

Shofar



Adar II - Iyar 5779 • March/April 2019



Rabbi's Message

Purim Reminds Us: It Is Good to Have Allies

Purim is coming, with all its joy and festivity. We will dress up, sing songs, eat hamantaschen, drink wine (as tradition dictates), and celebrate with gusto. A good time will be had by all!

It is important to remember, however, that the reason for all this frivolity is the story recounted in the megillah of how our people in Persia so very narrowly averted disaster. It is a dark and troubling tale of hatred and victimization of a people — our people — for the unforgivable crime of being different. As was so often the case throughout our history, the Jews of Persia were outsiders — others — tolerated at best, our security utterly dependent on the goodwill of the sovereign. Our existence there was precarious, as it

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Be Happy! It's Adar!

Purim celebrations:

March 17, 11:00 a.m. Purim Carnival
(opens at 10:30 for kids up to age 8)

March 20, Megillah Reading and Purim Spiel, 7:00 p.m.
Purim Heroes of the Universe (see page 5)

Passover begins Friday, April 19

Congregational Second Seder, Saturday, April 20, 6:30 p.m. (see page 15)

Youth Mental Health

A Forum presented by the Interfaith Community Action Network
April 28, 2:00 p.m.



Worship Schedule

MARCH

Friday, March 1

7:00 p.m. Family Shabbat Service

Saturday, March 2

Parashat Vayakheil, Exodus 35:1–38:20

10:00 a.m. Shabbat Morning Service and Torah Study with Bar Mitzvah of Sean Maizel

Friday, March 8

8:00 p.m. Shabbat Evening Service

Saturday, March 9

Parashat P'kudei, Exodus 38:21–40:38

10:00 a.m. Shabbat Minyan Service and Torah Study

Friday, March 15

8:00 p.m. Shabbat Evening Service with the Choir

Saturday, March 16

Parashat Vayikra, Leviticus 1:1–5:26

10:00 a.m. Shabbat Minyan Service and Torah Study

Wednesday, March 20

Erev Purim

7:00 p.m. Purim Megillah Reading and Spiel

Thursday, March 21

Purim

Friday, March 22

8:00 p.m. Shabbat Evening Service with First Friends

Saturday, March 23

Parashat Tzav, Leviticus 6:1–8:36

10:00 a.m. Shabbat Minyan Service and Torah Study

Friday, March 29

8:00 p.m. Shabbat Evening Service with Confirmation Dialogue

Saturday, March 30

Parashat Sh'mini, Leviticus 9:1–11:47

10:00 a.m. Shabbat Morning Service and Torah Study with Bat Mitzvah of Emma Kelner

APRIL

Friday, April 5

7:00 p.m. Family Shabbat Service

Saturday, April 6

Parashat Tazria, Leviticus 12:1–13:59

10:00 a.m. Shabbat Morning Service and Torah Study with Bat Mitzvah of Maren Goldberg

Friday, April 12

8:00 p.m. Shabbat Evening Service with the Choir

Saturday, April 13

Parashat M'tzora, Leviticus 14:1–15:33

10:00 a.m. Shabbat Morning Service and Torah Study and B'nei Mitzvah of Corey and Zachary Iannucci

Friday, April 19

Erev Pesach -- First Seder

Saturday, April 20

Yom Tov Pesach, Day 1

Special Holiday Reading, Exodus 12:37–42, 13:3–10

10:00 a.m. Shabbat Minyan Service and Torah Study
6:30 p.m. Community Second Seder

Sunday, April 21

Chol Ha Mo'ed Pesach

Monday, April 22

Chol Ha Mo'ed Pesach

Tuesday, April 23

Chol Ha Mo'ed Pesach

Wednesday, April 24

Chol Ha Mo'ed Pesach

Thursday, April 25

Chol Ha Mo'ed Pesach

7:00 p.m. Pesach Service and Yizkor

Friday, April 26

Yom Tov Pesach, Day 7

8:00 p.m. Shabbat Evening Service with the Tefillah Band

Saturday, April 27

Parashat Acharei Mot I, Leviticus 16:1–17:16

10:00 a.m. Shabbat Minyan Service and Torah Study

*We thank our chanters for
January and February:*

Karen Donohue
Rachel Frish
Harold Levin
Ryan Maizel
Ed Malberg

*Thank you to the service leaders who helped keep our ritual
life humming during the rabbi's sabbatical:*

Liz Cohen
Rabbi Hirshel Jaffe
Jim Lavranchuk
Jay Lavroff

Harold Levin
Steve Lieberman
Ed Malberg
Ed Tolman

Temple Calendar Webpage

<http://www.ourbethel.org/luach-beth-el>

Shofar Submissions and Deadline

The next issue of the Shofar will be May-June 2019. PLEASE NOTE: The deadline for submissions is April 15. Submit articles via email to: ShofarEditor@templebethelnj.org.

In the subject line, please use the following naming convention: Shofar Month/Shofar/Committee Name or Professional Staff Name.

Torah Portions

You can read a Weekly Torah Commentary by visiting the Union of Reform Judaism's web page: www.reformjudaism.org/learning/torah-study

Rabbi's Message, *continued from page 1*

has been in so many other times and places. We had no rights and no allies to stand up for us. Were it not for serendipitous good luck and the courage of Esther and Mordechai, we surely would have perished.

This year, as Purim arrives, Jews around the world are feeling more vulnerable and fearful than we have in years. Incidents of anti-Semitism, violence, and vandalism against Jews and Jewish institutions have increased markedly in recent times, and not just in Europe and South America. Here in America, hate crimes against Jews are on the rise. Ever since the white supremacist march in Charlottesville, Va., we American Jews have been anxious, and the shock and grief we feel over the murderous attack in Pittsburgh is still palpable. American Jewry made a bet with our lives and those of our children that America would be different from any other place in the Diaspora – that here we would be safe, secure, and fully at home. But many have begun to question whether this is, indeed, true.

I share the concerns of those who are fearful, but I believe that America is different in a number of significant ways. First is the fact that America is grounded in universal rights and freedoms for all its citizens. Like all minorities, our place in this land is vouchsafed by laws that protect us from discrimination and victimization. This cannot prevent evil people from doing harm, but, unlike throughout most of our history, it puts the weight of the law and law enforcement behind us and behind all who are targets of hate.

Second, and equally important, is the fact that Jews in America are not alone. Here we have allies. We saw this so powerfully when the faith community joined with us in solidarity after Pittsburgh. Together with many of our

elected officials, people of different faiths and goodwill came to demonstrate their love and support for us, as Americans and as Jews. They came to stand with us and to assure us that they will stand with us, and by us, come what may. They came to declare that, in America, we cherish and celebrate our diversity and our differences.

Ten different religions and many denominations of those faiths were represented at that vigil, and we felt the power of our unity. We feel it still, undiminished. In fact, it has grown even stronger. So much so that the coalition that gathered on an ad hoc basis to stand against hate in April 2017, for environmental responsibility in October 2017, and in solidarity with the Jewish community of Pittsburgh in October 2018 has agreed to formalize ties and form the Interfaith Community Action Network (ICAN). Its mission is to bring our multi-faith community together in partnership with our civic leaders to stand for causes and issues of concern that impact our shared values and humanity as children of God. Our next joint effort will be on April 28, when we will be holding a forum on Youth Mental Health at St. John's Episcopal Church in Somerville, at 2:00 p.m.

So, let the joy flow freely this Purim in celebration of our deliverance from harm in ancient days, and equally in celebration of the freedom we are blessed with in this great nation, where we are part of a community of caring and compassion that embraces everyone of every faith and creed, race, gender, sexual orientation, and nationality. May we never fail to cherish our friendship and solidarity as one nation under God, with liberty and justice for all.

Chag Purim sameach!

Rabbi Arnold S. Gluck

Interfaith Community Action Network Presents

Youth Mental Health: Crisis and Opportunity

April 28, 2:00 p.m.

**St. John's Episcopal Church
Somerville**

Interfaith Community Action Network (ICAN) brings the multi-faith community together in partnership with our civic leaders to stand for causes and issues of concern that impact our shared values and humanity as children of God.

Benediction for the State of the State Address

Delivered in Trenton, NJ
January 15, 2019

Rabbi Arnold S. Gluck
Temple Beth-El, Hillsborough, NJ

King Solomon offered these words of prayer upon completing the Great Temple in Jerusalem:

“Even the heavens to their uttermost reaches cannot contain You, how much less this House that I have built! Yet turn, O God, to the prayer and supplication of Your servant, and hear the cry and the prayer which your servant offers You this day. May Your eyes be open day and night toward this House...and when You hear the supplications which...Your people offer toward this place, give heed in Your heavenly abode — give heed and pardon.”

In this humble spirit we pray:

God who transcends time and space, religion, creed, gender, race and nation, may Your eyes always be open to this house and to those who serve here. Bless our Governor, our Senators and the Members of the Assembly with eyes that are open to see Your Presence in all things.

Grant them the vision, O God, to see the world as You do; in Your eyes there are no divisions of “us” and “them.” There are only Your precious children, every one of them created in Your image, deserving of dignity, compassion and love.

Open our hearts and the hearts of our leaders, O God, to feel the pain of all who struggle, all who suffer want and need, all who live in fear, all who direct their prayers and supplications to this house seeking help. May our response to each and every one of them always be one of love and affirmation, caring and concern.

And these are fearful times. There is a rising tide of hate that begins with words and too often ends in violence. So, what are we to do? How shall we respond? There is a most powerful antidote to hate, and that is love. So, let love be our banner and our guiding light. And let the message ring out from this house loud and clear, that hate has no home here in New Jersey.

This is a time of fear, but it is also a time of hope. For we are resilient people and there is great strength in our diversity. So, we pray to You, dear God: Bless us and our leaders with courage, fortitude and resolve to work for the common good. And we pray to You, dear God, the Source of Peace, to bless us, one and all, with peace.

Amen.



Rabbi Gluck had the honor of delivering the benediction for the State of the State address in January.



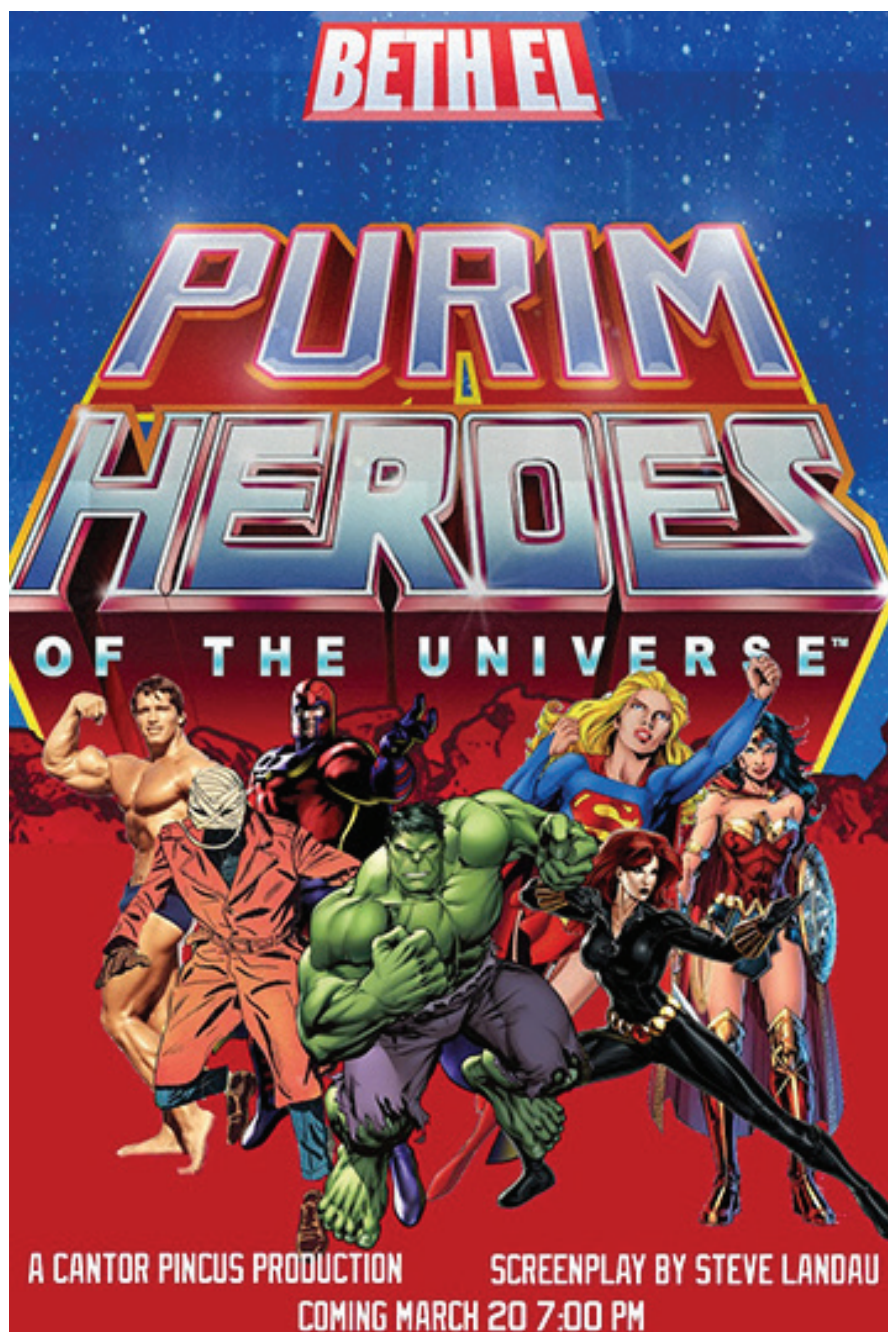
Rabbi Gluck is pictured here with Governor Phil Murphy, and State Assemblyman and TBE congregant Roy Freiman.

