs, Mike Bloomstein or Ed Malberg, know if you are interested.

May you be inscribed for a good and fruitful year.

Mike Bloomstein and Ed Malberg

## Shabbat Tables -- A New Shabbat Dinner Experience

September 16, 6:30 p.m.

Welcoming Shabbat with a meal is an age-old tradition. At Temple Beth-El, we break bread together in the social hall with pot-luck or catered Shabbat dinners throughout the year. Now we are trying a new way for us to enjoy Shabbat together, and we want you to come!



### Announcing Shabbat Tables!

Shabbat Tables gives our temple Shabbat dinner a new twist. Rather than one big shared meal, each table provides their own meal. We all have dinner at the temple, but with the intimate feel of eating and socializing around a smaller dinner table.

The menu is decided by the hosts and guests at each table and can range from easy to gourmet as the table guests desire. Consider being a host and inviting your friends. Or hosting a table of congregants who wish to enjoy the spirit of Shabbat.

Contact Susan in the temple office (908-722-0674, ext 112) if you can host a table or would like to be hosted.

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## Sisterhood

by Marcy Rosenfeld and Cindy Andrews, Co-Presidents

### Sisterhood is Hitting the Ground Running this Fall – Please Join Us!

It's good to be back in touch with all of you. We'd like to begin with introductions. Before listing our wonderful Board, our first introduction is to our Sisterhood – who we are and what we do. For many, there is a preconceived notion of who we are (as in your mother or grandmother) and what we do (serve coffee and cookies). If this is your notion, here's our mission statement:

***The mission of the Sisterhood of Temple Beth-El is to promote women working together to achieve personal fulfillment and spiritual growth, to support the goals of Temple Beth-El, and to improve the quality of life in our local and greater communities.***

As you can see, we have a much broader mission than you may think. We connect with one another as women, regardless of age. We learn together, we support each other and the broader community, and we have a tremendous amount of fun in the process. Please be part of our success!

See the box on this page for our 2016-17 Sisterhood Board. Please feel free to contact any of us for information, to volunteer, or just to say "Hi." We love hearing from you – our sisters.

#### Now, on to what's happening.

By the time you read this, we will be past our annual Welcome Back dinner, which took place on August 24th. Thank you to Barbara Johnston for hosting a wonderfully warm gathering. Our upcoming events are:

**Meet and Greet Breakfast – Sunday, September 18** – Please join us for an introductory breakfast where we can once again welcome returning members and introduce Sisterhood to new members. It's good food, good company, and there will be a few surprise gifts!

**Women's Torah Study – Wednesday, September 28** – Torah from a new perspective (as only women can). Please see the separate information box for details.

**Break the Fast – Wednesday, October 12** – This is one of the many services that Sisterhood provides to our temple community. We look forward to sharing this special moment with all of you as we move from Yom Kippur back to our everyday lives. Spending this time together helps all of us transition in a meaningful way. If you are available to help, please let us know.

#### Looking Ahead:

**WRJ Atlantic District Convention – November 3-6** – Our Sisterhood is part of the Atlantic District. At this year's convention, to be held in Florham Park, New Jersey, in addition to opportunities to study, worship and bond with an amazing group of dedicated and talented women, our own Lisa Friedman will be honored for her exemplary work regarding inclusion in Jewish education and programming. Even if you can't join us for the whole weekend, you can come help us cheer for Lisa at the Saturday luncheon.

Of course, you can join us most Monday evenings for our "nobody will yell at you **Mah Jongg**" game, welcoming all levels of players from new learners to (patient) experts. If you are interested in getting in on this fun, contact Eileen Ruderman ([musiczgrt@aol.com](mailto:musiczgrt@aol.com)) to get your email added to the weekly Mah Jongg communications list.

One more thing: we recently came back from our annual gift shop buying trip in New York City, and we are so excited about all of the new merchandise we have ordered! Please make sure to stop by now and then to check out the new treasures that we have selected with our fellow congregants in mind. And don't forget, Sisterhood members get an automatic 20% discount off of their gift shop purchases.

As you can see, there is a lot going on, with something for everyone. We hope to see you soon as we welcome the new year. Remember, without you, we are one sister short!

*L'shanah Tovah Tikateivu*

*Marcy Rosenfeld and Cindy Andrews*

#### 2016-17 Sisterhood Board

Co-Presidents	Marcy Rosenfeld Cindy Andrews
VP – Membership	Gayle Skolky
Treasurer	Barbara Johnston
Recording Secretary	Irene Lieberman
Corresponding Secretary	Donna Tischfield
Members at Large	Carol Ahlert Karen Kaplan Carol Levison Zizi Reinhart Eileen Ruderman Caryn Shinske
Past President	Cindy Scott
WRJ Liaison	Marsha Malberg
Exec Comm Liaison	Andrea Bradley





# Women's Torah Study

## Come Join Us!

September 28, November 30,  
March 22, and June 7

7:30 p.m., location to be announced

**This is for all of you who think Torah Study is not for you. If that's you, please take note of the following:**

- You don't have to read or study the portion before you come.
- You don't have to read Hebrew to participate.
- You don't have to be a Torah scholar to be included.
- You don't have to say anything if you're not so inclined.

We gather several times a year to learn about the Torah portion of the week. The conversation, from a uniquely feminine perspective, is always lively, engaging, and genuinely interesting.

