

Shofar



Shvat - Adar I 5780 • January/February 2020



Rabbi's Message

We Need You to Be a Shamash!

Have you ever wondered why we use a shamash to light the candles on the chanukiah? We could just as easily use the same match to light all of the lights each night, so why do we need a shamash? Just think of all the candles we could save!

We need the shamash because it is a valuable symbol that teaches us important lessons. First, it teaches us that one can influence many. There is no set limit to how many candles can be lighted by a single shamash. We can have this kind of influence on the world by the way we impact the lives of others. It can be through our acts of kindness, by our example of living our values, by sharing our ideas, convictions and beliefs, or by leading others to take action. In these ways, each of us can be a shamash.

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World Zionist Congress Elections

January 21 to March 11

See articles on page 1 and [page 5](#)



VOTE REFORM

#VoteReformWZC

World Zionist Congress Elections - January 21 to March 11, 2020

Last Jewish Gangster

January 26, 9:00 a.m.

See more on [page 16](#)

Tu BiShvat Celebration and Seder

Saturday, February 8

Shabbat Morning Services and
Torah Study at 10:00 a.m.

Tu BiShvat Seder and Potluck Lunch
to follow at 12:30 p.m.



Worship Schedule

JANUARY

Friday, January 3, 2020

7:00 p.m. Family Shabbat Service

Saturday, January 4

Parashat Vayigash, Genesis 44:18-47:27

9:30 a.m. Shabbaton at Ner Tamid

Friday, January 10

7:30 p.m. Erev Shabbat Service

Saturday, January 11

Parashat Va-y'chi, Genesis 47:28-50:26

10:00 a.m. Shabbat Minyan Service

Friday, January 17

7:30 p.m. Erev Shabbat Service with Social Action Speaker and the Choir

Saturday, January 18

Parashat Sh'mot, Exodus 1:1-6:1

10:00 a.m. Shabbat Morning Service and the Bar Mitzvah of Dylan Reynolds

Friday, January 24

7:30 p.m. Erev Shabbat Service with the Tefillah Band

Saturday, January 25

Parashat Va-eira; Exodus 6:2-9:35

10:00 a.m. Shabbat Minyan Service

Friday, January 31

7:30 p.m. Erev Shabbat Service

FEBRUARY

Saturday, February 1

Parashat Bo, Exodus 10:1-13:16

10:00 a.m. Shabbat Minyan Service

Friday, February 7

7:00 p.m. Family Shabbat Service with the Choir, Tefillah Band, and Soufganiyot

Saturday, February 8

Parashat B'shalach, Exodus 13:17-17:16

10:00 a.m. Shabbat Minyan Service

Friday, February 14

7:30 p.m. Erev Shabbat Service

Saturday, February 15

Parashat Yitro, Exodus 18:1-20:23

10:00 a.m. Shabbat Minyan Service

Friday, February 21

7:30 p.m. Erev Shabbat Service

Saturday, February 22

Parashat Mishpatim, Exodus 21:1-24:18

10:00 a.m. Shabbat Minyan Service

Friday, February 28

7:30 p.m. Erev Shabbat Service

Saturday, February 29

Parashat T'rumah, Exodus 25:1-27:19

10:00 a.m. Shabbat Minyan Service



Shabbat Shirah

Friday, February 7, 7:00 p.m.

Family Shabbat Service with the Choir, Tefillah Band and Soufganiyot

Celebrate Tu B'Shvat Saturday, February 8

Shabbat Morning Worship and Torah Study at 10:00 a.m.
Tu B'Shvat Seder and Potluck Lunch to Follow at 12:30 p.m.

Join us for a spirited Shabbat and holiday observance!

Watch for more information in upcoming temple communications.



Temple Calendar Webpage

<http://www.ourbethel.org/luach-beth-el>

Shofar Submissions and Deadline

The next issue of the Shofar will be January-February 2020. PLEASE NOTE: The deadline for submissions is December 15. Submit articles via email to: ShofarEditor@templebethelnj.org.

In the subject line, please use the following naming convention: Shofar Month/Shofar/Committee Name or Professional Staff Name.

Torah Portions

You can read a Weekly Torah Commentary by visiting the Union of Reform Judaism's web page: www.reformjudaism.org/learning/torah-study

Rabbi's Message, continued from page 1

Second, we learn that the light of the shamash is not diminished when it shares its strength with others. There is an unfortunate tendency to think that when we give, we are left with less for what we gave away. The shamash teaches us that giving makes us greater, not smaller, not lesser. It is true in so many ways, in love, in kindness, in spirit. The more we give of these things, the more we have! It is also true of tzedakah. What we give away remains as a gift of righteousness that can never be taken away, while that which we keep we will one day spend, and it will be gone forever.

Each of us can be such a light in many ways, and I hope that we will be inspired to do so. But now we need each of you to be a shamash for our Reform Jewish community here, in Israel, and throughout the world. Beginning on Jan. 21, voting will commence to determine the size of the delegations to the World Zionist Congress elections, and a lot is riding on the outcome.

Why is voting so crucial? We American Jews don't get to vote in the upcoming Israeli elections in March, but because we are part of the Jewish people, we can vote in the Parliament of the Jewish People – the World Zionist Congress, which will be held in October 2020 in Jerusalem. I am on the "Vote Reform: ARZA" slate of delegates for election and hope to be able to represent you personally at the Congress, if you vote!

We need you to be a shamash for the Reform Jewish community in the Zionist Congress elections!

A large representation for Reform Judaism at the World Zionist Congress will give us the power to promote religious freedom, pluralism and equality for all Jews, including personal status issues such as marriage, divorce, and conversion; equal access to holy places like the Kotel; and more. It will result in increased funding for Reform Judaism in Israel and the Diaspora. And it will also increase our representation in the World Zionist Organization and the Jewish National Fund (JNF), which allocates money for land purchases throughout Israel. Increasing the strength of our voice in these Jewish national institutions will enable us to make them more reflective of our Reform Jewish values.

Four years ago, the Reform movement won 39 percent of the American Jewish vote, which translated into real power, influence, and \$4 million a year in funding for our institutions in Israel and around the world. Our goal this time is to double that amount, and we can do it if...if you vote and if you will be a shamash!

How can you light the way for Reform Judaism in the Zionist elections? By getting eight or more other Jewish people to vote for the "Vote Reform: ARZA" slate of delegates. Voting takes place online and takes just minutes to do, with a fee of \$7.50 to cover administrative costs. One does not need to be a member of this or any other

Reform congregation to vote. One needs only to be Jewish (by self-identification) and over the age of 18 by June 30. All of us have Jewish friends and family members who may or may not be members, and who may or may not be aware of the difference they can make by voting "Vote Reform: ARZA" in this election. But you can be their shamash by asking and encouraging them to vote.

More information about the elections is available in this issue of the Shofar, and more details about the mechanics of voting will be forthcoming. What matters now is your commitment to vote, and to be a shamash to light the way for others to vote, too.

L'shalom,

Rabbi Arnold S. Gluck



VOTE REFORM

#VoteReformWZC

DO YOU BELIEVE THE REFORM MOVEMENT SHOULD HAVE A STRONGER PRESENCE IN ISRAEL?

IF SO, WE'D LOVE FOR YOU TO GET INVOLVED IN THE WORLD ZIONIST CONGRESS ELECTION!



Vote Reform

World Zionist Congress Elections | January 21-March 11, 2020 | ARZA.org

arzenu
ארצנו

UNION for
REFORM
JUDAISM

World Zionist Organization
ההסתדרות הציונית העולמית

ARZA ארצה

From Our President

Finding the Right Balance

Our family had the opportunity to spend the holidays in London this year. I often travel there for business, but other than a lovely view of the Tower Bridge outside my conference room window, I rarely have a chance to enjoy the sights and venues of the city. This was our first trip there as a family, and it turned out to be a wonderful place for the four of us to have some increasingly rare time together. Most of our time was spent walking through the various parts of the city, visiting shops, enjoying high tea to celebrate my daughter's 21st birthday and trying to see as many sites as possible, while trying to avoid the huge crowds and long queues that seemed to be everywhere that tourists typically gather.

One of our destinations was Camden Market, a huge shopping district filled with open-air shops, stalls and vendors selling anything from cheap souvenirs to high-end antiques. The place has a bit of a flea-market feel to it, but my son discovered a wonderful cart filled with antique cameras and spent an hour examining the items and bargaining his way to a lovely Nikon film camera from the 1970s. It also turns out that Camden Market is located near the canal system in London that is known as Little Venice. For those who have not been there, the canals are filled with old (and very narrow) barges that have been converted into homes permanently docked along the banks of the canal. One cannot help but to try to peer into the windows of the barges and wonder how anyone can manage to live in such a long and narrow space, powered only by noisy gas generators and the occasional solar panel. Walking along the canals is a unique and fascinating experience that I would recommend as part of any visit to London.

This visit to Camden and Little Venice reminded me of the first time I visited there in October 2018. I was in London on business, and my wife came across to extend our visit for a few extra days. One of the areas she'd read about was Little Venice, so we took a long walk to the outskirts of the city and explored. My memories of that day are filled not only with the lovely sights, but also the terrible news that had come from Pittsburgh. It was October 28, 2018, the day after the Tree of Life Synagogue shootings. My most vivid memory of that day was sitting in a lovely canal-side café spending my evening on the phone with our temple president, rabbi and representatives from many Jewish organizations about our community response to that event.

In retrospect, that day seems to have been a pivot point in how I viewed our world, and similar to Sept. 11, 2001, it has changed my personal perspective on many things. It is difficult to believe that only 14 months have passed between these two visits to London, yet from October 2018 to December 2019, our focus on the safety and security of our community has shifted to become one of our highest priorities at Temple Beth-El.

Over these past 14 months, we've formed a Security Committee, engaged with law enforcement and security professionals and prioritized the steps we wish to take to enhance the security of our buildings. Perhaps most importantly, we've had success in applying for a grant

from the State of New Jersey that will provide funding sources for the next three years. I'm sure many are aware of the visible changes we've already made – our wonderful team of shomrim who are ever-present during temple activities, the concrete bollards that protect the exterior of our building (they are growing on me!), along with a bit more visible police presence. But there has also been a great deal of thought and planning behind the scenes as well. In the coming months, there will be further enhancements as we obtain approval for use of the security grant funds. Most of those changes will not be as apparent (exterior cameras, enhancements to our alarm system, special security coatings for windows and doors, etc.) but some changes may be visible as well. We will be sure to keep you informed as we make progress.

Turning back to my visit to London in October 2018, we attended a Friday evening service at a beautiful Reform synagogue in the city. This turned out to be the Friday evening immediately before the Tree of Life Synagogue incident. That London synagogue was enclosed by a high wrought-iron fence, with only one access point through heavy and imposing iron gates, and two rather large men checking each person who arrived for services. Fortunately, the guards had our names because my wife had had the forethought to email the administrator of the synagogue before we arrived to inform them we wished to attend the service. Had she not done that, I sincerely doubt we would have been allowed access to the Shabbat service.