A Note From Our Cantor

EREV PURIM

The Purimspielers are at it again! This year, we will be transported by the Purim Heroes of the Universe. With another terrific script written by Steve Landau, and a 26-member cast composed of Nina Bauman, Doug Beman, Liz Cohen, Max Cooper, Emily Dickholtz, Karen Donohue, Michele Holler, Jim Lavranchuk, Jay Lavroff, Donna Lewin, Sam Redlich, Jodi Siegel, Steve himself and TBE's own Soufganiyot, this promises to be another evening of great

hilarity. As in past years, a chapter from the Megillah will be chanted, and we will be accompanied by Kathy Shanklin and the TBE Tefillah Band as we joyously sing about hamantaschen and groggers. Come join the fun on Wednesday, March 20 at 7:00, and let's have a party: rash, rash rash!



From Our President

Our Strength Comes From Within

Shortly after I became president of Temple Beth-El, I had an opportunity to meet with one of the leading officials of the URJ to talk about visions and goals. I had never met this rabbi before, and because he is from Seattle, I assumed he knew little of a community in Hillsborough, New Jersey. But after we introduced ourselves, the first thing he said was, "Temple Beth-El is one of our strongest congregations." He didn't say one of the biggest. Or wealthiest. Or fanciest. He said "strongest." This made me very proud, but not surprised. We are strong in many ways. That strength has enabled us to grow and flourish and to be a cornerstone of the Jewish community of New Jersey and beyond.

Where does that strength come from? This is a complicated question, and I don't think it has a single answer. Being a faith-based community, there is, of course, our devotion to God. We are all familiar with the words of Psalm 121: "I will lift up my eyes unto the mountains. From whence shall my help come? My help comes from God, Who made heaven and earth." But a modern congregation requires more. It requires the work of people who are fully invested in the progress and advancement of the institution, what we do and what we stand for. It requires the ability to look backward at the principles and wisdom of our ancestors and founders, while at the same time looking forward to the hopes and aspirations of future generations. It requires clergy and professionals whose talents and insights make the mitzvahs of worship and learning not another chore to be completed as part of the daily routine, but a centerpiece of our individual and collective growth and development. And perhaps most important, it requires leadership that is willing and able to step forward to provide the necessary guidance and direction. The historical strength of our leadership at all levels is, in my opinion, the glue that holds all of our moving parts together and enables us to not just achieve but excel.

Over the past 18 months, I've interacted with presidents of Reform synagogues nationwide. Unfortunately, the majority of them have not had the same happy story of strong leadership that we enjoy. Some leaders cannot identify their successors. Some have held the position for an inappropriately long time, either because no one else will do the job or they won't give it up. Many have no organized, systemic method of cultivating and identifying leaders for the next year, let alone the next five, seven or 10 years. Against this backdrop, you may rightly ask, what is the phenomenon that has resulted in our ability to recognize potential leaders and get them involved? It's

not an accident or dumb luck. The answer is our leadership development program.

For more than 20 years, Liz Cohen and Amy Rubin have chaired a multi-part symposium, which was established and led for many years by Ellen Davidson. The purpose of this symposium is to develop congregants into the next TBE officers, board members, committee chairs and other leaders. This year Robin Osman has joined Liz and Amy in this critically important endeavor. Recognizing that leadership development is a dynamic, ongoing process, every two years or so they devote many hours to educating and equipping our future leaders. The leadership pupils learn about our temple history, vision, organization and relationships with the greater community. They broaden their horizons and develop their skills. And when they complete the process, they are ready, with open eyes and full understanding, to do this crucial work. This year another crop of future leaders is taking the steps down the path that ensures our success. I had the opportunity to attend the first session, and it was truly inspiring. The students represent a wonderful cross-section of our congregational family, and Amy, Liz and Robin provide not only extraordinary "classroom" instruction, but also the best example of the values our leadership stands for, and the different methods and styles through which leadership's goals can be met. We are in very good hands.

On more than one occasion, I've participated in a group discussion among temple presidents that includes the issue of leadership development. Regrettably, a high percentage of congregations have no leadership development program in place, and most of those that do have nothing that resembles ours. When they are asked to describe their "dream" leadership development model, I usually hear something very much akin to what we are so fortunate to have already. This strength from within, which allows us to replenish leadership regularly, prevents the atrophy that can ultimately result in failure.

So if you should happen to mention to someone that you are a part of the Temple Beth-El community and they respond, "That is one of our strongest congregations," think to yourself, "I know. And I know why."

L'shalom,

Jay Lavroff



What's New at the TBE Library

Bibliophiles take note: The new and well-regarded English translation of the Hebrew Bible by literary scholar Robert Alter is available from the TBE library.

The 3,500-page tome released Dec. 18, 2018 by W. W. Norton & Company, is lush with translation and commentary on the Jewish story, from Genesis to Chronicles. The book, which Alter worked on for 24 years, is the winner of the PEN Center Literary Award for Translation and is described as the “definitive edition” of the Hebrew Bible, according to some reviews published at Amazon.com.

“Capturing its brilliantly compact poetry and finely wrought, purposeful prose, Alter renews the Old Testament as a source of literary power and spiritual inspiration,” Amazon’s book description states. “From the family

frictions of Genesis and King David’s flawed humanity to the serene wisdom of Psalms and Job’s incendiary questioning of God’s ways, these magnificent works of world literature resonate with a startling immediacy.”

Alter, who has several prestigious credits to his name, is a member of the American Academy of Arts and Sciences and the American Philosophical Society. He also is a Professor of Hebrew and Comparative Literature at the University of California, Berkeley.



We honor our Legacy Circle:

Anonymous (4)
 Rande and Janet Aaronson
 Lou and Myrna Binder
 Gari and Charles Bloom
 Mike Bloomstein
 Jody and Gary Cohen
 Liz and Dave Cohen
 Rabbi Arnold and Sarah Gluck
 Julie and Greg Hirsch
 Chrys Jochem
 Barbara and Russ Johnston
 Mitch and Karen Kaplan
 Andy and Leslie Kass
 Bob Krovetz
 Jay Lavroff
 Leigh Miller
 Rick Miller
 Robin and Larry Osman
 Art and Betty Roswell
 Amy Rubin
 Lillian Swickle
 Goldie Taub
 Irwin Vogel
 Steve and Elayne Weitz
 Ann Weinstein
 Bruce and Marlane Wolf



It's not about the zeroes—it's about insuring the continuity of Jewish institutions important to you. A legacy gift of any size makes a difference!



Please remember Temple Beth-El with a gift in your will, trust, retirement account or life insurance policy.

A legacy gift ensures that the community will continue to serve future generations.

Contact Lil Swickle at LegacyCircle@TempleBethElNJ.org.

From the Education Directors

Retelling Our Story

Did you know that Pesach is the most-observed Jewish holiday in North America? Family and friends gather around the table to retell the ancient story of our people's liberation from bondage and journey into freedom. We beautify our tables with ritual objects and special settings that we use just for Passover. We prepare delicious food, including cherished family recipes, to be enjoyed by all. And we tell the story.

The seder is meant to be interesting and engaging, not dull and boring. It should be just long enough to tell the story meaningfully. There's so much we can do to make the seder experience lively and interactive, for both children and adults. The job of the seder leader(s) is to give the great themes of Pesach new life each year through the familiar rituals and symbols, and to do it in such a way as to involve everyone around the table.

Here are just a few tips to help make your seder extra-dynamic and fun:

- First, choose a haggadah that will be meaningful to you and your guests. Rabbi Gluck and I both have many different haggadot that we would be glad to show you.
- Convey the messages of freedom and redemption clearly and with feeling, and make sure to carry the messages of the holiday forward into our own time.
- Sing songs, with or without musical accompaniment.
- Put on a skit.
- Come in costume.



Sarah Gluck



Lisa Friedman

- Have colorful pillows available for reclining in your chairs.
- Set out Pesach activities (plague bags, puzzles, coloring pages) on the table for the kids.
- Above all, ask questions — lots of questions — and make it clear that everyone around the table has something valuable to contribute by way of response including, maybe even especially, the children, because they will carry the tradition forward.

The Passover story is a magnificent tale of faith and freedom. The message that the redemptive power of God, which sustained our ancestors in their journey from slavery to freedom, and that continues to sustain us in our generation and in generations yet to come, is powerful and inspiring. This year, as we gather for seder, let's make sure that everyone around the table can play an active role in retelling the story to truly understand and live the values that distinguish our faith and our people.

Chag Pesach sameach — wishing you and your family a joyous Passover!

Young Families at Temple Beth-El

There are several great opportunities for families with children grade 2 and younger in March and April:

Sunday, March 10, Young Family Schmooze
at 9:00 a.m. in the Café.

Sunday, March 17, Purim Carnival
opens at 10:30 a.m. for young families.



Wednesday, March 20, Erev Purim,
Megillah reading and Spiel at 7:00 p.m.



Saturday, April 6, Young Family Passover Experience at 5:00 p.m.

Sunday, April 14, Family Friendly Trail Walk at Duke Island Park (see page 27).



Saturday, April 20, Congregational Second Seder at 6:30 p.m.

For more information, contact Lisa Friedman at lisafriedman@templebethelnj.org or 908-722-0674, ext 327.



Purim! Purim!

A great holiday for the Jews!

Masks, noisemakers,

Singing and dancing!

Let's make noise,

Rash, rash, rash,

Let's make noise,

Rash, rash, rash,

Let's make noise,

Rash, rash, rash,

With our noisemakers!

Chag Purim! Chag Purim!

Chag gadol la-y'hudim!

Maseichot, ra'ashanim,

Shirim v'rikudim!

Hava na'ishah,

Rash, rash, rash!

Hava na'ishah,

Rash, rash, rash!

Hava na'ishah,

Rash, rash, rash!

Ba-ra'ashanim!

חג פורים! חג פורים!

חג גדול ליהודים!

מסכות, רעשנים,

שירים ורקודים!

הבה נרעשה,

רש, רש, רש!

הבה נרעשה,

רש, רש, רש!

הבה נרעשה,

רש, רש, רש!

ברעשנים!

This popular song is about the joys of making merry on the holiday that commemorates the saving of the Jews in ancient Persia from destruction at the hands of Haman and his henchmen. And make merry we must! Celebratory moments are to be savored!

The Purim story also teaches a serious lesson. Mortal threats to the Jewish people are made, and we need to be vigilant and act to ensure our survival. Tragically, in our own day, anti-Semitism once again is rearing its ugly head. Our obligation, even as we find that extra measure of joy and gladness throughout the month of Adar (and always) and celebrate Purim with raucous fun, is to remember to look out for others and work to make the world a better place — in our time and for the future, for our own people and for people everywhere.