Our first gathering is on September 28. If you think you might be interested, but you're not sure, please reach out to one of us to talk. We'd love to have you join us.

*L'shalom,*

**Marcy Rosenfeld and Cindy Andrews, Sisterhood Co-Presidents**

[marspin@yahoo.com](mailto:marspin@yahoo.com) and [cjrandrews@gmail.com](mailto:cjrandrews@gmail.com)

## Share your Joy and Blessings — Host an Oneg

Hosting a Friday night Oneg is a wonderful way to celebrate a special birthday, anniversary, baby naming or other special occasion with the congregation. Hosting is also an excellent way to build community with fellow congregants. The following dates are available for committees, families or individuals to host and, no worries, instructions will be provided!

12/23/2016	2/17/2017
12/30/2016 –	2/24/2017
Chanukah Service	3/10/2017 –
1/6/2017	Family Service
1/13/2017 –	4/7/2017
Family Service	5/5/2017
1/27/2017	

If you are interested, please contact Jodi Siegal at [jsdegonzalez@gmail.com](mailto:jsdegonzalez@gmail.com) or 908-541-1170.

## TBE Fall Blood Drive Sunday, November 6 7:30 a.m. to 12:30 p.m.

### Three ways to sign up:

1. Make your appointment at [www.redcrossblood.org](http://www.redcrossblood.org)  
Enter sponsor code: Temple Beth-El - Hillsborough;
2. Sign up using the American Red Cross App (available in the App store); OR
3. Contact Jodi Siegal [jsdegonzalez@gmail.com](mailto:jsdegonzalez@gmail.com) (908) 541-1170

Visit [www.redcrossblood.org](http://www.redcrossblood.org) or call 1 800 RED CROSS for tips and eligibility guidelines.

Other resources: [www.cdc.gov/malaria/map](http://www.cdc.gov/malaria/map) and [www.sicklecell.org](http://www.sicklecell.org)

**Please bring picture identification.  
Remember, eat a healthy meal and drink plenty of fluids before donating!**



## Social Action

## Repairing the World...One Mitzvah at a Time!

by David Cohen and Jodi Siegal, Co-Chairs

### Mitzvah Month

Once again this year, we are planning our second annual fall Mitzvah Day, which means if the high holy days are right around the corner, that must mean that Mitzvah Day is just down the block. This year we are planning an entire Mitzvah Month during November, starting with Mitzvah Day on November 6. In addition to old favorites, such as the blood drive, working in the garden, Nothing but Nets, a choir sing at a local nursing home, and volunteering at the local food bank, we are bringing back some other past favorites, and introducing some significant new offerings this year.

On a related note, our long-standing successful participation in the Interfaith Hospitality Network, through which we host homeless families for a week at a time periodically throughout the year, is sorely in need of new congregant hosts willing to take a shift either over the dinner hour, in the evening, or even spending the night at the temple on an occasional basis. We know this can feel intimidating if you have never done it before. That is why, again on this Mitzvah Day, we will be offering an orientation/training program for all interested members who would like to learn just how easy and rewarding serving as a host can be. Training will include both guidance on how best to support and interact with guests to truly make a difference in their lives, as well as the nuts and bolts of how we make hosting work in our building to keep our congregational home secure, avoid stepping on the toes of other temple users, and minimize the burden on our already hard-working custodial staff.

Sisterhood will again be running a one-day rummage collection to benefit the Big Brothers/Big Sisters organization, and also a household items collection to benefit the Giving Network. Keep checking the temple e-letter for a list of desired items. Brotherhood is planning to spearhead the effort of helping out at Foodbank of Somerset County.

Our Mitzvah Month activities begin on October 30 with a breakfast cohosted with Brotherhood and focused

on political dialogue in this election season. We have invited a bi-partisan panel of all three state legislative representatives for our district and look forward to a lively discussion around issues of local concern and ways to improve cooperation across the aisle in Trenton. We have also signed on with the URJ's Nitzavim initiative to address racial justice issues around voter suppression. If you would like to help register voters, get out the vote in our congregation, and/or participate in assuring voting access on Election Day, please contact Liz Cohen at [liz@decarchitect.com](mailto:liz@decarchitect.com).

Mitzvah Month will continue with a hoped-for sequel to last spring's Habitat activity – we have requested a Build Day with Habitat for Humanity on November 13 and are looking for 10 to 14 hardy volunteers who want to contribute to the construction of an affordable housing unit for someone in need. The work session will last from 8:00 a.m. to 1:00 p.m. and adults are welcome, as are teenagers from 16–18 years old, if accompanied by an adult. (The use of power tools is a treat reserved for adults). Sorry we can't accommodate child labor on this particular mitzvah opportunity. Please contact David Cohen ([david@decarchitect.com](mailto:david@decarchitect.com)) ASAP if you are interested, to reserve your place on the crew – we hope to have overwhelming interest in this new opportunity, so best to get your name on the list sooner rather than later.

Mitzvah month will conclude with our annual interfaith Thanksgiving service, supporting IHN while we share our gratitude for all our blessings. Mark your calendars and join us on November 22.

If you would like to become more involved with the Social Action Committee, please reach out to either one of us: [david@decarchitect.com](mailto:david@decarchitect.com) or [jsdegonzalez@gmail.com](mailto:jsdegonzalez@gmail.com).