I didn't think too much about all of this at the time, but from one perspective, I understood it was a city synagogue that probably needed extra security to avoid robbery or vandalism. From another, I was struck by how closed-off from the outside world this made the synagogue appear. And keep in mind that all of this "closure" was already in place on the night before Tree of Life.

Somewhat in contrast to my experience with this London congregation, our goal will be to continue to be welcoming to our community and all who use Temple Beth-El for worship, education, activities and social gatherings – indeed a place that continues to feel like home. We need to do everything we can to ensure that our temple home is a place where we can feel safe and sound – while acknowledging that there are things we can do to stay current and vigilant in an ever-changing world.

Should anyone wish more detail about our ongoing plans related to security or have questions or concerns of any kind, I would encourage you to reach out to Amy Rubin or me. Getting the balance of ensuring the security of our community, while maintaining all the things that make Temple Beth-El our special home, is something we discuss, debate but absolutely agree that we need to get right.

I wish all of you a healthy and happy 2020.

Leigh Miller

President@templebethelnj.org



The World Zionist Congress Elections

When you enter the Temple Beth-El lobby, you will see a large poster that asks, “Why Vote?” You may wonder which election is approaching. The New Jersey primaries do not occur until June. The presidential election is in November.

The World Zionist Congress (WZC) elections start on January 21. The WZC is a representative body of the world’s Jewish people. Established by Theodor Herzl in 1897, the WZC, as it was originally known, was the legislative body of the Zionist Organization (ZO), a non-governmental entity that promotes Zionism. Today, the two bodies are known respectively as the World Zionist Congress and the World Zionist Organization (WZO).

The WZC, also known as the Parliament of the Jewish People, comprises 500 delegates and meets in Jerusalem every five years. It enables delegates to exert ideological influence on both Israeli society and the global Jewish agenda, as well as allocate financial and other resources to various organizations — including the Reform Movement — in Israel.

The 38th World Zionist Congress is scheduled to meet in Jerusalem in 2020; the elections to determine the size of the various delegations that will attend are scheduled to be held from January 21 to March 11 (MLK Day to Purim). Currently, the United States has 145 delegates in the WZC, the largest single delegation outside Israel. Thanks to a robust turnout in the 2015 elections, 56 of the 145 delegates (39 percent) represent the Reform Movement and, as a result, have been able to ensure that more than \$4 million a year (\$20 million over five years) is being directed to the Israeli Reform Movement. By comparison, the Israeli government annually provides nearly 4 billion NIS (\$1.1 billion) to Orthodox and Haredi institutions in Israel. But, when you examine the turnout numbers closely, it is clear that voter participation from the Reform Movement should be much higher.

A strong election turnout among North America’s Reform Jews and our supporters and allies is the only way to ensure that financial resources will be available to protect our Israeli movement — including Reform congregations and institutions. It also will allow the Reform Movement to fill leadership positions in some of Israel’s national institutions, including the WZO, the Jewish Agency for Israel (JAFI) and Keren Kayemeth Lelsrael – Jewish National Fund (KKL-JNF).

A leadership role in KKL-JNF will enable Reform Jews to ensure that decisions about government and public spending over the Green Line, including land purchases, reflect the Reform Movement’s values and positions. Only in this way can we continue to build a democratic society in Israel that truly reflects the Jewish values we hold dear: pluralism, equality, economic justice, and peace.

What’s more, because JAFI and the WZO support programs of the World Union for Progressive Judaism (WUPJ), high voter turnout will prove beneficial for WUPJ congregations and for Netzer Olami and Tamar, which offer programming for Progressive Jewish youth and young adults in communities around the world.



This is our opportunity to have our voices heard in Israel! Each and every vote from our congregation is crucial to maintaining a strong Reform presence in the World Zionist Congress. **We urge you to VOTE REFORM/ARZA.** This is our chance to combat the discrimination the Reform Movement faces in Israel. Together we can grow our Reform Movement and its work, to continue making progress on the issues we care about: religious freedom, equality, and many more.

Your vote in this election is the only democratic opportunity you have to influence Israeli society. Here are a few ways you can help:

1. Make a minyan. Encourage your friends, family, colleagues, and peers to vote for the slate “REFORM: ARZA”. Find one person who will promise to make another minyan.
2. Volunteer for our congregation’s election initiatives. Please contact Beth Lavranchuk at VoteReform@templebethelnj.org to get involved.
3. Donate to ARZA.
4. Follow Union for Reform Judaism and ARZA on social media (Union for Reform Judaism Facebook, Twitter and Instagram).

Voters in the WZC elections must:

1. Be 18 years of age or older (by June 30, 2020);
2. Self-identify as Jewish;
3. Agree to the Jerusalem Program, the official platform of the WZO and the Zionist Movement; and
4. Agree to pay a minimal processing fee.

You will be able to vote online. As soon as the link is activated, we will notify the congregation. Please look out for further alerts and messages regarding this very important election. Our national political landscape is one that has so many of us captivated in the relentless new cycle, but as American Reform Jews, Israel must always be a priority.

The Israel Matters Committee

From the Education Directors

For Our Children's Well-Being Temple Beth-El Youth Mental-Health Initiative

Middot Make Mensches

In the September issue of the Shofar, we shared with you that we are expanding our efforts to help our students develop emotional and social skills that will help them understand, express, and manage themselves as they navigate their studies, their relationships, the challenges of daily life, and the complexities of their own growth and development.

The approach we are taking is called Social and Emotional Learning (SEL), and we are addressing it through a Jewish lens, emphasizing Jewish values and character development as we learn about and practice becoming our best selves.

Among the big questions we are asking are:

- How do we act in the world in accordance with God's vision at Creation of what human beings can and must strive to be?
- How do we cultivate the best that is within each of us?
- How do we bring our best to ourselves and our ever-growing circles of family, community, the Jewish people, and humanity at large?

In the Jewish lexicon, the character traits that contribute to our ability to be good and decent people are called middot. The Hebrew word middah means "measure," and middot are both divine qualities and character traits of the human soul. Middot also refers to a compendium of virtues intended to provide people with moral and ethical guidance for daily living.

The seven middot we have introduced this year as part of a schoolwide middot bracelet project are:

- Anavah, Humility
- Savlanut, Patience
- Hakkarat haTov, Gratitude
- Rachamim, Compassion
- Kavod, Honor/Respect
- Shtikah, Silence
- Chesed, Lovingkindness

Here's how it works. Each classroom is supplied with a bin that contains sets of bracelets for the teacher, madrich/ah, and every student. Upon entering the room, everyone chooses a bracelet. At the start of instructional time, our teachers check in with their students, using the bracelets as the prompt: "Does anyone want to share which bracelet



they are wearing today and why they chose it?" The teachers and teen madrichim model (but don't dominate) the conversation. For example:

- Teacher: "I am wearing my shtikah/silence bracelet today because I am practicing turning off the "noise" in my head, of my cell phone, email, social media, etc."
- Madrichah: "I am wearing my chesed/lovingkindness bracelet today because I had an unkind thought about one of my friends today and I am practicing acting with kindness."

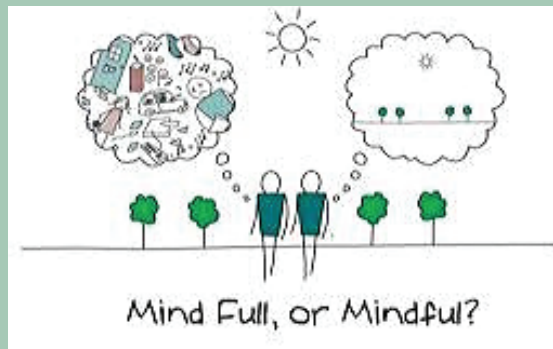
Take a look at the signs that we have posted in every classroom and ask your kids about their experience so far with the middot bracelets.

The activities, conversations, and experiences that we are having in school and around temple are deepening our understanding of ethical behavior and moral living and helping us make positive, meaningful choices every day. May they help guide us to live in a way that truly reflects the image of God, enabling us to be the good and kind people that Judaism most values.

Upcoming Youth Mental-Health Programs

- Introduction to Mindfulness: Self-Awareness and Skills to Manage Life's Daily Challenges
The first in a three-part series for parents with guest facilitator Maria Usewick; see flier on next page and mark your calendars now for Sunday, February 9, 9:15-10:15 a.m.
- SEL Faculty Workshop #2, with Jewish educator and SEL consultant Nancy Parkes — Sunday, March 1 (first workshop was November 3)

For the Well-Being of Our Kids – TBE Youth Mental-Health Initiative



A Sunday Workshop Series for Parents

Introduction to Mindfulness:

Self-Awareness & Skills to Manage Life's Daily Challenges

Part 1: Managing Life's Daily Challenges • February 9

Part 2: Cultivating a Personal Practice • March 22

Part 3: Putting It Together: Mindfulness for the Whole Family • May 3

All sessions are 9:15-10:15 a.m. at Temple Beth-El

Mindfulness helps reduce stress, manage thoughts, balance emotions, and foster greater compassion for self and others. Discover how mindfulness can help you manage the stresses of daily life and guide your children in developing lifelong healthy habits.



Series facilitated by Maria Usewick, OT, RYT, owner of Anchored Minds & Bodies, Bridgewater

Maria Usewick combines her experience as an occupational therapist with her practice as a certified mindfulness teacher in working with children, teens, and adults in various settings. To learn more about Maria and mindfulness, visit anchoredmindsbodies.com/about.

Standing Together at Sinai, Soul to Soul

For years, Barbara and Russ Johnston have been a fixture at TBE. They've been the friendly faces at the Bagel Cafe, Sisterhood and the temple choir. But what you may not know about the Johnstons is their special love story – not just for each other, but for Temple Beth-El, the community that first brought them together. Here's how they met and fell head over heels – first for Judaism and then for each other.

Barbara was raised in the Midwest with a strong Protestant background, but, she explains, "I promised my first husband, who was Jewish, that any children we had would be raised as Jews. So I first came to TBE seeking religious education for my son Mark." But after taking "A Taste of Judaism" and "Introduction to Judaism" classes from Rabbi Arnie, she found herself unexpectedly drawn to Judaism. "I fell in love with Judaism, which was much different than I expected, and converted in 1996," Barbara recalls.

Russ, for his part, grew up in Illinois. The eldest of three children, he describes himself as having been a moderate Protestant, playing the organ and teaching Sunday school. Like Barbara, Russ first came to TBE with a Jewish spouse. The concepts of "original goodness" in Judaism and tikkun olam, making the world a better place, both resonated with him. He began studying for conversion under Rabbi Gluck in 1997, relaying his story that year during the Reflection Service on Yom Kippur.