חג פורים שמח! — *Chag Purim sameach!* — Happy Purim!

Sarah Gluck

PURIM VOCABULARY

מסכה (*maseichah, maseichot*), mask(s)

מתנות לאביונים (*matanot la'evyonim*), gifts for the poor (tzedakah)*

מגלה (*m'gillah, m'gillot*), scroll(s)

מגילת אסתר (*m'gillat Esther*), the Scroll of Esther

משלוח מנות (*mishloach manot*), the sending of gifts (Purim baskets)*

פור (*pur, purim*), lot(s)**

רעשן (*ra'ashan, ra'ashanim*), noisemaker(s)

*Esther 9:19: "The month [of Adar] was turned from sorrow to gladness and from mourning to joy. The Jews celebrated days of feasting and merrymaking, of sending packages from neighbor to neighbor and giving gifts to the poor.

**The holiday takes its name from the method Haman used to determine when the Jews would die.

L'Taken Seminar: A Teen Social Justice Program

Fifteen students from Temple Beth-El's confirmation class traveled to Washington, D.C. in late February for the annual L'Taken Seminar: A Teen Social Justice Program, to learn about the lobbying process and meet with their elected representatives on Capitol Hill.



During the trip, Feb. 22 to 25, students spent approximately 35 hours learning about key public policy topics, such as First Amendment rights, human rights, economic justice, foreign aid and civil rights. As part of their study, the students learned about the structure of American government and democracy in action, and met with U.S. Sen. Cory Booker and Rep. Tom Malinowski.

L'Taken is an annual program in partnership with the Religious Action Center of Reform Judaism, to help students learn about key public policy issues through the prism of Jewish values and advocacy.



Jewish LIFE January and February

Enriching mind, body, and spirit.

AT TBE

Trope with Cantor Pincus

Sundays, 9:00-10:00 a.m.
March 10, 24, 31

Biblical Hebrew

Sundays, 10:00-11:30 a.m.
March 3, 10, 24, 31; April 7, 14

iEngage 4

Israel's Milestones and Their Meanings—The Legacy of the Past and Challenges of the Future

Sundays, 4:00-6:00 p.m.
March 3, 24; April 7

Beit Midrash with Rabbi Gluck— *Derech Eretz: The Torah of Decency*

For 2000 years, the Beit Midrash has been the locus of Jewish learning, where Jewish tradition is recreated any time Jews gather together to study Torah.

Beginning Tuesday, March 5, Rabbi Gluck will guide us in study and discussion of Jewish social ethics and their implications for our lives in a new four-session class, entitled *Derech Eretz: The Torah of Decency*. Please join him in the TBE Beit Midrash to engage in deep and dynamic dialogue with some of the texts that he studied last summer in the famed Beit Midrash of the Hartman Institute in Jerusalem.

The Shabbat Table— Blessings, Home Ritual, and Song with Student Rabbi Shira Gluck



The medieval mystics understood Shabbat as a highly structured day, with each segment having its own sacred purpose. With this in mind, we will explore the ritual aspects of Shabbat home practice, focusing on the blessings and songs recited and sung around the Shabbat table, as well as the special, joyous nature of Shabbat meals.

Tuesdays, 7:00-8:30 p.m.
April 2, 9, 16

The Sephardic Art Song with Cantor Pincus

Continue the journey with Cantor Pincus to explore different genres of Jewish art song.
Tuesday, 7:00-8:30 p.m.
April 23

Israeli Dancing

Thursdays, March 7, 14, 21, 28; April 4 and 11; and Tuesdays, April 16, 23 and 30 at 7:30 p.m. (Note the change in the day of the week.)

Jewish Film Series: *Women Unchained*

Saturday, March 30, 7:00 p.m.
Co-sponsored by Cultural Arts and Sisterhood

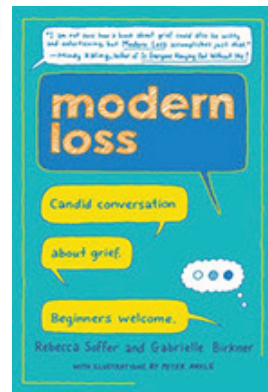
AROUND THE COMMUNITY

Irma Horowitz Film Series: *Heading Home — The Tale of Team Israel*

Thursday, March 7, 6:30 p.m. at the JCC
Fee: \$18/person includes a falafel dinner. Call 908-443-9018 to register.

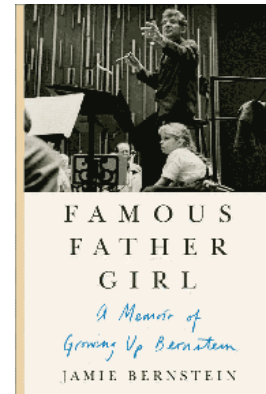


Rebecca Soffer, *Modern Loss: Candid Conversations about Grief*



Tuesday, March 12, 7:00 p.m. at the JCC
Fee: \$10/person. Call 908-443-9018 to register.
Co-sponsored by Jewish Family Services of Somerset, Hunterdon & Warren Counties.

Jamie Bernstein, *Famous Father Girl—A Memoir of Growing Up Bernstein*



The oldest daughter of Leonard Bernstein offers a rare look at her father on the centennial of his birth in an intimate and evocative memoir.
Tuesday, March 26, 7:00 p.m. at the JCC
Fee: \$10/person. Call 908-443-9018 to register.

Sally Kohn, *The Opposite of Hate: A Field Guide to Repairing Our Humanity*

Political commentator Sally Kohn has made a career out of learning how to speak with and listen to people with whom she passionately disagrees. Join her as she discusses her travels around the world and shares lessons learned from conversations with those who decided to leave hate behind.

Monday, April 15, 7:00 p.m. at the JCC
Fee: \$10/person, includes light refreshments

Click for the 2018-19/5779 [Jewish LIFE Program Guide](https://www.sbjcc.org/jewish-living/jewish-life/) (<https://www.sbjcc.org/jewish-living/jewish-life/>)

Jewish LIFE (Learning Is for Everyone) is made possible in part by a grant from the Jewish Federation of Somerset, Hunterdon and Warren Counties.

In a League of Their Own

Move over, Marvel heroes. At Temple Beth-El, we have our own superheroes, and we are proud to be celebrating everything they've accomplished at the upcoming gala dinner dance on Saturday, May 11. Here's a closer look at our three honorees and what inspires them to go above and beyond.

Ellen Davidson



It makes sense that supporting Jewish youth is a significant passion for Ellen Davidson. After all, she was just a teenager when temple and all that it represents became an important part of her life. Ellen recalls that her involvement in temple life began when she was a teen in NFTY. "My mother was a young widow with limited

financial resources, so I never attended Hebrew school or Sunday school," she explains. But she formed a strong connection to NFTY and was chosen to represent the youth on the temple board. Since her family did not belong to the temple, she became a temple member on her own at the tender age of 15, for the dues of \$5 a year. "That was the beginning of my temple life," Ellen laughs. The temple then supported her attendance at conclaves and NFTY activities.

After college, Ellen, as she moved with her family, joined synagogues in Milwaukee and Philadelphia. In 1978, the family moved to Somerville and joined Temple Sholom in

Bridgewater. Ellen was an active member there, attending worship weekly and providing a Jewish home for her family. When her family decided to change synagogues, they joined Temple Beth-El, and later that year, Ellen was asked to work on a budget for the school committee. She worked in the school system and had experience with bookkeeping and budgeting. "I said 'yes, of course,'" Ellen recalls, "and a year later, suddenly I was chair of Ritual and later second vice president". Her years as president coincided with the building of the new sanctuary. After her term was over, she and her husband Bruce co-chaired the Youth Committee, one of her most cherished tenures. She also initiated the leadership development program at TBE.

One of Ellen's most memorable nights was a community-wide concert for Debbie Friedman, the well-loved Jewish singer/songwriter. "The Jewish Federation asked me to chair the concert on short notice. We had a full house, with 625 attendees," Ellen recounts. "Ten minutes into the concert, Debbie mouthed to me that there was smoke in the auditorium. We emptied the house in the dead of winter...and re-started the concert after the fire department gave me permission," Ellen chuckles.

Ellen was very proud to receive the Brotherhood Person of Honor award some years ago. Although she regrets that health challenges forced her to retire early and have prevented her from remaining as active in temple life as she'd like, her special contributions endure. In particular, she reflects, "Supporting the 'kids' has been my most significant passion."

Liz Cohen

There's very little Liz Cohen has not done at Temple Beth-El. During the 32 years she and her husband Dave have been members, her roles have included leadership development, president, volunteer work with the homeless, social justice warrior...and dance champion.

Liz and Dave were searching for community when they first moved to Princeton, and they found it in the warm welcome they received at Shabbat services, with baby Molly in tow. They raised their three children – Molly, Ethan, and Sim – here, making the Route 206 trek from their home a familiar and well-worn path.

Liz wrote in a request on their membership form to join social action efforts, and two years later, she and Dave found themselves reactivating and chairing the Social Action Committee. The committee sponsored Mitzvah Days, expanded the temple's volunteer support of the Somerset Food Bank, created learning and action programs,

and more. Together, they led the effort to make Temple Beth-El an original host congregation for the Interfaith Hospitality Network, and they are still actively engaged in IHN. Liz finds this work extremely rewarding, and invites other temple members "to join us in volunteering to welcome our guests!"



During her tenure as TBE president from 1999–2001, Liz is proud to have initiated the leadership development program with past and future presidents Ellen Davidson and Amy Rubin, and to have led the process of creating our TBE vision statement.

Liz has continued to engage actively in social justice work at TBE and in the Reform movement. She co-chairs Reform Jewish Voice of New Jersey, a state advocacy arm of the Religious Action Center, giving Reform Jews across the state opportunities to meet with legislators in Trenton and at home, and to speak out on social justice issues in our state. She is a member of the URJ Commission on Social Action, and recently co-chaired the RAC's Immigrant Justice Campaign.

In this role, she joined 87 Jewish leaders last year in a peaceful action demanding a clean Dream Act in the halls of the U.S. Senate. "Together, we chose to be arrested," she recounts, "as DREAMers watched and saw that others were

willing to stand with and for them."

As a hospice social worker, Liz relishes the balance of helping individuals and families in time of need with her broader advocacy efforts. To unwind, she sings in the TBE choir, does yoga, and dances whenever she can.

Liz' most cherished personal accomplishment is learning trope at age 60 and chanting Torah as a bat mitzvah last December, with her adult b'nai mitzvah class. Rejoicing with her family and friends that day, she was thrilled to dance the hora with her granddaughter Elena and family. (And that's not the only dance under her belt – she and Dave are twist contest champions from several TBE sixties dances!) On a larger scale, she is most proud of building engagement and advocacy opportunities for hundreds of Reform Jews through Reform Jewish Voice of New Jersey.

And above all, Liz is grateful for her loving husband, children, and granddaughter, and to her TBE community for supporting her efforts and bringing much joy to her life!

Steve Weitz



I love living the life of a Reform Jew! And so much of what informs my Judaism I learned at Temple Beth-El. Back in 1989, it was time to give our sons a Jewish education, so my wife Elayne and I joined Beth-El. Two important things happened. First, I felt warmly welcomed into the community when the Brotherhood

president called and invited me to a meeting. There, I experienced Beth-El as the place where I wanted to belong. Second, I began regular Torah study with Rabbi Gluck. This opened my eyes as to how meaningfully Torah could inform both my life and my practice as a psychologist.

By 1998, after having served on the temple Board and as an officer, I started my two years as temple president. While sometimes stressful, this was a deeply rewarding experience. After my term, I wanted to continue serving the broader Jewish community, so I began volunteering for the Union for Reform Judaism. After a term on the URJ

Regional Board, in 2011 I joined the North American Board, and I'm now a URJ Board vice-chair. In my URJ work, I get to partner with Jewish professionals and lay leaders from across North America as we advance our mission of creating a whole, just and compassionate world.

Of all I've ever done in the Jewish world, though, one experience really stands out for me: leading our temple's 2004 *Mitzvat Torah* initiative, where we wrote our own Torah scroll and donated a Torah to a congregation in Belarus. Connecting with fellow Reform Jews in Minsk and Vitebsk helped me appreciate how lucky I am to belong to a thriving Jewish community and reminded me of how, indeed, all of us Jews are responsible for one another. Together with Rabbi Gluck, having the privilege of representing our synagogue to these Belarussian Reform Jews and presenting them a Torah scroll is a memory I'll forever cherish.