*Ani v'atah n'shaneh et ha olam –  
Together, we can change the world!*

*David Cohen and Jodi Siegal*

# Interfaith Hospitality Network

Leigh Freeman, Coordinator — IHN / Temple Beth-El

**Our next hosting date is November 6-13, 2016**

## 2016-2017 IHN Hosting Schedule

November 6-13      February 12-19      June 4-11  
December 25-January 1      April 23-30

The Interfaith Hospitality Network of Somerset County (IHNSC) is a not-for-profit organization that provides many layers of services for homeless families with children. IHNSC provides a valuable service as most other programs for homeless families do not provide the range of services to families with children.

Temple Beth-El hosts clients of IHN six times a year, approximately February, March or April, June, August, October or November and December. The families call Temple Beth-El “home” for a week and our volunteers give

their time to assure that the families have a warm and welcoming stay with good food, compassion, play, and lots of good conversation

Getting involved requires only a few hours from one to six times a year...you choose your level of involvement. Every volunteer is an important mentor to our IHN families.

Please visit [www.tinyurl.com/TBEIHNSignup](http://www.tinyurl.com/TBEIHNSignup) or call the appropriate coordinator listed below to schedule a volunteer shift. Always check the IHN Coordinators Contact List in each issue of the Shofar, as it's possible that there have been changes. **Each volunteer is expected to honor their commitment to the IHN hosting week. If a volunteer is unable to fulfill their commitment, they should contact another volunteer and swap dates.**

## IHN Coordinators Contact List

Function	Name	Main Phone	Other Phone	Email Address
Coordinator	Leigh Freeman	908-359-2724	908-391-1397 (c)	<a href="mailto:dancer.leighfreeman@att.net">dancer.leighfreeman@att.net</a>
Dinner Shift Volunteers	YOUR NAME HERE			
Evening Shift Volunteers	Julie Hirsch	732-580-8246		<a href="mailto:jbghirsch@gmail.com">jbghirsch@gmail.com</a>
Overnight Shift Volunteers	Sharon Sietz		908-256-6483	<a href="mailto:sharon.sietz@gmail.com">sharon.sietz@gmail.com</a>
Meals	YOUR NAME HERE			
Food/Supplies	Mara White	908-231-1518	301-704-6066 (c)	<a href="mailto:mara@alumni.brown.edu">mara@alumni.brown.edu</a>
Linen Pick-Up	Cindy Andrews		908-635-6858 (c)	<a href="mailto:cjrandrews@gmail.com">cjrandrews@gmail.com</a>
Set-Up/Breakdown	David Cohen	609-683-5766		<a href="mailto:david@decarchitect.com">david@decarchitect.com</a>
IHNSC/Day Center	Karen Donohue	908-704-1920	908-217-0217 (c)	<a href="mailto:karen@ihnsc.org">karen@ihnsc.org</a>

## IHN Training

**An IHN Training Session will be held on Sunday, November 6, 9:00 a.m. to 11:00 a.m.** during Mitzvah Day.

All participants must register for the session—register with Leigh Freeman, [dancer.leighfreeman@att.net](mailto:dancer.leighfreeman@att.net).

We will cover the mission of IHN of Somerset County, as well as guidelines for the volunteers. Questions are always welcome! If you have thought about volunteering for IHN, but have been skeptical that you would not know what to do, the training will erase all your doubts and answer any questions you may have!

## IHN Coordinators Needed

Two coordinator positions are open: **Meals Coordinator** and the **Dinner Shift Coordinator**. Please contact Leigh Freeman for details [dancer.leighfreeman@att.net](mailto:dancer.leighfreeman@att.net) and/or 908.391.1397.

# *Yahrzeits* S e p t e m b e r

[Click here to return to Page 1](#)

We extend our deepest sympathy to those of you who will be marking a loved one's Yahrzeit in the coming month. Below are the dates for the Yahrzeits we will be reciting during Shabbat services.

## **Observed on September 3**

Harry Morrison, Father of Leon Morrison  
Miriam Morrison, Mother of Leon Morrison  
Molly Fass, Mother of Alan Fass  
Fred Hirsch, Father of Allan Hirsch  
Morris Moshinsky, Father of Leonard Moshinsky  
Richard Weinberger, Father of Daniel Weinberger  
Sima Kahn, Mother of Hillary Angeline  
Morris Bauer, Father of Elaine Goldsmith  
Rose Brooks Cohen, Mother-in-law of Barbara Cohen  
Edith Katzer, Sister of Doris Moshinsky  
Sophie Levine, Aunt of Rita Fink  
Claire Mandelkorn, Mother of Debbie Friedman  
Theodore Stark, Father-in-Law of Ann Weinstein  
Simon Levendel, Father of Sheila Koen  
Harold Sage, Father of Eileen Ruderman

## **Observed on September 10**

Sheldon Taber, Brother of Robert Taber  
Joshua Irvin Albin, Son of Robert and Shari Albin  
Howard Auerbach, Husband of Andrea Auerbach  
Joseph Shubitz, Grandfather of Gerald Shubitz  
Celia Dilson, Aunt of Cindy Mangel  
Jane Ellen Franzblau, Sister-in-Law of Barbara Franzblau  
Sadie Baker, Grandmother of Pam Sharenow  
Eva Cooperman, Mother of Frances Taber  
Sarah Schwartz, Aunt of Sylvia Rubin  
Leon Rothman, Father of Shelley Gomolka  
Barbara Fine, Mother of Tamar Yarkoni  
Samuel Cohos, Father of Jane Waldorf  
Meyer Trachtenberg, Father of Alta Malberg