Meanwhile, Barbara had begun running a support group for Jews by choice, which Russ joined, and they both traveled with Rabbi Gluck on the congregational trip to Israel in December 1998. Some months later, both divorced by then, the Johnstons started dating, drawn together by their common interest in learning about Judaism and Israel and their love for TBE. Rabbi Gluck married them at TBE in April 2003. The Johnstons invited the whole congregation to the wedding.

"Our tradition teaches that all Jews, past, present and future, stood together at Sinai to receive the Torah, even Jews by choice. Russ and I always say that we must have been standing next to each other at Sinai, even though we didn't know it for much of our lives – until we both found Judaism and each other at Temple Beth-El. We both credit Rabbi Arnie's wonderful teaching for making us Jews, and Judaism is the foundation of our marriage and anchor for our lives," Barbara reflects.

In giving back to Temple Beth-El, the Johnstons have led an active, engaged life of service and volunteer work. Russ has served on the temple board, and sang for many years in the temple choir. "I was always a schlepper," he laughs. "For 10 years, I kept the cafe supplied with water, cream cheese, coffee and so on. When asked why I never held a higher office, I always said I was more suited to that role. And a congregation needs a lot of schleppers!" As someone who enjoys studying Torah and Hebrew, Russ also supplied the monthly Torah portion for the Shofar for many years. He loves the TBE community "and particularly its hugging spirit," he emphasizes. Barbara has served



on a number of committees; she is also very involved in Sisterhood and is currently Sisterhood treasurer. Both Russ and Barbara helped found the temple cafe in 2002, and still help Jay Taylor when they can. They have gone on several congregational trips to Israel with Rabbi Arnie (six times for Russ). You can see some of Russ' Israel photos in the kitchen hallway and the Beit Midrash.

The Johnstons have three children and four grand-children. Barbara's son Mark is married and lives in Jersey City. Russ' daughter Pam lives in Durham, N.C. with her husband and seven-year-old triplets. Russ' son Paul lives on Long Island, N.Y. He and his wife have a two-year-old son and a daughter on the way.

Russ strives to stay physically active and mentally challenged in retirement. He meets with a personal trainer twice a week and works on his family genealogy with ancestry.com. Barbara is a reader and crossword puzzle fan.

Since Barbara's retirement, the Johnstons spend winters in Florida, where they enjoy watching Netflix movies and keeping warm. To tide them over during the winter months, they attend services at Temple Beth El in Boca Raton. "It's a large congregation, very different from TBE," Barbara reports, "and it's not very 'huggy', so Russ misses his TBE hugs. Our hearts will always belong to our Temple Beth-El here in Hillsborough."

We miss you too, Barbara and Russ. See you in the spring!



Getting Through Tough Times

by Rabbi Hirschel Jaffe
TBE Congregant and the “Running Rabbi”

Pain, medicine, and depression were consuming me. The doctors told me I was winning my battle with leukemia, but I felt I was losing emotionally. The depression that had overtaken me seemed worse than physical disease.

As a rabbi I thought I had been trained to deal with depression. I was used to members of my congregation coming to me in times of suffering. People counted on me for comfort and understanding. Yet, here I was, unable to deal with my own depression.

Gradually, I was able to summon the strength within me. “God,” I prayed, “I’m trying to get up this mountain, but every time I get near the top, I get knocked down again. And, I’m not asking you to get me all the way to the summit, but could you hold my hand, and, please, don’t let me fall any further into the abyss?”

As I prayed, I searched for the divine spark within my spirit, for the power that I possessed, and which I believe all of us have. And within me I found goodness and radiance and warmth.

In the Jewish tradition, prayer doesn’t mean somehow finding God’s unlisted phone number or rubbing a magic lamp to bring forth a genie. It means looking into yourself, determining the meaning of your life, finding out what really is of value, and discovering what you believe. Prayer is the “self judgment” that empowers us to reach higher, search deeper, and be true to ourselves.

Here are my suggestions for lifting yourself up in times of adversity:

LET YOUR SPIRIT SING. You don’t need a designated place or specific words. Sometimes the song we sing is joyous; sometimes it is a lament. Sometimes the song is loud and strong; sometimes it is weak and weary. Be in touch with your feelings and help yourself by opening your heart.

BE YOUR SPECIAL SELF. The story of the creation of the first human being, Adam, reminds us that each of us is unique. Every human being represents the potential of the whole world.

I vividly recall the time when a young woman came to me talking about taking her life. She was very depressed and felt worthless. I told her that no matter how low a person sinks there is always something special and worthwhile in everyone. I took note of her smile, commented on her touching way of revealing her feelings, and told her that she was special. When she left my study I prayed I had said the right thing. Years later there was a knock on my study door. She had returned to thank me for helping her get through a very difficult time in her life.

In the Jewish tradition, prayer doesn’t mean somehow finding God’s unlisted phone number or rubbing a magic lamp to bring forth a genie. It means looking into yourself...

REMINDE YOURSELF WHAT REALLY MATTERS. When I was depressed in the hospital, I called to mind the good things in my life, what I had to live for. I pushed myself to remember Thanksgivings with my family, vacations in Colorado, running up the ski lift in Aspen, my daughter whirling around the ice skating rink. I thought of my wife and friends who were praying for me. I thought of the nurses who comforted me, and the doctors who struggled to keep me alive.

CONFRONT YOUR FEARS. When one of my congregants asked me, “What do I do in the middle of the night when no one is with me and I’m scared?” I told him, don’t try to run away and hide under the blanket. Sit up in bed and let all the nightmarish things happen right before your eyes. See everything that terrifies you. Then, when you have all this in front of you, acknowledge your fears. You have a right to feel frightened and depressed about awful things that

have happened. But then realize that despite all that you are still very much alive!

GIVE OF YOURSELF. After my illness, I rededicated my life to helping others, especially those with cancer. Someone is always in need, someone whose plight is worse than our own. By helping others we give meaning to our lives.

LEARN SOMETHING NEW. A young woman, the mother of four children, came to see me. She had recently been diagnosed with breast cancer. Along with her chemotherapy treatments, she treated herself to ski lessons. She wanted to experience something new to take her mind off her illness, to reaffirm her life. “There I was,” she told me, “hanging onto the tow rope, climbing that hill, exhilarated by being outside on a crisp winter day – thankful for the day, thankful for my life.”

Through my illness and depression, I learned to see the true worth within myself, to reflect on the meaning of my life, even to find meaning in my illness.

In a sense, my weakness made me a stronger person. I have learned that what “doesn’t destroy me, strengthens me.” Now, I empathize with other people in a way I was never able to before. I look for the goodness in people and in life. I look for the oneness of all humanity, and I find it.

When you are down, may you find strength in all you do and say and feel and think — and then the miracle will happen; the sun will shine for you; the world will once again be beautiful. Look for it. It will happen. I know.

*Originally published June 13, 2014 on Rav Blog
Reprinted with permission.*

Lifecycle

Our Condolences to

Jonathan Karp, on the passing of his beloved father, Michael I. Karp
 Debbie Engler, on the passing of her dear beloved, Betty Frost Eisner
 Gail Meyers, on the passing of her beloved husband, Ed Meyers
 Beverly Bober, on the passing of her beloved husband, Michael

Mazal Tov to

Mark and Grace Reynolds on their son Dylan becoming bar mitzvah on January 18
 Max Spinner, Michael and Wendy Spinner, and Ben and Jennifer Spinner on the arrival of Samuel Max Spinner, their great-grandson/grandson/nephew. (See the pinchable picture of Samuel on page ???.)
 Susan and Ed Steinfeld on their 50th wedding anniversary

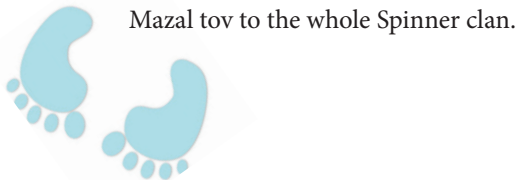
Welcome TO THE WORLD

Samuel Max Spinner

Arrived November 26

Proud parents Matthew and Jessica Spinner and older sister Madeline Rae

Samuel is the 13th grandchild of TBE congregants Michael and Wendy Spinner, the 15th great-grandchild of long-time TBE congregant Max Spinner, and the nephew of Ben and Jennifer Spinner.



Mazal tov to the whole Spinner clan.



Samuel Max Spinner

Our Caring Community

Keshet Network: For those who are unable to attend our worship and simcha events and some adult education classes, our video streaming service is the next best thing to being there. Navigate to new.livestream.com/OurBethEl from a personal computer or mobile device (apps are available for [apple](#), [android](#) and [roku](#) devices) for a list of upcoming and recent livestream events from Temple Beth-El.

Shiva Minyans: For a leader or participants, contact Amy Rubin.

Mitzvah Committee: To offer or request help, please contact Amy Rubin.

Ladles of Love: (New initiative of soup or bread to lift the spirit): To offer to help deliver care packages or to suggest someone who might need a little extra love, contact Andrea Bradley, abradley616@gmail.com.

In the event of a loss during the evening or on the weekend, call Rabbi Gluck at 908-722-0674, ext. 311, or 908-229-1618.

To share your family's news in the Shofar, call Dina Fisher in the temple office. Please contact Dina with information about significant occasions, hospitalizations, or the loss of a loved one.

Prayer for Healing Cards: Cards are available in the temple lobby to let those in need of healing know that their names were included in our Mishebeirach prayer. The cards can be mailed as postcards by writing the address over the Temple Beth-El watermark or directly inserted into get well cards.

Acts of Tzedakah

General Donation

Contributions to this account are used where they are needed most, and often make special programs possible.

Suzy Wigod
In memory of Elaine Roth
Bobbie D'Angelo
In memory of Dorothy Wallin
Terry and Ann Wallin
In memory of Papa Jack
Lee Rosenfield
In memory of Brian Kanterman
Stanley and Tina Kanterman
In memory of Ed Meyers
Sheri Urowsky
In honor of Spirituality Group
Sabine Molander
In appreciation of the Membership Committee
Arthur Schneider and Eiko Ko
In appreciation of the Maizel family
Lorraine Neuhauser

Rabbi Gluck's Discretionary Fund

Your contribution will enable Rabbi Gluck to assist congregants in need and support important causes.

In memory of Ed Meyers
Gary and Ellen Bailin
In memory of Ed Meyers
Jeannette and Ed Tuckman
In memory of Michael Bober
Beverly Bober
In honor of Rabbi Gluck
Steve and Jody Berkowitz
In memory of Jeffrey S. Rugg
Stuart and Edith Rugg

Jules Swickle Chesed Fund

Your gift to this fund, created in honor of one of our founding members, will enable acts of loving kindness for those in need.