Outside of my professional and volunteer work, I actually make some time for fun. Elayne and I are blessed with two wonderful sons, their wives and three delightful grandchildren. And those who know me know I love to fish. Although I spend most of my time sitting and talking to people, I've always enjoyed working with my hands. When I was 30, a colleague said I needed a hobby and gave me a fishing rod. I was hooked! I came to love fly fishing, an avocation that gets me into the beautiful outdoors, requires a lot of the hands and where talking has no place.

**Watch for your invitation in the mail
and join us for an evening of dancing and celebration
as we honor these three extraordinary leaders.**

Lifecycle

Upcoming B'nei Mitzvah Students

Sean Maizel, son of Leslie and Ryan Maizel
Emma Kelner, daughter of Dana and Eric Kelner
Maren Goldberg, daughter of Stephanie and Kevin Goldberg
Corey and Zachary Iannucci, sons of Lauren and Daniel Iannucci

Our condolences to...

Ronnie Weyl on the passing of her beloved mother, Dorothy Bucholtz
Jay Tischfield on the passing of his beloved sister, Renee Babit

Mazel Tov to...

Joe and Shelley Drozd on the marriage of their daughter, Rebekah,
to Brian Weber



Rebekah Drozd, daughter of Joe and Shelley, beaming next to her groom, Brian Weber

Welcome TO THE WORLD

Noah Gabriel Jarrell

Born March 2 to proud parents Sarah and James Jarrell and over-the-moon grandparents Janice and David Klein.



Our Caring Community

Kesher Network: For those who are unable to attend our worship and simcha events and some adult education classes, our video streaming service is the next best thing to being there. Navigate to new.livestream.com/OurBethEl from a personal computer or mobile device (apps are available for [apple](#), [android](#) and [roku](#) devices) for a list of upcoming and recent livestream events from Temple Beth-El.

Shiva Minyans: For a leader or participants, call Amy Rubin or Cantor Pincus.

Mitzvah Committee: To offer or request help, please contact Carol Ahlert, carolahlert@yahoo.com, or 908-359-9357.

Ladles of Love (New initiative of soup or bread to lift the spirit): To offer to help deliver care packages or to suggest someone who might need a little extra love, contact Andrea Bradley abradley616@gmail.com.

In the event of a loss during the evening or on the weekend, call Cantor Pincus at 908-722-0674, ext. 315, or 646-420-2838.

To share your family's news in the *Shofar*, call Dina Fisher in the temple office. Please contact Dina with information about significant occasions, hospitalizations, or the loss of a loved one.

Prayer for Healing Cards: Cards are available in the temple lobby to let those in need of healing know that their names were included in our Mishebeirach prayer. The cards can be mailed as postcards by writing the address over the Temple Beth-El watermark or directly inserted into get well cards.

Acts of Tzedakah

General Fund

In memory of Sema Brieness
Martin and Zina Wolin
 In gratitude for Rabbi Gluck and Cantor Pincus
Stanley and Tina Kanterman

Rabbi's Discretionary Fund

The Benevity Community Impact Fund on behalf of Nancy Bernstein

Cantor's Discretionary Fund

Sandra Pincus Rush and Michael Pincus
 In memory of Ronnie Weyl's mother,
 Dorothy Bucholtz
Allan and Sheenagh Hirsch
Jay and Pam Lavroff
 In memory of Arnold Rawicz
The Rawicz Family

Ariel E. Malberg Memorial Fund

In memory of Rose Mintz
Goldie Taub and Rabbi Murray Levine

Jules Swickle Chesed Fund

Jay and Pam Lavroff

Kesher Fund

In memory of Ronnie Weyl's mother,
 Dorothy Bucholtz
David Goldberg and Cynthia Scott
 In memory of beloved family members
Fern Kamine

Memorial Fund

In memory of Minnie Hammer
Bernard and Diane Foss
 In memory of Farjba Tebbi Lewis
Farajollah and Mahin Tebbi
Farnaz Tebbi
 In memory of Ronnie Weyl's mother,
 Dorothy Bucholtz

Fran Zeitler and Fred Edelman

Joseph and Shelley Drozd

In memory of Dr. Raymond P. Taub, Paula Edelson
 and Rebecca Taub

Goldie Taub and Rabbi Murray Levine

In memory of Jessica Schoenberg

Michael and Isa Beck

In memory of Joseph Beck

Michael and Isa Beck

In memory of Ina Roistacher, Mary White,
 Leon Blitman

Michael and Mara White

In memory of Ralph Jackson

Robert and June Greenbaum

In memory of David Mendelson

Stanley Mendelson

Religious School Scholarship Fund

Rich and Zahava Schaefer

Temple Beth-El has many funds available to which members can contribute. Donations to these committed funds help support temple programs and enable us to continue to maintain a high level of programming for our community.

To make a donation, visit the Give Now page on our website (www.ourbethel.org/give/give-now/).

- General Fund
- Adult Education
- Ariel E. Malberg Memorial Fund
- Beautification
- B'nei Mitzvah Special Needs Fund
- Brotherhood Youth Scholarship
- Cantor Pincus' Discretionary Fund
- Cultural Arts
- Garden
- Holocaust Education
- Israel Matters
- Israel Scholarship Fund
- Jules Swickle Chesed Fund
- Kesher
- Library
- Mazon Hunger Fund
- Memorial
- Prayer Book
- Rabbi Gluck's Discretionary Fund
- Religious School Enrichment
- Religious School Scholarship Fund
- Social Action Fund
- Torah Restoration Fund
- Yad Chazakah Fund
- Youth Activities

It's Time to Plan for Passover!

Passover begins April 19

Second Seder is April 20

Bring your family and your guests to Temple Beth-El for the Second Seder led by Rabbi Gluck and Cantor Pincus.

Saturday, April 20, 6:30 p.m.

Enjoy a delicious catered Seder meal with roast chicken, brisket, or vegetarian entree options.

The price for adults is JUST \$44, and there is no charge for children under the age of 13.

Hope to see you there. Register at www.tinyurl.com/TBESecondSeder2019



TBE's Caring Network

A small group of healthcare professionals in our Temple Beth-El community met last year to discuss how to advance the good work of the TBE Caring Network. We are pleased to update the community on two initiatives that emerged from insights they shared and our collective brainstorming.

Mental Health Initiative – In his Yom Kippur sermon this past fall, Rabbi Gluck spoke about mental health issues and that our TBE community is a place where people should feel comfortable talking about their challenges and issues. Here is a link to Rabbi Gluck's Yom Kippur sermon, "[When Choosing Life is Hard](#)."

On the opening day of religious school, Rabbi Gluck continued this theme by beginning a dialogue with parents about mental health for our teens. On Dec. 12, 2018, the

dialogue continued with TBE hosting a program facilitated by Betsy Stone called "Protecting the Mental Health of Young People." Betsy Stone's program was funded by the Ariel E. Malberg Memorial Fund. The discussion was well-attended, with many questions raised about our teens' mental health and how to refine our parenting skills. Rabbi Gluck invited a smaller group to join him in his office to continue discussing this topic, with more than 20 people attending, including some of the mental health professionals in our TBE community. A second speaker program is being planned for late March. Stay tuned for more details. This initiative, and the way it has been so warmly received, is more evidence that our hard work building relationships at TBE is making a difference.

Ladles of Love – In October 2018, we launched our pilot initiative called Ladles of Love. This program involves two components: community cooking sessions in the TBE kitchen to prepare soups and sweet breads, and delivering this food to members of our TBE community who need a little extra tender loving care, whether recovering from surgery or an illness, grieving a loss or celebrating a birth. Eighteen volunteer chefs have participated in three community cooking sessions, producing more than 60 quarts of soup and more than 55 loaves of sweet bread. Many of our tasty recipes have come from our TBE community. The next community cooking session is March 31 – sign up at <https://tinyurl.com/TBELadlesofLove-March>. Stay tuned to the TBE weekly e-blast for additional cooking dates for spring 2019. To date, more than 27 Ladles of Love care packages have been delivered. Our dedicated volunteer delivery crew has reported how grateful the recipients have been and how gratifying it is to do the delivery work. Ladles of Love is generously underwritten by the Jules Swickle Chesed [Kindness] Fund. To volunteer for deliveries or for more information, email Andrea Bradley at abradley616@gmail.com. Ladles of Love is creating a positive "buzz" and building new and caring relationships in our TBE community.

If you, or someone you know, would benefit from a Ladles of Love care package, please contact the TBE office. And, as always, if you, or someone you know, needs pastoral care, please contact Rabbi Gluck or Cantor Pincus.



Joan Klimpl is our Honorable Menschen for Winter 2019

Temple Beth-El has been an integral part of the Interfaith Hospitality Network (IHN) since its inception. When Rabbi Gluck arrived in Hillsborough, one of the first social justice issues he inquired about was, "What are we doing to help the homeless?" Since that time we have faithfully hosted IHN guests for six weeks each year. This is one of the ways our community responds to the needs of our fellow human beings.

An IHN hosting week requires the work of many people. Among the most dedicated is Joan Klimpl. Joan has been an IHN volunteer since December 2011, when she began her wonderful habit of scheduling dinner and evening shifts back to back. That's right: two shifts on one night! But it doesn't stop there. Often when someone is needed to fill in on another day, Joan is the first to jump into the breach. Her seemingly boundless energy enables us to fulfill our IHN obligations even when we do not have enough people to staff all of the time slots available. At no time was Joan's selflessness more evident than this past Christmas Day, when she



scheduled herself for three shifts in a row.

Not only does Joan make a herculean effort on behalf of our guests, she also uses her experience to improve the hostings whenever possible. Joan always shares her insights and observations, which helps both here at TBE and also at IHN headquarters. Joan cares deeply about her volunteerism and the families who benefit from it. She is truly a role model whose kind heart and generous spirit should be emulated. We are pleased and proud to bestow upon Joan Klimpl the Honorable Menschen award for Spring 2019.

Please consider following Joan's wonderful example by volunteering for a shift during our next IHN hosting week, which will take place from April 7 to 14 (volunteer at www.tinyurl.com/TBEIHNApril2019). If you've never volunteered for IHN before, don't be shy. You can pair up with a veteran IHN volunteer or dive right in and get started on your own. Even Joan had a first shift. You may contact the temple office or check the website for more details. Todah Rabbah in advance!!



TBE Connects

SPRING is the perfect time to check out Temple Beth-El's affinity groups. Laugh, learn, socialize and connect with other congregants while pursuing a common interest. It's all about getting to know one another a little better. Check out the descriptions below, and contact the group's coordinator to learn more. Everyone is welcome!

TBE Tennis

Spring is almost here! Contact Dave Cohen at david@decarchitect.com or 609-915-5944 if you are interested in getting together with other members of our temple family for a round of tennis on Sunday mornings.

NEW: TBE Golf

Enjoy golf? Several congregants have expressed an interest in a golf affinity group. Email Debbie Herman at daherman@mac.com to add your name to the interest list. She is looking for a golfer or two to help coordinate this group as well. Please let her know if you can help.

Baby Boomers and Empty-Nesters

Join other congregants for fun and informal get-togethers. Past events have included game nights, restaurant nights, potlucks and more. Newcomers are always welcome! Email Susan Goldberg (scjrgold@aol.com) or Donna Etkins (dsetkins@gmail.com) to learn more.

Jewish Spirituality

What is in your heart? We aim to know God through direct experience — what is happening in your body and soul right now — and to live that knowledge. Nourish your body and soul through meditation, study, and open-hearted discussion. Contact Michael Herzog at michael.herzog@allergan.com or 908 809 3903.

TBE Reads

Love to read? Join fellow congregants in the TBE Library for refreshments and discussion. This group reads a new book every six to eight weeks. Join us Tuesday, May 7 at 7:15 p.m. to talk about selections for the coming year, or contact Debbie Herman at daherman@mac.com or 908-963-6003 to learn more.