## **Observed on September 17**

Albert Kanterman, Father of Stanley Kanterman  
Jean Schwartz, Mother of Vicki Schwartz  
Janice Wasserman, Mother-in-Law of Tracy Wasserman  
Michael Freiberg, Father of Wendy Amodeo  
Ava Faltz-Miller, Sister-in-law of Rick and Bev Miller  
Andrew Freiberg, Brother of Wendy Amodeo  
Walter Geller, Father of Ira Geller  
Solomon Maizel, Grandfather of Ryan Maizel  
Marvin Finkelstein, Father of Beth Lavranchuk and Lori Blond  
Sylvia Isaacson, Mother of Gerald Isaacson  
Claire Katzenstein, Grandmother of Howard Mangel  
Aaron Ritzer, Father of Gayle Skolky  
John Jordan, Father of Pat Galler

## **Observed on September 24**

John Gale, Father of Janet Aaronson  
Sol Greenberg, Father-in-law of Phyllis Greenberg  
Frances P. Shapiro, Mother-in-Law of Joshua Skowronek  
Irving Winters, Father of William Winters  
Anita Maizel, Grandmother of Ryan Maizel  
Paul Miller, Father of Marla Miller  
Herbert Sloan, Husband of Judith Sloan  
Susan Berger, Mother of Michael Berger  
Judith Edelman, Mother of Marsha Malberg  
Bessie Friedman, Grandmother of Helene Fine  
Sheila Ann Levine, Sister of Alvin Levine  
Alvin Resnick, Father of Jeff Resnick  
Frances Tolman, Mother of Edward Tolman  
Ida Cudzynowski, Mother of Joseph Cudzynowski  
Fred Hirsch, Father of Allan Hirsch  
Marian Weigl, Grandmother of Lynn Small  
Edith Katchen, Mother of Beverly Cohen

## Observed on October 1

Elaine Cohen, Mother of Gary Cohen  
 Lillian Roberts, Mother of Sharon Hambro  
 Daniel Tucker, Brother of Barbara Cohen  
 Blanche Levendel, Mother of Sheila Koen  
 Dr. Norman Willett, Father of Susan Willett  
 Leonard Levitt, Father of Laura Miller  
 Thomas Angeline, Husband of Hillary Angeline and  
 Father of Joseph, Lauren and Anthony Angeline  
 Allan Miller, Father of Leigh Miller  
 Dorothy Shapiro, Mother of Irene Lieberman  
 William Weinstein, Father of Jeffrey Weinstein  
 Perry Bucholtz, Father of Ronnie Weyl  
 Jim Rothschild, Brother of David Rothschild  
 Ida Shrensel, Grandmother of Nancy Feusse  
 Charles Zolin, Father of Jodi Harwood

## Observed on October 8

Russel Johnston, Sr., Father of Russ Johnston  
 Mathew Morelli, Son of Ralph and Marci Morelli  
 Natalie Gorka, Mother of Wendy Horowitz  
 Charles Howard, Brother of Sidney Horowitz  
 Beatrice Simon, Mother of Janet Halpern  
 Hank Kampf, Father of Alexander Kampf  
 Seth Martin Rawicz, Son of Scott Rawicz  
 David Roswell, Father of Arthur Roswell  
 David Golub, Father of Jill Geller  
 Daniel Franzblau, Father-in-Law of Barbara Franzblau  
 Therese Kobrin, Sister of Jackie Spinner  
 Sigmund Miller, Husband of Laura Miller  
 Max Tischfield, Father of Jay Tischfield  
 Irwin Fidelman, Father of Wayne Fidelman  
 Doris Herman, Mother of David Herman  
 J.M. Rubenstein, Father of Cindy Andrews  
 Mollie Goldstein, Grandmother of Heather Lissa

## Observed on October 15

Irwin Brody, Brother of Bruce Brody  
 Gussie Glatt, Mother of Evelyn Silverstein  
 Anne Siegel, Sister of Ted Baker  
 Rachel Lorraine Andell, Daughter of Jonathon and Karen Andell  
 Irv Cohen, Husband of Beverly Cohen  
 Mahdy Flacks, Mother of Jill Wedeen  
 Morris Kaminetsky, Father-in-law of Fern Kamine  
 Liz Rawicz, Wife of Scott Rawicz  
 Irv Steinberg, Grandfather of Wendy Horowitz  
 Julius Tompa, Father of Gary Tompa  
 Sheryl Carraher, Wife of John Carraher  
 Allen Febesh, Father of Ilene Rothschild  
 Louis Goldstein, Grandfather of Seth Goldstein  
 Stanley Breslow, Father of Janice Klein  
 Karl Rebarber, Father of Roxanne Levinston  
 Lawrence Siegel, Father of Debbie Levenberg  
 Frederick Thomas Andrews, Father of Mark Andrews  
 Jerome M. Cohen, Brother-in-law of Barbara Cohen  
 Joseph Halpern, Father of Morris Halpern  
 Jean Weiner, Sister of Sara Friedman  
 Lena Lieberman, Grandmother of Steven Lieberman  
 Abe Raynes, Father of Harriet Thaler