In memory of Ed Meyers
Robin and Larry Osman
In appreciation of Temple Beth-El
Dan and Rebecca Guss

Memorial Fund

Your contribution will support the ritual life of the congregation.

In memory of Ray Taub
Goldie Taub
In memory of Ed Meyers
Linda Paulanski
In memory of Ed Meyers
Charles and Madelyn Okun
In memory of Marshall Paulanski
Linda Paulanski
In memory of Bernice Skowronek
Joshua and Marion Skowronek
In memory of Jeff Peck
Kevin and Jacki Skole
In memory of Dora Kirsch
Stanley Mendelson
In memory of Harry Brody
Bruce and Revalee Brody
In memory of Gustave Kaitz
Bruce and Revalee Brody
In memory of Manuel Erb
Eva Erb
In memory of Ira Tiplitz
Matt and Andrea Wolkofsky
In memory of Claudia N. Johnston
Russ and Barbara Johnston
In memory of Lena Holzer, Dorothy Orgel, Doris Orgel, and Julius Orgel
Phyllis and David Feinblum
In memory of Walter Greenbaum
Robert and June Greenbaum
In memory of Howard Gross
Carol Ahlert
In memory of Harold Arens
Bob and Margo Siroty
In memory of Judith Cohen
Edward and Jeanette Tuckman
In memory of Roslyn K. and Leonard K. Eber
Beth and Robert Moran
In memory of Esther Skowronek
Joshua and Marion Skowronek

Youth Scholarship Fund

Your gift will support a wide range of programming for our Youth Group.

In appreciation of Temple Beth-El
Keith Holler
Ken Rubin
Jack Friedman
Kevin Skole
Jason Shapiro
Harry Mynick
In memory of Ed Meyers
Evelyn Silverstein

Prayerbook Fund

Your gift will fund the purchase of new, and the repair of, well-used worship materials.

In memory of Florence R. Levenson
Stuart and Edith Rugg
Israel Scholarship
In memory of Ed Meyers
Sanford and Sharon Rothbard

Cultural Arts Fund

Your contribution will support programs related to art, culture, food, dance, etc.

In memory of Ed Meyers
Martin and Zina Wolin

Library Fund

Your gift will enable the acquisition of new books and media, and support the upkeep of the library collections.

In memory of Ed Meyers
Elaine Krantz

Special Needs B'nei Mitzvah Fund

Your donation will support special needs students in preparation for their bar/bat mitzvah.

In memory of Ed Meyers
Marcy and Alan Rosenfeld

Temple Beth-El has many funds available to which members can contribute. Donations to these committed funds help support Temple programs and enable us to continue to maintain a high level of programming for our community.

- Adult Education
- Ariel E. Malberg Social Action Fund
- Beautification
- B'nei Mitzvah Special Needs Fund
- Brotherhood Youth Scholarship
- Cantor's Discretionary Fund
- Cultural Arts
- Garden
- General Fund
- Holocaust Education
- Israel Matters
- Israel Scholarship Fund
- Jules Swickle Chesed Fund
- Kesher Network
- Library
- Mazon Hunger Fund
- Memorial
- Prayer Book
- Rabbi Gluck's Discretionary Fund
- Religious School Enrichment
- Religious School Scholarship Fund
- Yad Chazakah Fund
- Youth Activities

TBE Donates a Torah Mantle to Women of the Wall

Women of the Wall is collecting no-longer-used Torah mantles.

In the month of Sivan, Jews celebrate Shavuot – the holiday on which the Jewish people received the Torah. WOW is organizing a parade on Rosh Chodesh Sivan (Sunday, May 24, 2020) into the Western Wall plaza, with girls and women carrying empty Torah mantles as a symbol of what women have been denied. TBE's old Torah mantle will take its proud and rightful place among the WOW warriors.

WOW's goals include achieving "4 Ts" for women. Three Ts have been accomplished: the right for women to wrap tallit, to wear tefillin, and to hold tefillot – praying out loud and as a group at the Western Wall. The fourth T remains beyond WOW's grasp: access to Torah scrolls for women. The male-dominated, ultra-Orthodox governing body at the Western Wall prohibits women from bringing in, holding or reading from a Torah – under the guise of religion. It is widely known that there is no basis in Jewish



Members of TBE's Sisterhood proudly display the Torah mantle bound for Israel and the Women of the Wall.

law for this ruling; it is simply a means of control and manipulation.

Before shipping off our Torah mantle, a group of TBE women gathered to display it one more time. We are proud to support Women of the Wall's continuing efforts to legitimize prayer access for women and egalitarian prayer at the Western Wall.

**Join us
as we
celebrate
Purim!**

All are welcome!



**Megillah Reading
and the Purim Spiel**

March 9, 7:00 p.m.

Mark your Calendars!!

Purim Carnival

March 15, 11:00 a.m. to 12:30 p.m.

(opens at 10:30 for the littlest kids up to kindergarten)

What will the Purim spiel theme be this year?

Inquiring minds want to know.

Pop music? Pop culture? Comedians? Parodies? Memes?

Stay tuned....



Ladles of Love Recognition at the URJ Biennial

We are so pleased to share that TBE's program, Ladles of Love, received special recognition at the Union for Reform Judaism Biennial in Chicago last month. Ladles of Love was one of several programs featured on posters on display throughout the Biennial. Andrea Bradley, the coordinator of the program, answered questions about the program during a reception.

Ladles of Love is a program that brings together volunteers to make soup and sweet breads, which are later delivered to congregants who need a little extra love. If you know someone who would benefit from a care package, contact Amy in the temple office.

<https://www.ourbethel.org/engage/groups/ladles-of-love/>



Jewish Hospice Care



- Excellent Nurse to Patient Ratio
- Home Health Aide Support for Family
- Bereavement Support Monthly Meeting
- Complementary Chicken Soup plus Harp and Massage therapies



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Caren Bateman

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fax (732)-574-3447

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Honorable Menschen



Summer to Fall 2019

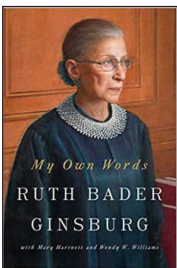
Our mini-golf outing was a big success thanks to the tireless efforts of three delightful women: Dana Shapiro, Jodi Smith, and Andrea Dean. Leading up to the event, a small army of volunteers canvassed area businesses for donations to create a wonderful array of gift baskets. The event drew individuals and families to an afternoon of fun in the sun, or on the course, or in the golf simulator. And the best part is that Dana, Jodi and Andrea became such good friends in the process. They were true leaders – modeling careful planning, hard work, and friend-making. Kudos to them and their team of volunteers for putting together a great event and for enjoying themselves in the process.

Fall to Winter 2019/2020

Ryan Maizel and Jason Shapiro earned the designation of Honorable Menschen thanks to their efforts to upgrade the temple's WiFi. Recently, the several aging WiFi networks were replaced with a single network that covers the entire building and runs on commercial grade equipment with significant capacity. Now, staff and guests can access the WiFi anywhere in the building, and move to any other location in the building, without having to reconnect. Staff members now have the added benefit of access to a printer network, so mobile printing or printing from laptops is streamlined. The WiFi password is prominently posted in the temple lobby. Thanks, Ryan and Jason, for improving our efficiency!



TBE Reads



My Own Words by Ruth Bader Ginsburg
January 14, 7:15 p.m.

The New York Times bestselling book from Supreme Court Justice Ruth Bader Ginsburg—“a comprehensive look inside her brilliantly analytical, entertainingly wry mind, revealing the fascinating life of one of our generation’s most influential voices in both law and public opinion”

(*Harper’s Bazaar*).

My Own Words “showcases Ruth Ginsburg’s astonishing intellectual range” (*The New Republic*). In this collection Justice Ginsburg discusses gender equality, the workings of the Supreme Court, being Jewish, law and lawyers in opera, and the value of looking beyond U.S. shores when interpreting the U.S. Constitution. Throughout her life Justice Ginsburg has been (and continues to be) a prolific writer and public speaker. This book’s sampling is selected by Justice Ginsburg and her authorized biographers Mary Hartnett and Wendy W. Williams, who introduce each chapter and provide biographical context and quotes, gleaned from hundreds of interviews they have conducted.

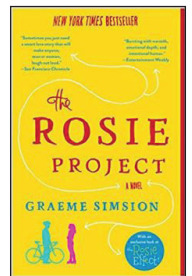
Witty, engaging, serious, and playful, *My Own Words* is a fascinating glimpse into the life of one of America’s most influential women and “a tonic to the current national discourse” (*The Washington Post*).

The Rosie Project by Graeme Simsion
March 3, 7:19 p.m.

The international bestselling romantic comedy “bursting with warmth, emotional depth, and...humor,” (*Entertainment Weekly*).

But the art of love is never a science: Meet Don, a brilliant yet socially inept professor of genetics, who’s decided it’s time he found a wife. In an orderly, evidence-based manner, Don designs the Wife Project to find his perfect partner: a 16-page, scientifically valid survey to filter out the drinkers, the smokers, the late arrivers.

Rosie Jarman possesses all these qualities. Don easily disqualifies her as a candidate for The Wife Project. But Don is intrigued by Rosie’s own quest to identify her biological father. When an unlikely relationship develops as they collaborate on The Father Project, Don is forced to confront the spontaneous whirlwind that is Rosie and the realization that, despite your best scientific efforts, you don’t find love: it finds you.



RSVP to Debbie Herman at TBEReads@templebethelnj.org

Brotherhood

Temple Beth-El's Brotherhood is almost halfway through its calendar year, and it was a busy fall with social, learning and community service activities.

- After the High Holidays, we did some manual work of putting up and taking down the sukkah. Thanks to all who helped out, especially Simon Stark for leading the charge. We surely got a workout! I encourage anyone who has not done this mitzvah to join us next year. It's a great family activity for the fall.
- We also hosted a few social gatherings at The Landing and Petrocks for brothers to mingle and catch up with each other – and we did watch a little football (but for those who are not football fans, it is really not about football).
- In November, we reintroduced our annual Torah study bagel breakfast with Ed Tolman after a year hiatus. About a dozen of us participated in a lively discussion about whether Abraham and Sarah were good role models (husband/wife, father/mother, community leaders). Thank you, Ed, for your insights with this program – it did not disappoint! As I mentioned in a previous communication, this learning activity does not require previous Torah knowledge, just your opinion of how this portion relates to the discussion at hand. It's fun, we feed you and you might like this aspect of our programming.
- Brotherhood also co-sponsored a used bike drive with the Sathya Sai Center of Bridgewater, one of the religious groups that meets at TBE. Brian Wood, a past Brotherhood president, organized the event beautifully. Volunteers prepared the bikes for shipping and provided donation receipts to our donors. We had a great response from both communities, collecting 65 bikes and two sewing machines. The representative from Pedals for Progress said that these donations will change people's lives, as this will be a primary mode of transportation for many people. A big thanks goes out to both our communities for making a difference in this world.
- Finally, we ended with another community service project for our religious school – making latkes to celebrate Chanukah. Thanks to Gary Cohen and RC Fine Foods for donating the potato latke mixture and to all the brothers and prospective brothers who came out to prep, fry and serve these delectable treats to our hungry students.