Springtime Desserts for Sweet Holidays

Now that we're past the worst of the winter (we hope), it's time to start looking forward to and planning for those wonderful spring holidays, the twin "P"s — Purim and Pesach. For your baking pleasure, we've included one scrumptious dessert for each — and one new idea for a matzah confection. Bitay avon!

Ghouribi (Moroccan Sugar and Walnut Cookies for Purim)

These simple cookies are a specialty of Morocco, where the Purim table is decorated with flowers and sweets. They are easy to prepare, and children like rolling them with their hands. You can substitute cocoa and powdered sugar for the cinnamon, or shape the cookies to be crescents or more like the shape of Haman's ears.

Ingredients

1 c. vegetable oil or butter
1 c. sugar
3 c. unbleached all-purpose flour
1/3 c. finely ground walnuts or almonds
Cinnamon



Directions

Preheat the oven to 350°. Lightly flour an ungreased cookie sheet.

Place the oil and sugar in a large bowl and mix well. Gradually add the flour, a cup at a time, and knead well. Blend in the nuts.

When the dough feels smooth, use the palm of your hand to roll it into balls the size of an egg. Pat into a round cookie about 2 inches in diameter. The cookie should not be flat.

Place on the cookie sheet and sprinkle the center of each cookie with cinnamon (or cocoa powder and powdered sugar). Bake for 25-30 minutes. Do not let the cookies become even slightly brown; they must remain off-white. Makes about 30.

Source: *The Jewish Holiday Kitchen* by Joan Nathan, Schocken Books, Inc., New York, 1988.

Matzah Fritters



Ingredients

4 sheets matzah
1 large egg, beaten
¼ c. sugar, plus an additional 1/3 cup sugar
½ tsp. kosher salt
1 tsp. ground cinnamon

Directions

Crush the matzah into ¼-in. pieces. Mix in a bowl with ½ cup water (the mixture should be doughlike), and let sit for 10 minutes for the edges to soften. Mix in the egg, ¼ cup sugar and salt.

Separately, mix the 1/3 cup sugar and the cinnamon in a medium bowl.

Pour 4 cups vegetable oil into a medium heavy pot; it should come up 2 inches on both sides. Fit the pot with a deep-fry thermometer and heat the oil over medium heat until the thermometer registers 375°. If you don't have a deep-fry thermometer, heat the oil until it looks especially smooth and glossy, and a tiny drop of water dropped into the pan sizzles quickly.

Use an ice-cream scoop to form balls from the dough. Working in two batches, fry the balls, turning occasionally, until golden, about 3 minutes per batch. Transfer to a plate lined with paper towels, let cool slightly, and turn the balls around in the cinnamon sugar. Serve with jam. Makes 12.

Source: *Bon Appetit*, April 2018.

Chocolate Macaroon Cake for Pesach

This is a cake version of the beloved chocolate macaroons that are a Passover staple. Any nut will work in place of the almonds, and the cake can be baked one day ahead. Store it tightly covered at room temperature until you're ready to assemble it.

Cake Ingredients

1 c. virgin coconut oil, melted and cooled, plus more for the pan	½ c. unsweetened shredded coconut
¼ c. unsweetened cocoa powder, plus more for the pan	6 large eggs, room temperature
1 c. skin-on almonds	½ c. granulated sugar
8 oz. semisweet or bittersweet chocolate, coarsely chopped	½ c. packed light brown sugar
1 tsp. kosher salt	2 tsp. vanilla extract

Ganache Ingredients

4 oz. semisweet or bittersweet chocolate, coarsely chopped
1 T. light agave nectar or pure maple syrup
Pinch of kosher salt
½ c. unsweetened coconut milk (from a very well-shaken 13.5-oz can)

Cake Directions

Place a rack in the middle of the oven and preheat to 350°. Lightly brush a 10"-diameter cake pan with oil. Line it with a round of parchment paper; brush the parchment with oil. Dust the pan sides with cocoa powder, tapping out the excess. Toast almonds on a rimmed baking sheet, tossing once, until fragrant and slightly darkened, 8-10 minutes, and let cool. Reduce oven temperature to 325°.

(If you wish, while the almonds are in the oven, you can simultaneously make almond-coconut clusters to top the cake: toss 2 T. unsweetened coconut flakes, 1 T. sliced almonds, 1 tsp. sugars, and 1 tsp. light agave nectar or maple syrup on a parchment-lined baking sheet. Toast in the oven for 4 minutes. Cool before breaking into clusters.)

Continuing with the cake, heat the chocolate and 1 cup of oil in a medium heatproof bowl set over a saucepan of barely simmering water (don't let the bowl touch the water), stirring often, until smooth. Remove from heat.

Pulse almonds, salt and ¼ cup cocoa in a food processor until finely ground. Add shredded coconut and pulse a few times to combine.

Beat eggs on medium speed until no longer streaky, about 20 seconds. Add both sugars and vanilla, increase speed to high, and beat until mixture is pale and thick, about 2 minutes (it should fall off the whisk and immediately sink back into itself). On low speed, gradually add chocolate mixture. Beat to incorporate, then add almond mixture. Fold batter several times with a rubber spatula, scraping the bottom and sides. Pour batter into pan and smooth top.

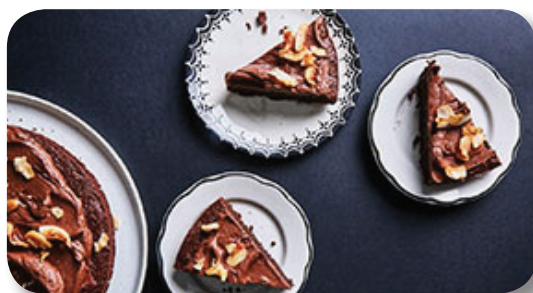
Bake until firm to the touch and a tester in the center comes out clean but greasy, 35-45 minutes. Transfer pan to a wire rack and let cake cool 15-20 minutes in pan. The cake might fall slightly in the center, but that's OK. Invert onto a rack and carefully peel away the parchment. Let cool completely.

Ganache Directions

Combine chocolate, agave or maple syrup and salt in a medium bowl. Bring coconut milk to a simmer in a small saucepan over low heat; pour over chocolate mixture. Let sit until chocolate melts, about 5 minutes.

With an electric mixer, beat ganache until it's lost its sheen and is thick enough to hold very soft peaks, 6-8 minutes (not as thick as frosting, but close). Working quickly, before the ganache starts to harden, spread it over the cake to the edges. Top the cake with the almond-coconut clusters, if desired.

Source: *Bon Appetit*, April 2017, p. 50.



Brotherhood

Mark and Cindy Andrews to be honored by Brotherhood

On Sunday, March 24, the Brotherhood will honor Cindy and Mark Andrews with this year's Person of Honor Award. Brotherhood established the annual award to recognize a Temple Beth-El member or members for his/her dedication to the temple community, their commitment to Judaism to the greater Jewish community, and their acts of tikun olam ("repairing the world").

The Andrews have been members of Temple Beth-El for more than 20 years. Both have made considerable contributions to our temple and the larger community in many areas.

Mark and Cindy met in high school in 1972. Seven years later they "finally" started dating, as Cindy quips. They married in 1983 and have raised three children: David, 30; Stacy, 29; and Michael, 27. They moved from Long Valley to Bridgewater in 1997 and joined our congregation the following year. As Hillel said, "All the rest is commentary."

Mark has served Temple Beth-El in many capacities. These include eight years singing beautifully in the baritone section of our choir; volunteering for 4-H fundraising for many years; and staffing and helping to construct the TBE 4-H food booth. Using his professional skills in construction (15 years) and architecture (25 years), Mark has always been available to help build (or repair) numerous items for our congregation, both in and outside our building. Mark was head of the Interiors Subcommittee, integrally involved with the interior finishing of the school wing and social hall additions to TBE. He has been with the Beer Architectural Group for 22 years.

Mark's other interests are his involvement with a high school championship-caliber robotics team for 16 years and playing harmonica with a basement band.

Cindy served on TBE's board of trustees for 13 years and has served our community in a variety of leadership positions. She has led the Religious School Committee;



served on the executive board; and served two years as the congregation's president. She also has been involved with Sisterhood, serving as treasurer and president. Recently she co-led the constitutional review committee, which revised our temple's constitution and was approved by our congregation. Cindy also is a regular IHN volunteer, helping in various capacities.

Professionally, Cindy has worked in various industries in accounting and bookkeeping departments and was a teacher in the Bridgewater elementary school system. She was involved in the PTO and was a "band parent" during her children's school years.

Cindy also finds time for some fun extracurricular activities, including being a part of the local Hadassah book club and playing mah jongg.

Together Mark and Cindy love to kayak, hike, go to music festivals and enjoy beer, wine and distillery tours. They will have plenty of time soon to pursue those interests and more, when they relocate to Monterey, Mass., near Great Barrington. They are designing, building and moving to their dream home in the Berkshires very soon and welcome everyone to visit them.

Brotherhood invites everyone to come out to honor Cindy and Mark and to thank them for their service, both to TBE and the local community.

Please watch for information on how to register for the March 24 event or visit www.tinyurl.com/TBEPersonofHonor2019.

The Person of Honor Breakfast supports the Brotherhood Youth Scholarship Fund. This fund was established to provide all TBE member families' children the opportunity to attend meaningful educational, cultural and social programs that will deepen their connection to their Jewish heritage.

Caren Bateman

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Cultural Arts

Join us at the movies and Israeli folk dancing!

The Jewish Film Series, which has grown stronger every year and now has a lot of followers and supporters, continues.

March 30, 2019, Saturday, 7:00 p.m.

Co-sponsored by the TBE Sisterhood and Cultural Arts Committee. Sisterhood will lead a discussion about the film and its implications.

On March 30, we will screen the film "Women Unchained," co-sponsored by the TBE Sisterhood and Cultural Arts Committee. Sisterhood will lead a discussion about the film and its implications.

It's a great pleasure to work in collaboration with Sisterhood, which enables us to screen this rare and intimate documentary about how Orthodox women live, divorce and survive in America.

There is no charge for TBE Sisterhood members. Bring your family and friends. Sisterhood board member Marcy Rosenfeld will lead the film discussion.

See the event flyer and poster in the TBE lobby and in *Shofar*. RSVP your attendance to Simona: bakerec@comcast.net

Israeli Folk dancing with ruach!

Come try our new dance floor and learn from professional dancers!

Our dancers are friendly and love to dance. Good or bad, we always support each other. We dance mostly in the large social hall, so stop by and check it out. The first dancing session is free for newcomers.

Like zumba or yoga, we work many muscles and burn many calories. You will breathe deeply and sweat, as in any good workout! Lose yourself in the rhythms of the dance and the tuneful music, and feel great as your endorphins kick in!

Sessions typically run from 7:30 to at least 9:00 p.m. every Thursday. Cost: \$15 at the door or prepay for five sessions and save money.

The Cultural Arts Committee hopes to enhance your joy, pleasure and knowledge as you participate in Jewish cultural life activities.

L'shalom,

Simona Rivkin

Cultural Arts Committee

The Cultural Arts Committee and Sisterhood present

WOMEN UNCHAINED

**Saturday, March 30
7:00 p.m.**

Doors open at 6:45 p.m.

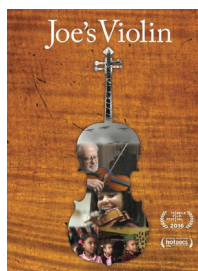
In English, not rated, 60 minutes.
Suggested donation \$7/pp or more

RSVP required to Simona at
bakerec@comcast.net



Even though Leslee's husband was having an affair with the babysitter, it still took ten years before her husband would grant her a "get," or Jewish divorce. In the meantime she raised their seven daughters alone. When Ariel sought a "get," her husband demanded payment of half-million dollars from her father. These are just two of the stories chronicled in "Women Unchained," an important new documentary telling the stories of five women, each a victim of

her husband's refusal to give her a get, without which they cannot remarry. Viewers live through their travails in this film, which also features interviews with experts.



We will also present a 20 minute Oscar-nominated short documentary

A 91-year-old Holocaust survivor's violin donation during an instrument drive changes the life of a 12-year-old girl, and forges an improbable friendship.

Renaissance Happenings

The Scoop

Minimalist staging and touching readings by actors Jill Eikenberry and Michael Tucker in the performance of "Love Letters", an engaging play at MPAC, hit the mark, leaving attending members thoroughly moved. A special Valentine's eve winter outing was had by all!