## Observed on October 22

Ira Zelnick, Brother of Zelda Reinhart  
 Lois Cartmell, Mother of Craig Cartmell  
 Jacob Kaplan, Grandfather of Gail Wohl  
 Frederick Klein, Father of David Klein  
 Jeff Mitchell, Brother of Donna Tischfield  
 Bertram Edelman, Father of Marsha Malberg  
 David Ellenberg, Father of Naomi McGlashan  
 Mary Wisniewski, Mother of Carol Nerenberg  
 Marion Kaplan, Mother of Mitchell Kaplan  
 Mary Klimczak, Mother of Joan Weiss  
 Ruth B. Rosenblum, Mother of Fern Kamine  
 Carl Smith, Father of Joseph Smith  
 Hilda Blaustein, Mother of Betty Roswell  
 Carl Edward Feusse, Father of Andy Feusse  
 Sidney Grossman, Father of Linda Strand  
 Joseph Marciniak, Father of Judi DiMaio  
 Judith Millstein, Mother of Randi Millstein  
 Judith Moroz, Mother of Tracy Wasserman  
 Leon S. Rosenblum, Brother of Fern Kamine  
 Gerald Moshinsky, Brother of Leonard Moshinsky  
 Celia Stept, Grandmother of Sheldon Stept

## Observed on October 29

Daniel Eisenberg, Father of Dorothy Vogel  
 Esther Skowronek, Mother of Joshua Skowronek  
 Samuel Stept, Grandfather of Sheldon Stept  
 Lynette Byers, Sister of Jonathon Andell  
 Berdie Drazin, Mother of Jackie Spinner  
 Dora Friedman, Mother of Helene Fine  
 Malcolm F. Becker, Father of Marci Becker-Morelli  
 Alice Greenhut, Grandmother of Robert Adler  
 Albert Katzenstein, Grandfather of Howard Mangel  
 Betty Plan, Mother of Michael Plan  
 Anne Rubin, Mother-in-law of Sylvia Rubin  
 Ralph Saperstein, Father of Carolyn Wald and Steven Saperstein  
 Jules Cohen, Father of David Cohen  
 Sandra Schiff, Aunt of Rick Miller  
 Alvin Silverstein, Father of Fern Smith  
 Dr. Howard Vogel, Brother of Irwin Vogel  
 Frances Fishman, Mother of Andrew Fishman  
 Mildred Schrier, Mother of Sheryl Miller

## Observed on November 5

Judith Cohen, Sister of Jeanette Tuckman  
 Rubin Cohen, Father of Gary Cohen  
 Donald Meyers, Stepfather of Stacy Rankin  
 Harry Silver, Father of Ed Silver  
 Abraham Etkins, Father of Donna Etkins  
 Seymour Roth, Father of Lori Roth  
 Jennie Frenkel, Grandmother of Gary Friedman  
 Wendy DeLapi, Sister of Evette Adler  
 Marty Wallerstein, Father of Jolie Doyle  
 Claire Skowronek, Daughter of Brian and Lynette Skowronek  
 David Small, Uncle of Brian Small  
 Eugene Bradley, Father of Patrick Bradley  
 Benjamin Schlosser, Father of Lynn Levine



# Acts of Tzedakah

## CANTOR'S DISCRETIONARY FUND

In memory of Harris Zeldin  
*Jay and Pam Lavroff*  
 In memory of Robert Wigod  
*Ann and Len Robinowitz*  
*Madelyn and Charles Okun*  
*Eric and Jamie Pear*  
*Betty and Art Roswell*  
*Harriet Thaler*  
*Ardell and Jerry Borodach*  
*Sandra Pincus Rush and Martin Rush*  
 In memory of Eve Milgram  
*Marc and Diane Milgram*  
 In memory of Henrietta Greenbaum  
*Robert and June Greenbaum*

## ISRAEL SCHOLARSHIP FUND

In honor of Bob Taber's bar mitzvah  
*The Shermans of Kendall Park*  
*Mark and Brenda Sherman*  
*Fran and Harvey Sherman*  
*Jocelyn and Alfred Schrott*  
*Elaine Krantz*  
*Marion and Murray Mohl*

## MEMORIAL FUND

In memory of Bernard Cudzynowski  
*Joseph and Barbara Cudzynowski*  
 In memory of David Cohen  
*Barbara Cohen*  
 In memory of Peter Spaulder  
*Mara White*  
 In memory of Arlene Reilly  
*Kelley and Carl Evens*  
 In memory of Murray Hysen  
 In memory of Ray Shinske  
*Caryn Shinske*  
 In memory of Anne Gold Mendelson  
*Stanley Mendelson*  
 In memory of Joel and Elizabeth Blake  
*Barbara Blake*  
 In memory of Edith Beck  
 In memory of Ruth Schoenberg  
*Michael and Isa Beck*  
 In memory of Mildred and Barton Kaitz  
*Bruce and Reva Lee Brody*  
 In memory of John Ward  
*Pat Ward and Dave Sandler*

In memory of Laura Farber  
*Edith Hurwitz*  
 In memory of Ben Weintraub  
*Arlene Hysen*  
 In memory of Edith Hamelburg  
*Rita Fink*  
 In memory of Robert Wigod  
*Joseph and Shelley Drozd*  
 In memory of Doris Braun  
*Daniel and Sandra Braun*  
 In memory of Isidore Kirsch  
 In memory of Morris Mendelson  
*Stanley Mendelson*  
 In memory of Helen Lieberman  
*Madelyn and Charles Okun*  
 In memory of Molly Fass  
*Alan and Elaine Fass*