The fun does not stop here. We are thinking out of the box this year and decided to co-sponsor an event with Sisterhood and Jewish LIFE on January 26 (some of our Brotherhood membership contributions will help pay for this cost). We've never done this before, but we hope you will come out and support this program: The Last Jewish Gangster. Nope, that is not a typo. We wanted to bring something engaging and different for the entire

community. This will kick off at 9:00 a.m. with a breakfast provided by TBE's Sisterhood/Brotherhood, followed by the speaker and book signing. The event is free to the community, so spread the word. Later in the winter, we are also planning to have a joint Brotherhood/Sisterhood social event. Look for details in an upcoming TBE newsletter.

We purposely planned a variety of social, learning, fundraising and community service activities throughout the year to appeal to our existing and prospective members. If you have not joined us, I am extending a personal invitation for you to come to an upcoming program to give Brotherhood a try. For those who have joined us on one or many programs, your feedback is always welcome. You can send that communication directly to me at shelstept@comcast.net.

Wishing everyone a healthy and happy secular New Year.

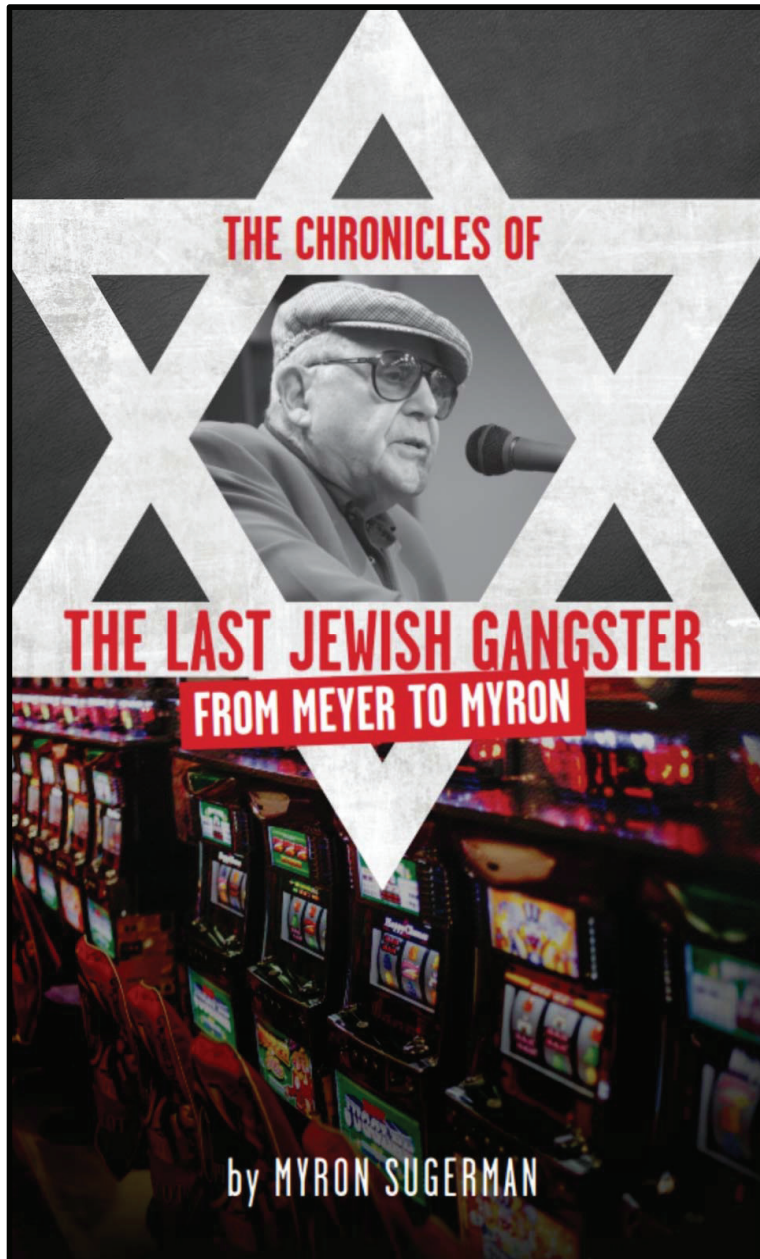
L'Shalom,

Sheldon Stept
Brotherhood President



Temple Beth-El Sisterhood, Brotherhood & Jewish LIFE Breakfast

Featuring



MYRON SUGERMAN *THE LAST JEWISH GANGSTER*

**FROM MEYER TO MYRON
JANUARY 26, 2020
9:00 AM**

Myron Sugerman's memoir, *The Last Jewish Gangster: From Meyer to Myron*, is more than just a riveting account of the author's nearly 60-year career as an international outlaw in the field of slot machines and casinos. It is also a fascinating meditation on aging, respect, adventure, greed and a man's tendency to be his own worst enemy.

Mr. Sugerman's presentation and Q&A promise to be informative and very entertaining. This is one not to be missed!

This complimentary breakfast is co-sponsored by Temple Beth-El's Sisterhood and Brotherhood, and Jewish LIFE: Learning Is For Everyone.

Registration is required

RSVP to Fern Jurgrau: tbepitafern@gmail.com, Karen Kaplan: karen@repsfitnesssupply.com, or call Temple Beth-El, 908-722-0674, located at 67 US Highway 206, Hillsborough, NJ 08844

Cultural Arts

Cultural Arts Happenings

Spiritual Israeli dancing is now in its 15th year at TBE. We kicked off 2020 on Jan. 2 with our professional dance instructor, Sara Alter.

Sara has been teaching Israeli dance for more than 25 years to people ages 2 to at least 80. Join us for some energetic movement on our new dancing floor. Remember, the first dancing session is FREE for newcomers. You will lose yourself in the rhythms and spirituality of the tuneful music and feel great as your endorphins kick in! Wouldn't it be nice to feel happy, and lost in the pleasure of the moment!!

Israeli dancing is every Thursday from 7:30 to 9:00 pm, except holidays. Each session is \$15 at the door, or you may prepay for five sessions — \$50 for five sessions. Please ask Simona how and when to prepay.

The Cultural Arts Committee hopes to enhance your joy and pleasure, knowledge and health as you participate in Jewish cultural life programs.

L'shalom,

Simona Rivkin

Cultural Arts Committee
Temple Beth-El

Israeli Folk Dancing

with Ruach

**Put joy in your heart and jump in your step
It's the best workout for mind, body, and soul!**

**Thursdays, 7:30 p.m. to 9:00 p.m.
(except Holidays)**

TO DANCE IS TO LIVE!

Newcomers: First class is FREE

\$15 per class, or prepay for a series to save.

Questions? Contact Simona at Bakerec@comcast.net

Let's Hear It for Hamantaschen!

It's Purim time! Get out your groggers, dust off your funny hats, and roll up your sleeves....what? Yes, Purim also means baking up some delicious hamantaschen treats. Tired of the usual suspects? Try out these fresh takes on

our holiday favorite. One is decadent and one is healthy-ish, but both of these are guaranteed to bring some smiles to your loved ones' faces.

Peanut Butter Filled Brownie Hamantaschen

Our own Robin Osman is famous for making these delicious hamantaschen, which are like the Purim version of Reese's peanut butter cups.

Makes 5-6 dozen

Ingredients

Dough:

6 ounces melted chocolate, slightly cooled
2 sticks (1 c.) butter or margarine
1 c. sugar
1 c. brown sugar
2 eggs
2 tsp. vanilla extract
1 tsp. baking soda
1 tsp. baking powder
 $\frac{3}{4}$ c. cocoa powder
2½ c. flour

Filling:

1 stick ($\frac{1}{2}$ c.) butter or margarine
1 c. creamy peanut butter
1 c. confectioner's sugar

Directions

Preheat oven to 350°. Line a cookie sheet with parchment paper and set aside.

Melt the chocolate (preferably double boiler style) and set aside to cool slightly while starting the dough.

In the bowl of an electric mixer, beat together the butter/margarine and sugars on medium speed, until creamy. Add the eggs, vanilla, baking soda, baking powder and melted chocolate and beat until combined.

Turn the mixer to low, add the cocoa powder and flour, slowly, and mix until just combined. The texture will be that of a stiff dough.

To make the filling: combine all ingredients until smooth. It may be easiest to do this with a mixer, but you can definitely do it by hand as well.

To assemble the hamantaschen: Lightly flour a work surface, and roll out the dough to about $\frac{1}{8}$ inch thickness. A little thicker is fine, but if the dough is too thick it will be hard to shape.

Cut circles of the dough using a circle cookie cutter or the bottom of a glass. Place about a half teaspoon of the peanut butter filling in the center. Do not overfill.

Bring the three sides of the circle together to form the hamantaschen shape. Pinch the edges together tightly.

Place the hamantaschen on the tray and repeat with remaining dough and filling. Leave a bit of room between the hamantaschen to allow for spreading.

Bake the hamantaschen at 350° for 10 minutes.

Note: If you find the dough too loose to shape, add up to 1 cup additional flour. Start with half a cup and go from there. This dough is not the easiest to work with, but the end result is so worth it! Enjoy!

Not a huge peanut butter fan? Fill these with chocolate hazelnut spread, such as Nutella or Delinut, for a double chocolate experience you won't forget anytime soon!

Source: Miriam Pascal, via OvertimeCook.Com





Green Tea Hamantaschen

Instructions

In a large bowl, mix together the eggs, sugar, oil, and lemon juice and mix well.

Add the green tea powder and mix well. Add the flour and salt and mix until the dough comes together.

Cover the dough with plastic wrap and leave it in the fridge for one hour to firm up.

Preheat oven to 350°F (180°C). Line two or three large cookie sheets with parchment or silicone baking mats, or plan to bake in batches. Divide the dough in half.

Take another two pieces of parchment paper and sprinkle flour on one, place one dough half on top, and then sprinkle a little more flour on top of the dough. Place the second piece of parchment on top of the dough and roll on top of the parchment until the dough is about ¼ -inch (6-mm) thick. Every few rolls, peel back the top parchment and sprinkle a little more flour on the dough.

Use a 2- to 3-inch (5- to 8-cm) drinking glass or round cookie cutter to cut the dough into circles. Use a metal flat-blade spatula to lift up the circle of dough and place it on another part of the flour-sprinkled parchment paper.