Esther Wallach

Renaissance Group



Healthy Thumbprint Hamantaschen

1 cup each of: quick oats, almond flour, and whole-wheat flour

1/2 cup each of: maple syrup and olive oil

pinch of salt

good quality jam(s)

1/2 cup chocolate, melted (optional)

In a bowl, whisk together the oats, almond flour, whole-wheat flour and salt. Add the maple syrup and oil; mix to form a dough.

Place 2 tablespoons dough onto a parchment lined baking sheet; form into triangles.

Using your thumb, make an indent in the center of each cookie. Fill the indentations with the jam(s) of your choice.

Bake at 375° for 15-18 minutes, until browned and crisp. Cool for 10 minutes and allow cookies to set, then transfer to a rack. Drizzle with melted chocolate, if desired.

Mark Your 2019 Calendars

Sun., May 5 Senior brunch and play: *Little Shop of Horrors*, Voorhees High School, Glen Gardner, NJ

Tickets include a noon brunch; the show begins at 2:00 p.m. For best available seats, contact Barry at barryskolky@yahoo.com or 908-963-4863. Prices are \$20 for the center section; \$15 for the side section.

Sun., May 19 Paid-Up Membership Luncheon
1:00 p.m. Location to be announced.

Wed., June 5 Two Historic NJ Tours and Early Bird Dinner at a Local 5-Star Venue

At 1:00 p.m., we will enjoy a free one-hour tour of the New Jersey governor's mansion Drumthwacket in Princeton. Following that, we drive 30 minutes to Bordentown for a one-hour guided historic walking tour (\$15 per person). The day concludes in Bordentown's downtown to enjoy its quaint shops and many choice restaurants on Farnsworth Avenue. Both tours do require advance registration, so if you'd like to join in, please RSVP your interest (and your carpooling availability or need) to Esther at hwallach77@comcast.net or 908-371-1370.

The Renaissance Group is a 50+ social group that gets together to share interests, experiences, and activities. New membership is welcomed! Should you wish additional information about the group, or want to contribute to the Renaissance Happenings column, we welcome your submissions on a learned experience or human interest story. Please contact Harriet Thaler at 908-788-0269 or thalerz@embarqmail.com.

Health Screening at TBE



Life Line Screening, a leading provider of community-based preventive health screenings, will host their affordable, non-invasive health screenings at Temple Beth-El on April 4.

By virtue of their renting space at TBE, they are offering all congregants a discount of \$10 off of their screenings. Here is more information from Life Line Screening:

"Life Line Screening will be at Temple Beth El on Thursday, June 7, 2018 offering safe, painless, non-invasive preventive health screenings that are typically not a part of a routine physical. To be more proactive about your health and to live longer for yourself, your family and your community, please register for these potentially life-saving tests today. Please refer to the attached flyer to get more info about how you can sign up while receiving \$10 off any package priced above \$139. For only \$139 (regularly \$149) you can learn your risk of having stroke or vascular disease."

Three ways to register:

- **Call toll-free: 866-229-0469**
- **Online: www.lifelinescreening.com/communitycircle**
- **Text: the word circle to 797979**

Sisterhood

Come Connect with Sisterhood!

March 10 and 17: Purim is coming...Purim is coming!

Mark your calendars for our super Purim bag project! This is Sisterhood's biggest fundraiser of the year! During the past five years Sisterhood has given between 50 percent and 70 percent of the profits toward a temple improvement project, such as new appliances for the kitchen and new carpeting in the sanctuary and foyer.

We hope to continue our success of ensuring that every temple family receives a Purim bag, and need assistance to achieve that goal. Hands-on help is needed to assemble Purim bags from 9:00 a.m. to noon on March 10. We also need volunteers to pick up bags between 9:00 a.m. and noon on March 17 and deliver them by March 21. Please consider helping with pickup or deliveries. This is a great way to spend time with the children in your lives and do a Mitzvah all at once! Email Laura Miller at lauramiller5254@gmail.com or Cindy Scott at c.scott93@yahoo.com to volunteer for this wonderful community-building endeavor.

March 30: Sisterhood and Cultural Arts Israeli Movie and Refreshments

There is no charge for Sisterhood members to enjoy a movie, discussion and plenty of yummy treats along with wine and beverages. Marcy Rosenfeld will lead the interactive discussion. Doors open at 6:45 p.m. and the movie will begin at 7:00. This is another benefit of TBE Sisterhood membership.

April 3: Women's Torah Talk

Join in a lively conversation about the week's Torah portion, from a female point of view...yours and other Sisterhood members. This is a casual version of Torah study that is easy to relate to on a personal level. Join us even if you haven't read the portion. The parsha is Tazria; Leviticus 12:1 – 13:59. Torah Talk will be held at 7:30 p.m. at the home of Marsha Malberg, 5 Ginkgo Ct., Somerset. Ronnie Weyl will lead our exploration of this interesting Torah portion.

RSVP to Gayle Skolky. Email her at gskolky@gmail.com or call 732-412-7572.

This is one of the exclusive benefits of Sisterhood membership – You can join us at Torah Talk.

Sisterhood...Stronger Together!

*Save
the
Date!!*

The Annual Sisterhood Women's Day of Rest and Renewal Sunday, April 28th

Save the Date...Save the Date...Save the Date...

You'll be grateful you did...

This year we are changing it up a bit! Details are being finalized...

Be on the lookout for more information soon.

Please check Sisterhood's Tidbits and "What's New at TBE" weekly announcements for more details!

Social Action

Repairing the World...One Mitzvah at a Time!

How Big Is Your Footprint?

I am happy to report that the Tu B'Shvat Seder on January 26 was a rousing success. For the Social Action component, celebrating the New Year of the Trees, we learned interactively about how we can help the trees by reducing our personal environmental footprint. We had about 80 attendees, each of whom worked on filling out a "Personal Eco-Footprint Calculator" worksheet. Since many people attended with their families, there was a good deal of collaboration in filling out these worksheets, so we received a total of 21 completed worksheets.

The worksheets help one to understand the relative impact on the environment of what we eat, what kind of home we live in, how we get around, how we use energy, how we shop, and how other aspects of our lifestyles affect the planet. I was so pleased at how engaged everyone was – I expected people to make rough estimates of their personal habits in each area and complete the worksheet in about 10 minutes, but everyone seemed to want to really get an accurate evaluation. Many worked on their calculations for 20 to 30 minutes, and would have continued to refine them if given more time!

The good news is that, for those in attendance, the average score was 22.8, while the national average score is 25. We seem to already be doing well as a community. I invite everyone who was not there to download a copy of the worksheet from tinyurl.com/TBEEcoFootprint2019 and fill one out yourself! Please also return your completed worksheet to my box in the temple office so I can tabulate how the congregation as a whole is doing. Are the Tu B'Shvat Seder attendees a special subset of the congregation, or is the whole community living an eco-conscious life?

I also hope that everyone who fills out the worksheet will take some of the lessons learned and try to do better in the coming year. After all, research shows that if all of humanity adopted the American lifestyle, we would need four planets like Earth to support everyone. We cannot rest on our laurels and be satisfied with an average footprint of 10 percent lower than the average American! I plan to offer this activity again next year, and am eager to see how our scores evolve.

Dave Cohen, Social Action Chair

Interfaith Hospitality Network

Leigh Freeman, Coordinator — IHN / Temple Beth-El

Our next hosting date is Apr. 7-14

2019 IHN Hosting Schedule

Apr. 7-14

Jun. 2-9

Aug. 11-18

The Interfaith Hospitality Network of Somerset County (IHNSC) is a not-for-profit organization that provides many layers of services for homeless families with children. IHNSC provides a valuable service, as most other programs for homeless families do not provide the range of services to families with children.

Temple Beth-El hosts clients of IHN six times a year, approximately February, March or April, June, August, October or November and December. The families call Temple Beth-El "home" for a week and our volunteers give their time to assure that the families have a warm and welcoming stay with good food, compassion, play, and lots of good conversation.

Getting involved requires only a few hours from one to six times a year...you choose your level of involvement. Every volunteer is an important mentor to our IHN families.

Please visit www.tinyurl.com/TBEIHN or call the appropriate coordinator listed below to schedule a volunteer shift. Always check the IHN Coordinators Contact List in each issue of the Shofar, as it's possible that there have been changes. **Each volunteer is expected to honor their commitment to the IHN hosting week. If a volunteer is unable to fulfill their commitment, they should contact another volunteer and swap dates.**

IHN Coordinators Contact List

Function	Name	Main Phone	Other Phone	Email Address
Coordinator	Leigh Freeman	908-359-2724	908-391-1397 (c)	dancer.leighfreeman@att.net
Dinner Shift Volunteers	YOUR NAME HERE			
Evening Shift Volunteers	Julie Hirsch	732-580-8246		jbhirsch@gmail.com
Overnight Shift Volunteers	Sharon Sietz		908-256-6483	sharon.sietz@gmail.com
Meals	YOUR NAME HERE			
Food/Supplies	Mara White	908-231-1518	301-704-6066 (c)	mara@alumni.brown.edu
Linen Pick-Up	Cindy Andrews		908-635-6858 (c)	cjrandrews@gmail.com
Set-Up/Breakdown	David Cohen	609-683-5766		david@decarchitect.com
IHNSC/Day Center	Karen Donohue	908-704-1920	908-217-0217 (c)	karen@ihnsc.org

To Everything (in Your Compost Pile), Turn, Turn, Turn.....

“Turn it and turn it, for everything is in it,” said Yohanan Ben Bag Bag, a Jewish sage living and writing in the first century. To him, the Torah encompassed the entire universe, and to understand its wisdom, one must read it over and over, uncovering a new layer of meaning with each turn of the scroll. As we prepare to celebrate Earth Day on April 22, and as we develop a better understanding of our stewardship of the earth, this metaphor has a surprising parallel on a physical, actionable level: composting.

Why compost? Here in the United States, a family of four loses on average \$2,275 annually in food waste. According to the National Institute of Health, America wastes about 40% of the food we produce. The Environmental Protection Agency has stated that food scraps are the number one item sent to landfills in the U.S., contributing to 25 percent of methane emissions, and 14 percent of all municipal solid wastes. This waste also costs \$1.3 billion annually to transport.

In contrast, composting – the process of breaking down biodegradable organic matter – reclaims that food waste as a resource, producing healthy, nutrient-rich soil that can be used for landscaping, in house plants or, coming full circle, to grow more food. Therefore, one important way to reduce our carbon footprint is to compost as much of our food waste as possible.

Like studying Torah, composting takes a little knowledge and practice. But once you get a few basics under your belt (like what “green to brown ratio” means or which foods to leave out of the compost bucket) it’s a surprisingly straightforward process, and anyone can do it. And if composting conjures up the idea of smelly, rotting food, you should know that this usually only occurs when the compost pile is not properly mixed or aerated. A well-functioning compost bin, with a good mix of green and brown materials, smells like soil, not rotting food, and has few insects around it.

The most common way to compost is to dispose of food and yard waste in a compost bin (either homemade or store-bought) and “turning” or rotating it with a shovel or pitchfork to aerate the pile, which helps things decompose. Another composting method, vermicomposting, harnesses the power of worms, putting them in a bin with the food scraps and using them as a sort of workforce. This eliminates the need to turn the food scraps, because worms aerate the pile as they wriggle through it, looking for another delicious orange peel to snack on.



What to Compost

Choosing the correct ingredients for your compost bin is crucial. It’s important to strike a balance between “green,” or nitrogen-rich material, like old food scraps and yard waste (such as grass clippings), and “brown,” carbon-rich material, like fallen leaves and old newspaper. These materials create the perfect environment for bacteria and worms, turning what would otherwise be thrown away into valuable compost.

Green

In this context, “green” means nitrogen-rich materials that provide important proteins and amino acids that are necessary for cell growth in the compost pile. These include:

- Fruit and vegetable scraps
- Coffee grounds and filters
- Crushed eggshells
- Natural tea bags and looseleaf tea
- Cooked rice and pasta
- Stale bread, tortillas and pitas
- Stale potato chips or other snacks
- Spoiled tomato paste
- Spoiled tofu
- Seaweed

Brown

The term “brown” refers to materials rich in carbon, which work as both the energy source and the basic building block of microbial cells within your compost. Here are some “brown” materials that you can include in your compost bin.