## BROTHERHOOD YOUTH SCHOLARSHIP FUND

In honor of Lisa Friedman  
*The 2016 Confirmation Class*  
 In honor of Rabbi Gluck's 25 Anniversary at Temple Beth-El  
*Paul and Zorina Walitsky*  
*Ellen and Bruce Davidson*  
 In memory of David Schoenberg  
*Michael and Isa Beck*  
 In memory of Irving Fass  
*Alan and Elaine Fass*  
 In memory of Sidney Youngerman  
*Neil and Debbie Youngerman*  
*Ed and Laura Kasaukas*  
 In memory of Larry Cudzynowski  
*Joseph and Barbara Cudzynowski*

## THE GENERAL FUND

*Alexander Berman*  
 In honor of Shayna Friedman's bat mitzvah  
*Betty and Art Roswell*  
 In honor of Rabbi Gluck's 25th Anniversary at Temple Beth-El  
*Rabbi Susan Falk*  
 In memory of Esther Ratoff  
*Barbara Shapiro*  
*Sharon and Steven Schwartz*  
 For his Eagle Scout Project  
*Sam Radowitz*

In memory of Robert Wigod  
*Chuck and Shelley Berger*  
 In memory of Janet Schenkman  
*Richard and Barbara Norris*  
*Bea and Larry Abrams*  
*Robert and Suzanne Martin*  
*Betty and Art Roswell*  
*Anita Berg and Bob Friedman*  
*Brian and Lynette Skowronek*  
*Ken and Myra Strausfeld*  
*Peter and Judy Lanfrit*  
*Susan and Charles Scheinerman*  
*Bettyann Bowlby*  
*Ellen and Tom Leuner*  
*Robert and Rona Citron*  
*Michael and Lynn Wright*  
*Karen and Ray Wenstron*  
*William and Carol Sedlazeck*  
*Eric and Gabrielle Walborsky*  
*Linda and Steve Rand*  
*Bob Norris*  
*Gilbert and Helen Pelovitz*  
 In memory of Cecile Oringer  
*Kenneth Oringer*

## SISTERHOOD

In appreciation of Purim  
*Arlene Hysen*

## SOCIAL ACTION

*Jill Grand*  
 In memory of Cecile Oringer  
*Keith and Nicole Oringer*

## RELIGIOUS SCHOOL SCHOLARSHIP FUND

In appreciation of Temple Beth-El  
*Rich and Zahava Schaefer*

## CULTURAL ARTS

In honor of Bob Taber's bar mitzvah  
*Barry and Gayle Skolky*

## YAD CHAZAKAH

In appreciation of Larry Epstein  
*Fran and Bob Taber*

## LIBRARY FUND

In honor of Zizi Reinhart's 80th Birthday  
*Alan and Elaine Fass*

## RABBI'S DISCRETIONARY FUND

In honor of Rabbi Gluck's 25 years at Temple Beth-El  
*Rhona Ferling and Simon Stark*  
*Arlene Hysen*  
*Judith Bronston*  
*Gene and Sandra Waas*  
*Richard and Susan Walters*  
*Vicky and Michael Farhi*  
*Beverly Cohen*  
 In memory of Florence Roswell  
 Betty and Art Roswell  
 In memory of Sidney Youngerman  
*Neil and Debbie Youngerman*  
 In honor of Rabbi Gluck  
*2016 Confirmation Class*  
 In memory of Sidney Youngerman  
*Neil and Debbie Youngerman*  
 In honor of our teen program  
 In honor of Leanna Reynolds Confirmation  
*Rosalie and Mark Samoil*  
 In honor of Bob's Bar Mitzvah  
*Fran and Bob Taber*  
*Leonard and Linda Berkowitz*  
*Goldie Taub and Murray Levine*  
 In honor of the 80th Birthdays of Zizi Reinhart,  
 Bob Taber and Phyllis Greenberg  
*Esther Kaufman*  
 In memory of Ray Bateman, Sr.  
*Beverly Cohen*  
*Goldie Taub and Murray Levine*  
 In memory of Janet Schenkman  
*Goldie Taub and Murray Levine*  
*Morris and Janet Halpern*  
 In honor of the naming of their son, Shay  
*Jessica and Jacques Millett*

## ADULT EDUCATION

In memory of Janet Schenkman  
*Sharon and Sid Granetz*

Temple Beth-El has many funds available to which members can contribute. Donations to these committed funds help support Temple programs and enable us to continue to maintain a high level of programming for our community.

- |                                     |                             |                                     |                                 |
|-------------------------------------|-----------------------------|-------------------------------------|---------------------------------|
| • Adult Education                   | • Endowment Fund            | • Library                           | • Social Action (including IHN) |
| • Beautification                    | • Garden                    | • Mazon Hunger Fund                 | • Special Needs                 |
| • B'nei Mitzvah Fund                | • General Fund              | • Memorial                          | • Yad Chazakah Fund             |
| • Brotherhood Youth Scholarship     | • Holocaust Education       | • Prayer Book                       | • Youth Activities              |
| • Cantor Pincus' Discretionary Fund | • Israel Matters            | • Rabbi Gluck's Discretionary Fund  |                                 |
| • Cemetery                          | • Jules Swickle Chesed Fund | • Religious School Enrichment       |                                 |
| • Cultural Arts                     | • Keshet Network            | • Religious School Scholarship Fund |                                 |

Please send donations to committed funds to Susan Walters in the temple office.  
 We are not able to accept verbal or email dedications and donations.