Place up to 1 teaspoon of jam in the center of the dough circle and then fold the three sides in toward the middle to form a triangle, leaving a small opening in the center. Pinch the three sides together very tightly. Place on the prepared cookie sheets.

Repeat with the remaining dough and roll and cut any dough scraps, making sure to sprinkle a little flour under and over the dough before you roll.

Bake for 14 to 16 minutes, or until the bottoms are lightly browned but the tops are still light. Slide the parchment onto wire racks to cool the cookies. Store in an airtight container at room temperature for up to five days or freeze for up to three months.

Source: Paula Shoyer, as featured in The Times of Israel, Feb. 15, 2015.

Green tea is an antioxidant and believed to reduce the risks of cancer and heart disease, so this is a hamantasch that is also good for you. These are filled with apricot jam, but you can substitute any flavor you like. You can find kosher-certified green tea powder (matcha) online.

Makes 3 dozen

Ingredients

Dough:

3 large eggs

1 c. (200g) sugar

½ c. (120 ml) canola or vegetable oil

1 tsp. fresh lemon juice

2 tsp. green tea powder

3 c. (375g) all-purpose flour, plus extra for dusting

Dash salt

Filling:

1 c. (320g) apricot preserves

Ritual

Share your Joy and Blessings — Host an Oneg

Hosting a Friday night oneg is a wonderful way to celebrate a special birthday, anniversary, baby naming or other special occasion with the congregation. Hosting is also an excellent way to build community with fellow congregants. The following dates are available for committees, families or individuals to host and, no worries, instructions will be provided!

1/10/20

1/31/20

2/14/20

2/21/20

5/29/20



If you are interested, please contact Jodi Siegal at jsdegonzalez@gmail.com or 908-541-1170.

Renaissance Happenings



The Scoop

Gratefully, we say thank you to Susan and Ed Steinfeld, who made us all feel welcome as we gathered at their comfortable residence to celebrate Chanukah together. We enjoyed this opportunity to mingle with our newest members of Renaissance, sample members' tasty luncheon dishes, and later play a party trivia game. Harriet opened the floor to the business of event suggestions for our 2020 calendar. Future plans were discussed, and ideas exchanged, so stay tuned. As always, we encourage your creative suggestions as new event possibilities present themselves.

Esther Wallach
Renaissance Group

The Renaissance Group is a 50+ social group that gets together to share interests, experiences, and activities. New membership is welcomed! Should you wish additional information about the group, or want to contribute to the Renaissance Happenings column, we welcome your submissions on a learned experience or human interest story. Please contact Harriet Thaler at 908-788-0269 or thalerz@embarqmail.com.

Upcoming: Mark Your 2019 Calendars

2:00 p.m., Saturday, April 18: THR @ Raritan Valley Community College: Shadows of the 60s

This performance pays tribute to the legendary stars of Motown, such as The Supremes, The Four Tops and The Temptations, as well as Smokey Robinson, Marvin Gaye, Gladys Knight & The Pips, and many more. Interested in the show and to meet up post-performance for dinner? Email your interest to Eileen Ruderman (musiczgrt@aol.com). Tickets are \$30-\$40, minus a senior discount of 10%. Please contact the RVCC Theatre box office directly at 908-526-1200.

New Members

Welcome to our new members: Margo and Robert Siroty, and Phyllis and David Feinblum.

"Let our New Year's resolution be this,
we will be there for one another
as fellow members of humanity,
in the finest sense of the word."
Goran Persson

Sisterhood

Below: Kim Beman and Barbara Johnston assembled baskets of food collected by Religious School and Sisterhood. Thank you to our congregation!



Above: Margo Siroty (new temple and Sisterhood member on left) and Barbara Johnston (on right) deliver Thanksgiving baskets to Karen Donohue, Director of Volunteer Services at Interfaith Hospitality Network of Somerset County (and TBE congregant).

Sisterhood

Come Connect With Sisterhood!

Sisterhood Woman of Valor 2019/20

Jodi Siegal

Sisterhood held its annual Woman of Valor dinner on Dec. 19, 2019, honoring Jodi Siegal. Approximately 50 Sisterhood members attended the dinner to honor Jodi, whose commitment to community is evidenced by her many activities at TBE since becoming a member in 2000.

Jodi is a TBE board member, a spirituality counselor on the Oversight Committee, Ritual Committee member and the oneg coordinator. She also has served on the Social Action Committee and the now-defunct Family Programming Committee. Jodi also coordinates the annual TBE Blood Drive, which this year will be conducted on Sunday, March 22.

"I believe in community," Jodi said. "You've got to be part of your community. I think there's a niche for everyone. I've always been active in the Jewish community wherever I've been."

Jodi grew up in California and attended religious school at the Wilshire Boulevard Temple in Los Angeles. "Temple instilled in me the value of being part of a Jewish community," Jodi said.

After attending college in Utah, where she met her future husband Oscar, Jodi returned to California and then moved to Mexico for a decade with Oscar before they came east to Massachusetts, where Oscar completed his Ph.D. The couple now lives in Bridgewater and has two grown children on the West Coast, Joshua and Hannah.

Jodi says she is honored to be Sisterhood's Woman Of Valor and is focused on her next set of goals — broadening



TBE's volunteer base by helping fellow congregants find their niche for activities.

"I really respect and admire the women of our congregation who give so much of themselves in many ways," Jodi said.

The Woman Of Valor event is an annual highlight on the Sisterhood calendar. The event for Jodi featured a delicious and plentiful Italian dinner catered by Alfonso's in Hillsborough, with desserts provided by Sisterhood members. As part of the special evening, Sisterhood collected contributions in Jodi's honor, for Safe + Sound of Somerset County (formerly the Women's Resource Center). Sisterhood matched all donations, dollar for dollar.

Sisterhood thanks Jodi for all she has contributed over the years and all she continues to do, in her devoted and loving way, for Temple Beth-El and the greater community.

Women's Torah Talk

The next Women's Torah Talk for Sisterhood members is scheduled for Jan. 22 at the home of Michele Holler, 11 Lorien Place, Hillsborough. Join Donna Tischfield as she leads a lively conversation.

Women's Torah Talk is a casual version of Torah study that is easy to relate to on a personal level. Come to the discussion even if you haven't read the portion. All will be welcome to join the conversation. Please email your RSVP to Gayle Skolky at gskolky@gmail.com. Torah Talk is one of the exclusive benefits of Sisterhood membership. Women may join Sisterhood at Torah Talk.

Sisterhood, Brotherhood, and Jewish LIFE Breakfast January 26, 2020 — 9:00 a.m.

Come to a casual breakfast and hear Myron Sugerman, The Last Jewish Gangster, speak at the breakfast.

The event will begin at 9:00 a.m. The event is free and membership in either group is not required. Please join us for bagels, juice, coffee, tea, and other baked goodies. We hope to see you there. [See the flyer on page 16.](#)

Sisterhood/ Brotherhood Social Event February 29, 2020 7:00 p.m.

Mark your calendars and watch for further details about a wonderful event planned by Sisterhood and Brotherhood. We will spend an evening together socializing and having fun.

Social Action

Repairing the World...One Mitzvah at a Time!

Tops on Your List

The results of our social justice survey are in! With about 10 percent of families participating, the issue of greatest concern to Temple Beth-El congregants is gun safety, followed closely by environmental justice and immigrant justice. Gun safety laws in New Jersey are among the strongest in the country, so there is not much advocacy work going on locally for that issue. We are looking to the Religious Action Center for guidance on how best to work on gun safety issues at the national level.

In the meantime, we are focusing on the congregation's other top priority, the environment. Accordingly, this year's

Social Action Service, to be held on Jan. 17, will feature guest speaker Heidi Fichtenbaum, a Princeton architect who will present on how we can encourage our local municipalities to construct more sustainable affordable housing to fulfill their Fair Share Affordable Housing obligation.

Ms. Fichtenbaum is a registered architect and a LEED-accredited professional since 1999. She has led the effort to integrate sustainable design on numerous architectural projects in New Jersey, including the Willow School,

Continued on next page

Interfaith Hospitality Network

Leigh Freeman, Coordinator — IHN / Temple Beth-El

Our next hosting date is Feb. 2-9

2019-2020 IHN Hosting Schedule

Feb. 2-9	Apr. 19-26
Jun. 7-14	Aug. 2-9

The Interfaith Hospitality Network of Somerset County (IHNSC) is a not-for-profit organization that provides many layers of services for homeless families with children. IHNSC provides a valuable service, as most other programs for homeless families do not provide the range of services to families with children.

Temple Beth-El hosts clients of IHN six times a year, approximately February, March or April, June, August, October or November and December. The families call Temple Beth-El "home" for a week and our volunteers give

their time to assure that the families have a warm and welcoming stay with good food, compassion, play, and lots of good conversation.

Getting involved requires only a few hours from one to six times a year...you choose your level of involvement. Every volunteer is an important mentor to our IHN families.

Please visit <https://tinyurl.com/TBEIHND2019> or call the appropriate coordinator listed below to schedule a volunteer shift. Always check the IHN Coordinators Contact List in each issue of the Shofar, as it's possible that there have been changes. **Each volunteer is expected to honor their commitment to the IHN hosting week. If a volunteer is unable to fulfill their commitment, they should contact another volunteer and swap dates.**

IHN Coordinators Contact List

Function	Name	Main Phone	Other Phone	Email Address
Coordinator	Leigh Freeman	908-359-2724	908-391-1397 (c)	dancer.leighfreeman@att.net
Dinner Shift Volunteers	YOUR NAME HERE			
Evening Shift Volunteers	Julie Hirsch	732-580-8246		jbghirsch@gmail.com
Overnight Shift Volunteers	Sharon Sietz		908-256-6483	sharon.sietz@gmail.com
Meals	YOUR NAME HERE			
Food/Supplies	Mara White	908-231-1518	301-704-6066 (c)	mara@alumni.brown.edu
Linen Pick-Up	Cindy Andrews		908-635-6858 (c)	cjrandrews@gmail.com
Set-Up/Breakdown	David Cohen	609-683-5766		david@decarchitect.com
IHNSC/Day Center	Karen Donohue	908-704-1920	908-217-0217 (c)	karen@ihnsc.org

Social Action, continued from previous page

Fairleigh Dickinson University's Monninger Center and The Watershed Institute Center. She was a founding board member of Sustainable Princeton, helping to develop and promote Princeton's Sustainable Community Plan, and participated on Sustainable Princeton's Energy Subcommittee for the recently adopted Climate Action Plan. She has served on the Princeton Environmental Commission since 2011 and is currently serving as vice chair and a member of the Development Review Committee. Currently, Ms. Fichtenbaum is the senior project manager at Fairleigh Dickinson University's

Metropolitan and Florham Park campuses, guiding all capital projects and developing facility sustainability goals and standards. She was recently appointed the chair of the Facilities' Sustainability Working Group. Her advocacy for sustainable design has impacted building projects and developed awareness among her colleagues and the public, raising the level of understanding and commitment in the area of ecology and sustainable architecture.