- Fallen leaves
- Woody prunings
- Untreated wood sawdust
- Black and white newspaper
- Used paper napkins and paper towels
- Unwaxed cardboard, ripped into small pieces
- Paper bags, shredded
- Floor crumbs
- Stale cereal
- Cereal boxes, shredded
- Unwaxed, used paper plates
- Nut shells (except walnut shells)
- Wine corks
- Toothpicks

Do Not Include

- Meat or dairy products (these produce foul odors and attract animals)
- Walnut shells
- Large branches
- Diseased plant matter of any kind
- Cat litter or other animal wastes

Continued on page 26

Compost, *continued from page 25*

Indoors or Outdoors?

Now that you know what you can and can't compost, think about where you want to site your compost bin. Overall, outdoor composting is the best way to get started. It's the simplest method of returning old materials back to the ground, and it requires less maintenance than an indoor setup. If you choose to start your compost pile outdoors, you can use a homemade or purchased bin in whatever size you like. You can also simply fence off or otherwise enclose a small area outside. If possible, try to site the pile discreetly, as a gesture of consideration for your neighbors.

Indoor composting is an easier option for those with limited or no yard space. And because indoor compost bins are protected from the cold, they can also work more consistently year-round than outdoor ones. A garage or basement is a great location if you don't want the bin in your main living space. You can purchase specialized composters from gardening companies, but these aren't strictly necessary to compost. A large, sturdy plastic container, such as a clothing storage bin, with a secure lid, will work just as well. Drill some holes along either the top or the sides of the bin for ventilation. Make sure they are smaller than the diameter of a pencil to ensure that the worms don't escape, or cover the holes with some mesh screen.

Once your bin is set up, fill it with a light layer of garden soil or recently finished compost. Add a layer of soil or compost in between the layers of green and brown materials to help create a suitable environment for the bacteria needed to trigger the composting process. You can find compost starter at most hardware or gardening stores.

Indoor composters will also need to purchase red wiggler worms (Latin name: *Eisenia fetida*), which do the best job of converting food wastes into usable compost. Some good sources include Gardener's Supply Co. (gardeners.com), or Uncle Jim's Worm Farm (amazon.com). For indoor composting purposes, red wigglers are preferable to earthworms, which are also known as nightcrawlers, so be sure to purchase red wigglers specifically. Outdoor compost piles will naturally attract worms on their own, so it isn't necessary to buy them if you're starting yours outside.

Indoor composters will also need to purchase red wiggler worms, which do the best job of converting food wastes into usable compost. Some good sources include Gardener's Supply Co. (gardeners.com), or Uncle Jim's Worm Farm (amazon.com). Outdoor compost piles will naturally attract worms on their own, so it isn't necessary to buy them if you're starting yours outside.

Whether you compost indoors or outdoors, don't forget to turn the contents of the pile at least once a week, to ensure there's enough oxygen feeding the bacteria and worms in the middle of your compost. As the microorganisms in your compost begin to work faster to break down plant matter, they give off more heat and carbon dioxide, which is essential to the composting process. Turning the pile also helps alleviate any odors, especially if you remember to cover your "green" materials with carbon-heavy "brown" ones.

If you compost outdoors, regularly turning the contents of your bin is also one of the best ways to keep it warm

and productive throughout the winter, when cold weather often slows down the composting process. Turning the materials evenly distributes oxygen, allowing the helpful bacteria at the center of your pile to thrive. Also, adding more material to your pile during colder months further protects the center, allowing it to remain active.

One way of getting into the habit of regularly turning the compost bin, is to keep a container with a lid on your kitchen counter for food scraps, paper towels, and other commonly used compostables. (If odors are a concern, you can purchase special compost buckets fitted with charcoal filters to suppress any off-putting smells.) When you empty the bucket into the compost bin every few days, you can mix your bucketful of materials into the existing compost, aerating the pile at the same time.

Put Your Finished Compost to Use

Finished compost does not have to be collected all in one batch. Most people who compost choose to section off their bin or create multiple bins in order to always have compost at different stages. This means you would always have some compost just starting off at the same time as compost that is ready for use.

So once you're finished making compost, what do you do with it? Compost can be mixed in with the existing soil in a garden bed, making it more nutrient rich and improving drainage. You can also treat it as mulch, spreading it around plants and trees. After a few days, it will begin to break up and absorb into the soil. Sprinkling compost on your lawn provides nutrients to the soil, making it healthier and better equipped to hold water. Repeat this process a few times a year and your lawn will appear greener and thicker, without chemical fertilizers.

Gathering the Sparks

"It is my understanding that in the Kabbalistic tradition of Rabbi Isaac Luria, the world was created through God's words, which were held in glass vessels. Unable to contain the power of their possibility, the vessels shattered, their shards scattered to the corners of an imperfect earth, leaving us as gatherers of these holy sparks, or *klitat ha'nitzot*.

It would seem that tending the compost pile is a manifestation of that instinct to take the broken, forgotten, used-up, and to transmute the mundane into something holy again: we feed our food scraps to our compost bin, knowing that the rich soil will give our fields a boost of nourishment come planting time. Some would say that as we "raise the sparks" we are taking part in *tikkun olam*; that is, repairing the fragments of the material world around us."

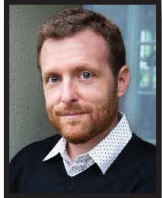
Source: Adam Edell, writing for the blog The Jew & The Carrot

Temple Beth-El and the Reform Jewish Voice of New Jersey welcome the Network for Responsible Public Policy for a discussion on:

Immigration in America Today – Danger on the Southern Border?



Guest Speakers:



John A. Gronbeck-Tedesco

Associate Professor and Covener of American Studies at Ramapo College of New Jersey



Hanna Siegel

Managing Director of New American Economy

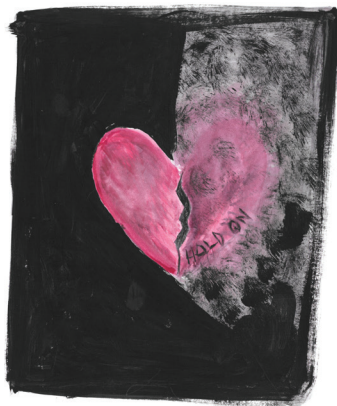
The evening will include a discussion on the history of immigration in America in terms of inclusion and exclusion, the history of America's border, facts about the economic case for immigration, and more.

The **Network for Responsible Public Policy** is a non-partisan 501(c)3 organization committed to providing authoritative information on key public policy issues fostering informed citizens and civic engagement.

JCC Holocaust Memorial and Education Center

SAVE THE DATE Creative Arts Festival Open House

*Voices of our Descendants
through Story, Art and Film*



9th Grade Religious School Student

Sunday, April 14 at 1:00 PM

Light from the Yellow Star Student Artist Recognition
Featured Speaker: Evan Kleinman, 3rd Gen Descendant
Writers and Filmmakers Symposium

Open to the Entire Community.



Shimon and Sara Birnbaum Jewish Community Center
775 Talamini Road • Bridgewater, NJ 08807 • ssbjcc.org



TEMPLE BETH-EL

FREE & OPEN TO THE COMMUNITY

FAMILY-FRIENDLY TRAIL WALK

DUKE ISLAND
PARK
BRIDGEWATER

SUNDAY, APRIL 14
1:30 PM

Meet at the
Playground



Nature Scavenger Hunt

All are welcome!

Spend an hour building community with temple members while taking a scenic one-mile trail walk along the Raritan River at Duke Island Park. Enjoy outdoor time while kids play, adults chat, and connections are made.

Refreshments available at the conclusion of the walk.



RSVP appreciated
tinyurl.com/
TBENatureWalk2019

Questions? Email
amy.rubin@bethel.org
or
amy.rubin@gmail.com

Co-Sponsored by Temple
Brotherhood and Young
Family Initiative

Yahrzeits March

[Click here to return to Page 1](#)

We extend our deepest sympathy to those of you who will be marking a loved one's Yahrzeit in the coming month. Below are the dates for the Yahrzeits we will be reciting during Shabbat services.

To be read on March 1 and 2

Max Chanoch, father of Keith Chanoch
Anne Finkelstein, mother of Beth Lavranchuk and Lori Blond
Ira Foss, brother of Bernard Foss
Morris Goldstein, father of Marcia Shubitz
David Marcus, father of Richard Marcus
Marjorie Silverman, wife of Lloyd Silverman and mother of
Jeff Silverman
Daniel Wachtel, loved one of Ann Weinstein
Anne Feurman, mother of Ileen Bradley
Paul Glaser, father of Shelley Drozd
William Knauer, father of Leonard Knauer
Sarah Wang, mother of Andrea Auerbach
Beverly Weitman, mother of Nanette Mantell
Karen Zweig, mother of Lauren Iannucci
Dorothy Dallow, mother of Brian Dallow
Mrs. Judith Jaffe, mother of Rabbi Hirshel Jaffe
Herbert Ringel, father of Jeff Ringel
Mary Rugg, mother of Stuart Rugg
Marion Seinfeld, grandmother of David Sandler
Rose Faer, mother of Beverly Bober
George Okun, father of Charles Okun
Bernice Jacobs Sarnoff, mother of Nancy Burke
Charles Feurman, father of Ileen Bradley
William Irving Klinghoffer, father of Doris Moshinsky
Bathsheva Malberg, mother of Marc Malberg and
Edward Malberg
Morris Schenkman, father of Eugene Schenkman

To be read on March 8 and 9

Walter Klimczak, father of Joan Weiss
Fay Berger, grandmother of Dana Colon
Robert Bradley, father of Robert Bradley
Richard R. Freeman, father of Richard Freeman
Pedro Laureano, father of Madelyn Moalam
Dorothy Nerenberg, mother of Henry Nerenberg
Raymond Redlich, father of Sam Redlich
Anne Swickle, founding member of Temple Beth-El
Rose Mintz, mother of Goldie Taub
Sylvia Oppen, grandmother of Tamar Yarkoni
Haley Wolin-Swift, niece of Martin Wolin
Alice Seid, grandmother of Kenneth Rubin
George Skowronek, son of Joshua Skowronek and brother
of Brian Skowronek

Bessie Tucker, mother of Barbara Cohen
Harold Brandman, father of Ed Brandman
Joseph Curau, Sr., father of Joseph Curau
Matilda Goldberg, mother of Michael Goldberg
Mary Rugg, mother of Stuart Rugg

To be read on March 15 and 16

Frederick Dallow, father of Brian Dallow
Dennis Greenstein, father of Shiri Shapira
Joseph Enzer, husband of Lillian Swickle
Beatrice Klein, mother of David Klein
Dorothy Levine, mother of Alvin Levine
Anna Rosen, mother of Rochelle Levin
Richard I. Spivack, father of Michelle Grafer
Mildred Schoenfeld, mother of Eugene Schenkman
David Sloane, father of Leslie Marcus
Molly Schutzman, grandmother of Cheryl Nelson
Arthur Lavin, grandfather of Liz Cohen

To be read on March 22 and 23

Tillie Vogel, mother of Irwin Vogel
Lotte Weyl, mother of Lewin Weyl
Joan Bateman, mother of Caren Bateman
Eileen Lemansky, mother of Ellen Edwards
Albert Swickle, father-in-law of Lillian Swickle
Victor Vigdergaus, father of Simona Rivkin
Hannah Walitsky, mother of Paul Walitsky
Greta Bauer, mother of Ulrich Bauer
Melvin Wolfson, father of Laura Kasauskas
Jules Swickle, husband of Lillian Swickle
Billie Sharon Crumley, sister of Stuart Southland
Rose Grossman, mother of Linda Strand
Eva Spivack, grandmother of Michelle Grafer
Herman Blond, father of David Blond
Charles Steinman, father of Judith Steinman

To be read on March 29 and 30

Dahlia Johnston, mother of Russ Johnston
Jacob Seckler, father of Ellen Bailin
Tiby Sharlin, sister of Goldie Taub
Irwin N. Levison, father of Carol Levison

Yahrzeits April

[Click here to return to Page 1](#)

We extend our deepest sympathy to those of you who will be marking a loved one's Yahrzeit in the coming month. Below are the dates for the Yahrzeits we will be reciting during Shabbat services.