# September

## Calendar of Events

[Click here to return to Page 1](#)

### Friday, September 2

8:00 p.m. Summer Shabbat Service

### Monday, September 5

Labor Day

Temple Office is Closed

### Tuesday, September 6

7:30 p.m. Ritual Committee Meeting

### Wednesday, September 7

5:30 p.m. Back-to-Religious School Madrichim and Faculty Meetings

7:00 p.m. Membership Committee Meeting

### Friday, September 9

7:00 p.m. Family Shabbat Service

### Saturday, September 10

10:00 a.m. Shabbat Morning Service and Torah Study with Bar Mitzvah of Matthew Keiles

7:00 p.m. Jewish LIFE: Film Series *The Green Dumpster Mystery*

### Sunday, September 11

9:00 a.m. Sunday School

10:00 a.m. TBE Alumni Gathering

### Monday, September 12

4:30 p.m. Hebrew School

6:30 p.m. Post Confirmation

7:00 p.m. Mah Jongg

7:45 p.m. Board of Trustees Meeting

### Tuesday, September 13

7:00 p.m. Jewish LIFE: Beit Midrash with Rabbi Gluck—Great Texts of the High Holy Days

### Wednesday, September 14

4:30 p.m. Hebrew School

6:30 p.m. Confirmation Academy

7:30 p.m. Sisterhood Board Meeting

### Thursday, September 15

6:30 p.m. Jewish LIFE: Gentle Yoga Flow

7:30 p.m. Brotherhood Kick-off Event

### Friday, September 16

6:30 p.m. Shabbat Tables

8:00 p.m. Shabbat Evening Service

### Saturday, September 17

NETY Kick-off event

10:00 a.m. Shabbat Morning Service and Torah Study with Bar Mitzvah of Ian Oberti-DiRico

### Sunday, September 18

9:00 a.m. Sunday School

9:00 a.m. Jewish LIFE: Hebrew for the Holy Days

9:30 a.m. Sisterhood Meet and Greet

6:30 p.m. Connect-a-thon

### Monday, September 19

4:30 p.m. Hebrew School

7:00 p.m. Mah Jongg

7:30 p.m. Religious School Committee Meeting

### Tuesday, September 20

6:30 p.m. Youth: LTS Meeting

7:00 p.m. Jewish LIFE: Beit Midrash with Rabbi Gluck—Great Texts of the High Holy Days

### Wednesday, September 21

4:30 p.m. Hebrew School

6:30 p.m. Confirmation Academy

7:30 p.m. Social Action Stapling Party

### Thursday, September 22

6:30 p.m. Jewish LIFE: Gentle Yoga Flow

### Friday, September 23

8:00 p.m. Shabbat Evening Service

### Saturday, September 24

Selichot

10:00 a.m. Shabbat Morning Service and Torah Study

10:00 a.m. Shabbat Morning Service and Torah Study with Bar Mitzvah of Matthew McCloskey

8:00 p.m. Community Observance of Selichot

### Sunday, September 25

9:00 a.m. Sunday School

9:00 a.m. Jewish LIFE: Hebrew for the Holy Days

9:15 a.m. Brotherhood Board Meeting

1:00 p.m. Renaissance Lunch

4:00 p.m. Jewish LIFE: iEngage 3: Jewish Values and the Israeli-Palestinian Conflict

### Monday, September 26

4:30 p.m. Hebrew School

6:30 p.m. Post Confirmation

7:00 p.m. Mah Jongg

7:30 p.m. Executive Committee Meeting

### Wednesday, September 28

4:30 p.m. Hebrew School

6:30 p.m. Confirmation Academy

7:30 p.m. Women's Torah Study

### Thursday, September 29

6:30 p.m. Jewish LIFE: Gentle Yoga Flow

### Friday, September 30

8:00 p.m. Shabbat Evening Service

The calendar is accurate at the time of publication. For an up-to-date calendar, visit our web calendar at <http://www.ourbethel.org/calendar>.

# October

## Calendar of Events

[Click here to return to Page 1](#)

### Saturday, October 1

10:00 a.m. Shabbat Minyan Service and Torah Study

### Sunday, October 2

Erev Rosh Hashanah

9:00 a.m. No Sunday School — High Holy Days

8:00 p.m. Erev Rosh Hashanah Service

### Monday, October 3

Rosh Hashanah I

Temple Office is Closed

9:30 a.m. Rosh Hashanah Morning Service

2:00 p.m. Rosh Hashanah Family Service

3:30 p.m. Tashlich

4:30 p.m. No Hebrew School — High Holy Days

### Tuesday, October 4

Rosh Hashanah II

Temple Office is Closed

9:30 a.m. Rosh Hashanah Morning Service

### Wednesday, October 5

4:30 p.m. No Hebrew School or Confirmation Academy

— High Holy Days

7:30 p.m. Sisterhood Board Meeting

### Thursday, October 6

7:00 p.m. Israeli Folk Dance Chavurah

7:30 p.m. Jewish LIFE: Israeli Folk Dancing

### Friday, October 7

8:00 p.m. Shabbat Evening Service

### Saturday, October 8

10:00 a.m. Shabbat Morning Service and Torah Study  
with Bar Mitzvah of Daniel Raines Moshe