Please join us as we learn how to pair our concern for the environment with our commitment to providing economic justice, in the form of housing for all who are in need.

College Connection

The College Connection team was at it again! They created fun care packages for our community's young people who were far from home. Some sweets and treats and ways to keep fingers and toes warm in the winter.

If your kid is off to college and not yet in the program, contact Cindy Scott, ChairCollegeConnection@TempleBethElNJ.org.



Israel Matters



**Rabbi Gilad Kariv
on the World Zionist
Congress Elections**

**Breakfast and Discussion
Sunday, January 19
10:00 a.m.**

Rabbi Gilad Kariv, president of the Israeli Movement for Reform and Progressive Judaism, returns to TBE to launch our participation in the World Zionist Congress elections.

RSVP to DinaFisher@TempleBethElNJ.org
or 908-722-0674, ext. 312.



VOTE REFORM
#VoteReformWZC

World Zionist Congress Elections - January 21 to March 11, 2020

Yahrzeits J a n u a r y

[Click here to return to Page 1](#)

We extend our deepest sympathy to those of you who will be marking a loved one's Yahrzeit in the coming month. Below are the dates for the Yahrzeits we will be reciting during Shabbat services.

To be read January 3:

Samuel Attner, father of Paul Attner
Barney Walitsky, father of Paul Walitsky
Sylvia Applebaum, grandmother of Seth Goldstein
Donald Gorka, stepfather of Wendy Horowitz
Benjamin Wilson, father of Jeffrey Wilson
Marvin Siegel, father of Craig Siegel
Jack Vogel, father of Dana Colon
Mildred Trachtenberg, mother of Alta Malberg
William Margulis, husband of Arleen Margulis
Edward Reynolds, father of Mark Reynolds
Gustave Kaitz, father of Revallee Brody
Claudia N. Johnston, sister of Russ Johnston
Dora Kirsch, mother-in-law of Stanley Mendelson
Evelyn Weinberger, mother of Daniel Weinberger
Irving Glatt, father of Evelyn Silverstein
Lena Holzer, grandmother of Phyllis Feinblum
Edythe Schrier, sister of Sally Rosen
Elaine Roswell, sister of Arthur Roswell
William Levine, grandfather of Jeremy Bloch
Howard Richman, great uncle of Lynn Small
Doris Orgel, mother of Phyllis Feinblum
Beverly Yourman, mother of Amy Berger
Evelyn Southland, mother of Stuart Southland
Jackie Spinner, wife of Max Spinner and mother of
Michael Spinner
Marshall David Paulanski, husband of Linda Paulanski
Jack Spinrad, father of Marcy Rosenfeld
Amy Garthly, mother of Amy Rubin

To be read January 10 and 11:

Harold Sharlin, brother-in-law of Goldie Taub
Charles Toborowsky, father of Robert Taber
Esther Rubin Polokoff, grandmother of Kenneth Rubin
Irving Cooperman, father of Frances Taber
Gladys Goldberg, mother of David Goldberg
Betty Weiss, mother of Michael Weiss
Rose Della Ventura, grandmother of Stephen Swinick
Ruth Stein, mother of Mitchell Stein
Miriam Cartine, mother of Julie Caliman
Abraham I. Tucker, brother of Barbara Cohen
Julian Freedman, stepfather of Cindy Weiss
Maurice Greenberg, father of Elaine Krantz
Richard Katz, father of Pauline Schneider
Fryderyk Wojcik, father of Annie Heimberg
Justin Galler, husband of Pat Galler
Milton Levenberg, father of Richard Levenberg
Mark Steven Wolin, son of Martin and Zina Wolin
Harry Brody, father of Bruce Brody
Alan Schneider, husband of Pauline Schneider
Eleanor Attner, mother of Paul Attner

To be read January 17 and 18:

Helen Bernstein, great-aunt of Keith Holler
Michael Zerring, brother of Judith Goldberg
Joseph Silverman, father of Lloyd Silverman
Muriel Levitt, mother of Laura Miller
Nathan Spinner, brother of Max Spinner
Mary White, mother of Michael White

Ina Roistacher, grandmother of Mara White
Rebecca Cohen, mother of Saul Cohen
Leon Blitman, stepfather of Mara White
Larry Hillman, father of Lillian Swickle
Ida Okun, mother of Charles Okun
Toby L. Allaway, sister of Carol Levison
Wesley Goldman, father of Shari Albin
Vicki Feinblum, wife of David Feinblum
Margaret Levine, grandmother of Jeremy Bloch
Brian Ruderman, husband of Eileen Ruderman
Rebecca Wolinsky, grandmother of Ann Wallin
Barry Adler, father of Derek Adler
Giesela Foss, mother of Bernard Foss

To be read January 24 and 25:

Bob Friedman, brother-in-law of Lillian Swickle
Irvin Goldman, brother of Shari Albin
Libby Rita Friedman, mother of Neil Friedman
Rebecca Spevack, mother of Gail Wohl
Sol Goldberg, father of Michael Goldberg
Celia Shubitz, grandmother of Gerald Shubitz
Dr. Raymond Taub, husband of Goldie Taub
George Rugg, father of Stuart Rugg
Annaliese Stuart, aunt of Robert Adler
Stella Birnbaum, aunt of Linda Paulanski
Harry Schwartz, uncle of Sylvia Rubin
Anna Herskowitz, grandmother of Helene Fine
Ben Lavin, father of Liz Cohen
Fannie Febesh, mother of Ilene Rothschild
Gussie Osman, grandmother of Larry Osman
Sophie Brown, mother of Marvin Brown
Bernard Simon, father of Carol Landesman
Howard Strand, father of Thomas Strand
Max Adler, father of Robert Adler
Jack Cudzynowski, uncle of Joseph Cudzynowski

To be read January 31 and Feb 1:

Harry Bernstein, grandfather of Amy McBride
Carole Vitelli, mother of Scott Richard
Ethel Tischfield, mother of Jay Tischfield
Albert Waldorf, father of William Waldorf
Edward Klein, father of Leslie Klein
Charles Lowenthal, grandfather of Lynn Small
Richard Schiff, uncle of Rick Miller
Reba Wolin, mother of Martin Wolin
Lawrence T. Bernstein, uncle of Amy McBride
Shalom Weyl, father of Lewin Weyl
Norman Miller, father of Rick Miller
Maurice Goldberg, father of Gari Bloom
Louis Faer, father of Beverly Bober
Gussie Bernstein, grandmother of Amy McBride
Leona Berkowitz, mother of Steve Berkowitz
Fannie Kaplin, mother of Phyllis Greenberg
Ida Vogel, sister of Max Spinner
Ernest A. Compain, grandfather of David Gold
Rosalie Weitz, mother of Steven Weitz
Rebecca Taub, mother-in-law of Goldie Taub
Rose Greenberg, mother of Elaine Krantz

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*Y*ahrzeits February

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We extend our deepest sympathy to those of you who will be marking a loved one's Yahrzeit in the coming month. Below are the dates for the Yahrzeits we will be reciting during Shabbat services.

Joseph Beck, father of Michael Beck
Lillian Giniger, grandmother of David Kornberg
Herman Rubin, husband of Sylvia Rubin
Selma Smith, mother of Joseph Smith
Lawrence Bouchonville, father of Maria Landau
Sidney Spector, father of Susan Plan
Ida Drexler, grandmother of Howard Engler
Morris Bailin, father of Gary Bailin
Raymond Bateman, Jr., brother of Caren Bateman
Marilyn Engler, mother of Howard Engler

To be read February 7 and 8

Dorothy Bucholtz, mother of Ronnie Weyl
Lorraine Perlman, sister-in-law of Beatrice Cohen
Leo Holzer, grandfather of Phyllis Feinblum
Fanny Wohl, grandmother of Robyn Becker
Thelma Paulanski, mother-in-law of Linda Paulanski
Shana Rudnitsky, mother of Jennifer Haftel
Philip Tesser, father of Laurie Novak
Norman Weitman, father of Nanette Mantell
Morris L. Wang, father of Andrea Auerbach
Jeffrey Stellman, father of Jaime Gerard
Arnold Sietz, father of Sharon Sietz
Sol Weinstein, father-in-law of Ann Weinstein
Ida Toborowsky, mother of Robert Taber
Ann Gordon, grandmother of Julie Hersh
Elaine Wedeen, mother of Ken Wedeen
Leon Fish, father of Andrea Bradley
Roz Ringel, mother of Jeff Ringel
Gail Ellen Gold, mother of Sarah Gold and David Gold
Alexander Finn Miller, father of Susan Brown

To be read February 14 and 15

Cindy Cipos, sister of Barry Hoffner
Rosalie Stark, mother of Simon Stark
Anne Siegelau, mother of David Siegelau
Herbert Landesman, father of Glen Landesman
Lucien Sabah, uncle of Ghislaine Silverman
Peter Stein, brother of Mitchell Stein
Julius Frenkel, grandfather of Gary Friedman
Jessica Schoenberg, sister of Isa Beck
Paula Mittleman Edelson, cousin of Goldie Taub
Lillian Freed, mother of Diane Morrison
Rose Feldman, grandmother of Larry Osman
Miriam Halpern, mother of Morris Halpern
Al Freiman, father of Roy Freiman
Florence Zatz, mother of Iris Naroden
Sandra Haftel, mother of Benjamin Haftel
Marion Friedberg, mother of Morton Friedberg
Gail Bashein Shinske, mother of Caryn Shinske
Renee Babit, sister of Jay Tischfield
Sema Brienes, mother of Zina Wolin
Beth Gold Soodik, grandmother of Kimberly Beman
Morris Katchen, father of Beverly Cohen
Abraham Small, grandfather of Brian Small
Simon Schutzman, grandfather of Cheryl Nelson
Alice Bober, mother of Michael Bober

Sol Feldman, grandfather of Larry Osman

To be read February 21 and 22

Edward M. Fink, husband of Rita Fink
Ida Springer, aunt of Gerald Shubitz
Bette K. Lewin, mother of Carol Levison
Lillian Jurgrau, mother of Fern Jurgrau
Farra Tebbi-Lewis, daughter of Farajollah and Mahin Tebbi
Bernard Levin, father of Harold Levin
Lawrence deMackiewicz, brother of Carrie Feuer
Norma Albin, mother of Robert Albin
Sophia Tentler, mother of Simona Rivkin
Loretta Block, mother of Felicia Falzone
Lillian Etkins, mother of Donna Etkins
Matthew Derby, father of Frank Derby
Eva Brooks, aunt of Cindy Mangel
Samuel Chasin, grandfather of Gerald Shubitz
Stanley Engler, father of Howard Engler
Martin Leeds, father of Jodi Bloom
Bert Schneider, father of Arthur Schneider
Augusta Koen, mother of Peter Koen