### Sunday, October 9

9:00 a.m. No Sunday School — High Holy Days

9:00 a.m. Sukkah Building

### Monday, October 10

4:30 p.m. No Hebrew School or Post Confirmation —  
High Holy Days

6:30 p.m. Youth Culture Committee

7:45 p.m. Board of Trustees Meeting

### Tuesday, October 11

Erev Yom Kippur

8:00 p.m. Kol Nidrei Service

### Wednesday, October 12

Yom Kippur

Temple Office is Closed

9:30 a.m. Yom Kippur Morning Service

12:30 p.m. Reflection Service

1:30 p.m. Study Session

1:30 p.m. Yom Kippur Family Service

2:30 p.m. Yom Kippur Healing Service

3:30 p.m. Yom Kippur Afternoon Service

4:30 p.m. No Hebrew School or Confirmation Academy  
— High Holy Days

5:30 p.m. Yizkor

6:00 p.m. Neilah

7:00 p.m. Break-the-Fast

### Thursday, October 13

6:00 p.m. Sukkah Building Rain Date

6:30 p.m. Jewish LIFE: Gentle Yoga Flow

7:30 p.m. Jewish LIFE: Israeli Folk Dancing

### Friday, October 14

NFTY Fall Kallah

8:00 p.m. Shabbat Evening Service

### Saturday, October 15

NFTY Fall Kallah

10:00 a.m. Shabbat Morning Service and Torah Study

10:00 a.m. Shabbat Morning Service and Torah Study  
with Bar Mitzvah of Samuel Becker

### Sunday, October 16

NFTY Fall Kallah Concludes

Erev Sukkot

9:00 a.m. No Sunday School — Sukkot

6:00 p.m. Erev Sukkot Services and Dinner

### Monday, October 17

Yom Tov Sukkot

Temple Office is Closed

4:30 p.m. No Hebrew School — Sukkot

### Tuesday, October 18

Chol HaMoed Sukkot

### Wednesday, October 19

Chol HaMoed Sukkot

4:30 p.m. No Hebrew School or Confirmation Academy  
— Sukkot

6:30 p.m. Teen Night in the Sukkah

### Thursday, October 20

Chol HaMoed Sukkot

6:30 p.m. Jewish LIFE: Gentle Yoga Flow

7:30 p.m. Jewish LIFE: Israeli Folk Dancing

### Friday, October 21

Chol HaMoed Sukkot

7:00 p.m. Shabbat Evening Service with Grade 6  
Kabbalat Torah and participation of Grade 7

### Saturday, October 22

Chol HaMoed Sukkot

10:00 a.m. Shabbat Morning Service and Torah Study

10:00 a.m. Shabbat Morning Service and Torah Study  
with Bat Mitzvah of Alexa Fetaya

### Sunday, October 23

Chol HaMoed Sukkot

Erev Simchat Torah/Shemini Atzeret

No Sunday School — Simchat Torah

5:00 p.m. Youth: LTS Event Grade 3-6

7:00 p.m. Simchat Torah

### Monday, October 24

Sh'mini Atzeret

Temple Office is Closed

9:00 a.m. Sh'mini Atzeret & Yizkor Service

4:30 p.m. No Hebrew School — Sh'mini Atzeret

### Tuesday, October 25

7:00 p.m. Membership Committee Mtg

7:00 p.m. Jewish LIFE: Songs of Kabbalat Shabbat with  
Cantor Pincus

### Wednesday, October 26

4:30 p.m. No Hebrew School or Confirmation Academy

6:30 p.m. Confirmation Academy

### Thursday, October 27

6:30 p.m. Jewish LIFE: Gentle Yoga Flow

7:30 p.m. Jewish LIFE: Israeli Folk Dancing

### Friday, October 28

Grade 8/9 Retreat Camp Kutz

8:00 p.m. Shabbat Evening Service

### Saturday, October 29

Grade 8/9 Retreat Camp Kutz

10:00 a.m. Shabbat Minyan Service and Torah Study

### Sunday, October 30

Grade 8/9 Retreat Camp Kutz

RS Grade 5 trip Lower East Side

9:00 a.m. Jewish LIFE: Advanced Beginner Hebrew  
Reading

9:00 a.m. Sunday School

9:15 a.m. Brotherhood Breakfast

10:00 a.m. Jewish LIFE: Aleph Isn't Enough

4:00 p.m. Jewish LIFE: iEngage 3: Jewish Values and the  
Israeli-Palestinian Conflict

### Monday, October 31

4:30 p.m. Hebrew School

7:30 p.m. Executive Committee Meeting

## Contacting Temple Beth-El

Temple Office:.....908-722-0674  
Religious School Office: .....908-704-1212

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To Contact the Temple Beth-El Staff by email:

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Lisa Friedman, Education Director

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Ivy Anglin, Religious School Secretary

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Rachel Frish, Director of Youth Engagement

[RachelFrish@TempleBethElNJ.org](mailto:RachelFrish@TempleBethElNJ.org)

### Shofar Advertising

To place an ad in the Shofar or for more advertising information, please contact [ShofarAdvertising@TempleBethElNJ.org](mailto:ShofarAdvertising@TempleBethElNJ.org)