To be read February 28 and 29

Perry Goldfeder, great-uncle of Lynn Small
Rose Reinhart Sayne, mother of Morton Reinhart
Roslyn Sietz, mother of Sharon Sietz
Norman Kohn, father of Hal Kohn
Charles Mangel, father of Howard Mangel
Marjorie Silverman, wife of Lloyd Silverman and mother of Jeff Silverman
Sarah Zerring, mother of Judith Goldberg
David Marcus, father of Richard Marcus
Janice Hoffner, mother of Barry Hoffner
William Knauer, father of Leonard Knauer
Henry Schwartz, father of Vicki Schwartz
Paul Novak, father of Gerald Novak
Ralph B. Jackson, father of June Greenbaum
Philip Auerbach, father-in-law of Andrea Auerbach
Bessie Tucker, mother of Barbara Cohen
Beverly Weitman, mother of Nanette Mantell
Sara Rechtleben, mother of Deborah Tompa
Harry Cohen, father of Rita Fink
Sylvia Birnbaum Barretti, mother of Linda Paulanski
Joseph Curau, Sr., father of Joseph Curau
Ida Feinblum, mother of David Feinblum
Dorothy Dallow, mother of Brian Dallow
Harold Brandman, father of Ed Brandman
Matilda Goldberg, mother of Michael Goldberg
Dennis Greenstein, father of Shiri Shapira
Minnie Hammer, mother of Diane Foss
Bernard Weigl, grandfather of Lynn Small
David Mendelson, brother of Stanley Mendelson
Shaul Yarkoni, father of Yaniv Yarkoni
Anna Rosen, mother of Rochelle Levin
Beatrice Klein, mother of David Klein
Irene Cohen, sister of Stanley Kanterman

January

Calendar of Events

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Wednesday, January 1

New Year's Day
Offices Closed

Thursday, January 2

7:00 p.m. Mah Jongg
7:30 p.m. Jewish LIFE: Israeli Folk Dancing

Friday, January 3

7:00 p.m. Family Shabbat Service

Saturday, January 4

9:30 a.m. Regional Shabbaton (Off-site)

Sunday, January 5

Youth: Winter Olympics, Grades 3-6
9:00 a.m. Religious School with Grade 4 Family Ed
9:30 a.m. WZC Election Planning Meeting
10:00 a.m. Jewish LIFE: Biblical Hebrew
11:00 a.m. Religious School — Alternative Hebrew Class

Monday, January 6

6:30 p.m. Post-Confirmation
7:15 p.m. Spirituality Group
7:30 p.m. Ritual Committee

Tuesday, January 7

7:00 p.m. Jewish LIFE: Adult Confirmation with
Rabbi Gluck
7:15 p.m. Young Family Initiative

Wednesday, January 8

4:30 p.m. Hebrew School
6:30 p.m. Confirmation Academy
7:00 p.m. Sisterhood Board Meeting

Thursday, January 9

7:00 p.m. Mah Jongg
7:30 p.m. Jewish LIFE: Israeli Folk Dancing

Friday, January 10

NFTY-GER Winter Kallah
7:30 p.m. Erev Shabbat Service

Saturday, January 11

NFTY-GER Winter Kallah
10:00 a.m. Shabbat Minyan Service

Sunday, January 12

NFTY-GER Winter Kallah
9:00 a.m. Religious School
9:00 a.m. Young Family Music Together
9:15 a.m. Young Family Schmooze
9:15 a.m. Brotherhood Board Meeting
10:00 a.m. Jewish LIFE: Biblical Hebrew
11:00 a.m. Religious School - Alternative Hebrew Class
1:00 p.m. Welcome Interview Training

Monday, January 13

7:00 p.m. School Committee Meeting

Tuesday, January 14

7:15 p.m. TBE Reads: My Own Words by Ruth Bader
Ginsburg

Wednesday, January 15

4:30 p.m. Hebrew School
6:30 p.m. Confirmation Academy
7:30 p.m. Brit K'hillah Task Force Meeting

Thursday, January 16

7:00 p.m. Mah Jongg
7:30 p.m. Jewish LIFE: Israeli Folk Dancing

Friday, January 17

RS: Grade 8-9 NYC Trip
7:30 p.m. Erev Shabbat Service with Social Action
Speaker and the Choir

Saturday, January 18

RS: Grade 8-9 NYC Trip
10:00 a.m. Shabbat Morning Service
10:00 a.m. Shabbat Morning Service with Bar Mitzvah of
Dylan Reynolds

Sunday, January 19

RS: Grade 8-9 NYC Trip
10:00 a.m. Israel Matters Breakfast with Rabbi Gilad Kariv

Monday, January 20

Martin Luther King Jr. Day
Offices Closed

Tuesday, January 21

7:30 p.m. Oversight Committee Meeting

Wednesday, January 22

4:30 p.m. Hebrew School
7:30 p.m. Women's Torah Talk

Thursday, January 23

7:00 p.m. Mah Jongg
7:30 p.m. Jewish LIFE: Israeli Folk Dancing

Friday, January 24

7:30 p.m. Erev Shabbat Service with the Tefillah Band

Saturday, January 25

10:00 a.m. Shabbat Minyan Service
5:00 p.m. YF Pajama Havdallah
7:00 p.m. Game Night

Sunday, January 26

9:00 a.m. Brotherhood Sisterhood Breakfast
9:00 a.m. Religious School
11:00 a.m. Religious School — Alternative Hebrew Class

Monday, January 27

7:30 p.m. Board of Trustees

Tuesday, January 28

7:00 p.m. Greenfaith Meeting
7:00 p.m. Jewish LIFE: Adult Confirmation with
Rabbi Gluck

Wednesday, January 29

4:30 p.m. Hebrew School
6:30 p.m. Confirmation Academy

Thursday, January 30

7:00 p.m. Mah Jongg
7:00 p.m. Youth — SMOOCHY Meeting
7:30 p.m. Jewish LIFE: Israeli Folk Dancing

Friday, January 31

7:30 p.m. Erev Shabbat Service

Visit our online calendar at www.ourbethel.org/about/calendar/ for more information, room locations and updated information.

February

Calendar of Events

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Saturday, February 1

10:00 a.m. Shabbat Minyan Service
6:00 p.m. Youth: Bingo Night

Sunday, February 2

IHN Hosting Week
9:00 a.m. Religious School with Grade 5 Family Ed
10:00 a.m. Jewish LIFE: Biblical Hebrew
11:00 a.m. Religious School — Alternative Hebrew Class

Monday, February 3

IHN Hosting Week
6:30 p.m. Post-Confirmation
7:15 p.m. Spirituality Group
7:30 p.m. Ritual Committee

Tuesday, February 4

IHN Hosting Week
7:00 p.m. Jewish LIFE: Adult Confirmation with
Rabbi Gluck

Wednesday, February 5

IHN Hosting Week
4:30 p.m. Hebrew School
6:30 p.m. Confirmation Academy

Thursday, February 6

Post-Confirmation Trip to Atlanta
IHN Hosting Week
7:00 p.m. Mah Jongg
7:30 p.m. Jewish LIFE: Israeli Folk Dancing

Friday, February 7

Post-Confirmation Trip to Atlanta
IHN Hosting Week
7:00 p.m. Family Shabbat Service with the Choir,
Tefillah Band, and Soufganiyot

Saturday, February 8

Post-Confirmation Trip to Atlanta
IHN Hosting Week
10:00 a.m. Shabbat Minyan Service

Sunday, February 9

Post-Confirmation Trip to Atlanta
Erev Tu B'Shvat
IHN Hosting Week
9:00 a.m. Religious School
9:15 a.m. Young Family Schmooze
9:15 a.m. Mindfulness for Parents
10:00 a.m. Jewish LIFE: Biblical Hebrew
11:00 a.m. Religious School - Alternative Hebrew Class

Monday, February 10

Tu B'Shvat
6:30 p.m. School Committee Meeting
7:30 p.m. Oversight Committee Meeting

Tuesday, February 11

7:00 p.m. Jewish LIFE: Adult Confirmation with
Rabbi Gluck

Wednesday, February 12

4:30 p.m. Hebrew School
6:30 p.m. Confirmation Academy
7:00 p.m. Sisterhood Board Meeting

Thursday, February 13

7:00 p.m. Mah Jongg
7:30 p.m. Jewish LIFE: Israeli Folk Dancing

Friday, February 14

7:30 p.m. Erev Shabbat Service

Saturday, February 15

10:00 a.m. Shabbat Minyan Service

Monday, February 17

Offices Closed
Presidents' Day

Wednesday, February 19

4:30 p.m. Hebrew School
6:30 p.m. Confirmation Academy
7:30 p.m. Women's Torah Talk (Snow Date)

Thursday, February 20

7:00 p.m. Mah Jongg
7:30 p.m. Jewish LIFE: Israeli Folk Dancing

Friday, February 21

Confirmation RAC Trip/LTaken
7:30 p.m. Erev Shabbat Service

Saturday, February 22

Confirmation RAC Trip/LTaken
Hold for Youth Event
10:00 a.m. Shabbat Minyan Service
7:30 p.m. Brotherhood Fundraiser

Sunday, February 23

Confirmation RAC Trip/LTaken
NFTY-GER Event
9:00 a.m. Religious School
10:00 a.m. Jewish LIFE: Biblical Hebrew
11:00 a.m. Religious School — Alternative Hebrew Class

Monday, February 24

Confirmation RAC Trip/LTaken

Tuesday, February 25

7:00 p.m. Jewish LIFE: Adult Confirmation with
Rabbi Gluck

Wednesday, February 26

4:30 p.m. Hebrew School
6:30 p.m. Confirmation Academy (no Gr. 10)

Thursday, February 27

7:00 p.m. Mah Jongg
7:30 p.m. Jewish LIFE: Israeli Folk Dancing

Friday, February 28

Purim Bag Assembly
6:00 p.m. Confirmation Class Dinner
7:30 p.m. Erev Shabbat Service

Saturday, February 29

Purim Bag Assembly
10:00 a.m. Shabbat Minyan Service
7:00 p.m. Brotherhood Sisterhood Social Event
7:00 p.m. Game Night

Contacting Temple Beth-El

Temple Office: 908-722-0674 Info @ TempleBethElNJ.org

To Contact the Temple Beth-El Staff by email:

Rabbi Arnold S. Gluck

Student Cantor Emily Simkin

Amy Rubin, Executive Director

Sarah Gluck, Education Director

Lisa Friedman, Education Director

Hanna Lafargue, Director of Youth Engagement

Dina Fisher, Executive Secretary

Ivy Anglin, Religious School Secretary

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