To be read on April 5 and 6

Martha Brody, mother of Bruce Brody
Mollie Schenkman, mother of Eugene Schenkman
Charles Fetaya, father of Pat Fetaya
James Mitchell, father of Donna Tischfield
Robert Rubin, father of Kenneth Rubin
Rosalie Zapolin, mother of Zorina Walitsky
Antoinette Bouchonville, mother of Maria Landau
Dr. Harvey Freed, brother of Diane Morrison
Phyllis Phillips, sister of Jeanette Tuckman
Phyllis Rosenfeld, sister of Alan Rosenfeld
Stuart Tuckman, father of Robert Tuckman
Alan Wallin, father of Terry Wallin

To be read on April 12 and 13

Robert Donohue, father of Karen Donohue
David Schnee, stepfather of Jay Tischfield
Sheila Broder, sister of Debbie Friedman
Ben Spinner, father of Max Spinner
Robin Callaghan, cousin of Brian Small
Ida Goldstein, mother of Marcia Shubitz
Stanley Gold, grandfather of Kimberly Beman
George Roberts, father of Sharon Hambro
Bernard Kimmelman, father of Alan Kimmelman
Leonard Miller, father-in-law of Laura Miller
Esther Katz Rosen, aunt of Betty Roswell
David Zelnick, father of Zelda Reinhart

To be read on April 19 and 20

Edward Ditman, father of Robin Kimmelman
Elaine Freiman, mother of Roy Freiman
Patricia Klimczak, sister of Joan Weiss
Abraham Levenson, father of Edith Rugg
Rose Seckler, mother of Ellen Bailin
Anne Gomolka, mother of Albert Gomolka

Charles Bronston, father of Jan Gorban
Joseph Burke, husband of Nancy Burke
Yael Gorban, mother of Arie Gorman
Benjamin Brown, father of Marvin Brown
Sol Ferling, father of Rhona Ferling
Herbert Schall, friend of Stanley Mendelson
Armond Sherman, uncle of Jonathon Andell
Agnes Boschen, mother of Karen Kaplan
Betty Chaprack, mother of Alice Barrow
Fannie Fruchter, mother of Rena Fruchter
Barbara Hirschhorn, sister of Betty Roswell
Herbert Greenberg, husband of Phyllis Greenberg
Otilie Wasserman, grandmother of Tamar Yarkoni

To be read on April 26 and 27

Benjamin Horowitz, father of Sidney Horowitz
Felice Platt, sister of Rena Fruchter
Carole Rosenhaus, aunt of Steven Weitz
Milton Skowronek, father of Joshua Skowronek
Hyman E. Cohen, father-in-law of Barbara Cohen
Jeffrey Mayer, brother of Cheryl Nelson
Lloyd Goldberg, father of David Goldberg
Philip Kaplan, father of Mitchell Kaplan
Rabbi Victoria Seren Tuckman, wife of Robert Tuckman
Caryn Katz, sister of Pauline Schneider
Lillian Richman, great aunt of Lynn Small
Cheryl Bloomstein, wife of Michael Bloomstein
Joseph Kelson, father of Ellen Brown
John Yourman, father of Amy Berger
Arnold Friedman, father of Donna Stein
Irving Leventhal, father of Alan Leventhal
George Paritz, father-in-law of Joshua Skowronek
Henry Rosewater, grandfather of Jonathon Andell
Jack Unrot, grandfather of David Sandler
Harold Siegelau, father of David Siegelau

March

Calendar of Events

[Click here to return to Page 1](#)

Friday, March 1

6:00 p.m. Young Family Pizza Dinner
7:00 p.m. Family Shabbat Service

Saturday, March 2

10:00 a.m. Shabbat Morning Service and Torah Study with Bar Mitzvah of Sean Maizel
10:00 a.m. Shabbat Morning Service and Torah Study
6:00 p.m. Brotherhood Fundraiser

Sunday, March 3

8:00 a.m. Jewish LIFE: Modern Loss: Candid Conversations about Grief, at JCC
9:00 a.m. Religious School with Grade 5 Family Ed
9:15 a.m. Brotherhood/Sisterhood Breakfast with rep from United Nations
10:00 a.m. Jewish LIFE: Biblical Hebrew
12:00 p.m. Purim Spiel Rehearsal
4:00 p.m. Jewish LIFE: iEngage 4 — Israel's Milestones and Their Meaning

Monday, March 4

4:30 p.m. Hebrew School
6:30 p.m. Youth Culture Committee
6:30 p.m. Post-Confirmation
7:00 p.m. Mah Jongg
7:30 p.m. Board of Trustees Meeting

Tuesday, March 5

7:00 p.m. Jewish LIFE with Rabbi Gluck on Derech Eretz: The Torah of Decency

Wednesday, March 6

12:00 p.m. Wise Aging
4:30 p.m. Hebrew School
6:30 p.m. Confirmation Academy
7:30 p.m. Choir Rehearsal

Thursday, March 7

7:30 p.m. Jewish LIFE: Israeli Folk Dancing

Friday, March 8

3:00 p.m. Post Confirmation to Rutgers Hillel (Time TBD)
8:00 p.m. Shabbat Evening Service

Saturday, March 9

10:00 a.m. Shabbat Minyan Service and Torah Study

Sunday, March 10

9:00 a.m. Religious School with Grade 3 Family Ed
9:00 a.m. Jewish LIFE: Trope with Cantor Pincus
9:00 a.m. Young Family Schmooze
9:00 a.m. Leadership Development
9:15 a.m. Brotherhood Board Meeting
10:00 a.m. Jewish LIFE: Biblical Hebrew
Purim Spiel Rehearsal

Monday, March 11

4:30 p.m. Hebrew School
7:00 p.m. Mah Jongg
7:30 p.m. Oversight Committee Meeting

Tuesday, March 12

7:00 p.m. Jewish LIFE with Rabbi Gluck on Derech Eretz: The Torah of Decency

Wednesday, March 13

4:30 p.m. Hebrew School
6:30 p.m. Confirmation Academy
7:00 p.m. Sisterhood Board Meeting
7:15 p.m. TBE Reads: *Educated, A Memoir* by Tara Westover
7:30 p.m. Choir Rehearsal

Thursday, March 14

7:30 p.m. Jewish LIFE: Israeli Folk Dancing

Friday, March 15

8:00 p.m. Shabbat Evening Service with the Choir

Saturday, March 16

10:00 a.m. Shabbat Minyan Service and Torah Study

Sunday, March 17

9:00 a.m. Religious School
9:00 a.m. Jewish Spirituality Group
10:00 a.m. Jewish LIFE: Biblical Hebrew
10:30 a.m. Purim Carnival Opens Early for Kids under 5
11:00 a.m. Purim Carnival

Monday, March 18

4:30 p.m. Hebrew School
6:30 p.m. Purim Spiel Rehearsal
7:00 p.m. Mah Jongg
7:30 p.m. Religious School Committee Meeting
7:30 p.m. Inner Ladder: Continuing Mussar Steps

Tuesday, March 19

6:30 p.m. RS Madrichim Meeting
7:00 p.m. Jewish LIFE with Rabbi Gluck on Derech Eretz: The Torah of Decency

Wednesday, March 20

Erev Purim
4:30 p.m. Hebrew School
5:00 p.m. Purim Spiel - Pizza
5:30 p.m. Purim Spiel Dress Rehearsal
7:00 p.m. Purim Megillah Reading and Spiel

Thursday, March 21

Purim
7:30 p.m. Jewish LIFE: Israeli Folk Dancing

Friday, March 22

Grade 6-7 Retreat to Diamond Ridge Conference Center
8:00 p.m. Shabbat Evening Service with First Friends

Saturday, March 23

Grade 6-7 Retreat to Diamond Ridge Conference Center
10:00 a.m. Shabbat Minyan Service and Torah Study

Sunday, March 24

9:00 a.m. Religious School
9:00 a.m. Jewish LIFE: Trope with Cantor Pincus
10:00 a.m. Person of Honor Breakfast
4:00 p.m. Jewish LIFE: iEngage 4 — Israel's Milestones and Their Meaning

Monday, March 25

4:30 p.m. Hebrew School
6:30 p.m. Post-Confirmation
7:00 p.m. Mah Jongg

Tuesday, March 26

7:00 p.m. Jewish LIFE: Growing Up with Leonard Bernstein, at the JCC
7:00 p.m. Jewish LIFE with Rabbi Gluck on Derech Eretz: The Torah of Decency

Wednesday, March 27

4:30 p.m. Hebrew School
6:30 p.m. Confirmation Academy
7:30 p.m. Choir Rehearsal

Thursday, March 28

7:30 p.m. Jewish LIFE: Israeli Folk Dancing

Friday, March 29

6:30 p.m. Confirmation Class Shabbat Dinner
8:00 p.m. Shabbat Evening Service with Confirmation Dialogue

Saturday, March 30

10:00 a.m. Shabbat Morning Service and Torah Study with Bat Mitzvah of Emma Kelner
7:00 p.m. Jewish LIFE: Jewish Film Series *Women Unchained*

Sunday, March 31

CCAR Convention
9:00 a.m. Religious School
9:00 a.m. Jewish LIFE: Trope with Cantor Pincus
10:00 a.m. Jewish LIFE: Biblical Hebrew
2:00 p.m. Ladies of Love Cooking Date

Visit our online calendar at www.ourbethel.org/about/calendar/ for more information, room locations and updated information.

April

Calendar of Events

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Monday, April 1

4:30 p.m. Hebrew School
7:00 p.m. Mah Jongg
7:00 p.m. Brit K'hillah Meeting
7:30 p.m. Ritual Committee Meeting

Tuesday, April 2

7:00 p.m. Jewish LIFE: The Shabbat Table

Wednesday, April 3

4:30 p.m. Hebrew School
6:30 p.m. Confirmation Academy
7:00 p.m. Sisterhood Board Meeting
7:30 p.m. Choir Rehearsal

Thursday, April 4

7:30 p.m. Jewish LIFE: Israeli Folk Dancing

Friday, April 5

7:00 p.m. Family Shabbat Service
8:30 p.m. Youth: Grades 4-5 Shul-in

Saturday, April 6

10:00 a.m. Shabbat Morning Service and Torah Study
with Bat Mitzvah of Maren Goldberg
5:00 p.m. Young Family Passover Experience

Sunday, April 7

IHN Hosting Week
9:00 a.m. RS Grade 4 Field Trip to Cemetery (Time TBA)
9:00 a.m. Religious School
9:00 a.m. Leadership Development
10:00 a.m. Jewish LIFE: Biblical Hebrew
4:00 p.m. Jewish LIFE: iEngage 4 — Israel's Milestones
and Their Meaning

Monday, April 8

IHN Hosting Week
4:30 p.m. Hebrew School
6:30 p.m. Post-Confirmation
7:00 p.m. Mah Jongg
7:30 p.m. Oversight Committee Meeting

Tuesday, April 9

IHN Hosting Week
7:00 p.m. Jewish LIFE: The Shabbat Table

Wednesday, April 10

IHN Hosting Week
4:30 p.m. Hebrew School
6:30 p.m. Confirmation Academy
6:30 p.m. Jewish LIFE Celebrate Israel Event
7:00 p.m. Night to Celebrate Israel
7:30 p.m. Choir Rehearsal

Thursday, April 11

IHN Hosting Week
7:30 p.m. Jewish LIFE: Israeli Folk Dancing
7:30 p.m. Danger on Our Southern Border? A Forum
with the Network For Responsible Public
Policy

Friday, April 12

IHN Hosting Week
NFTY-GER Spring Kallah
8:00 p.m. Shabbat Evening Service with the Choir

Saturday, April 13

IHN Hosting Week
NFTY-GER Spring Kallah
10:00 a.m. Shabbat Morning Service and Torah Study
and B'nei Mitzvah of Corey and Zachary
Iannucci

Sunday, April 14

IHN Hosting Week
NFTY-GER Spring Kallah
9:00 a.m. Religious School
9:00 a.m. Jewish Spirituality Group
10:00 a.m. Jewish LIFE: Biblical Hebrew
1:30 p.m. Brotherhood Family Hike

Monday, April 15

4:30 p.m. Hebrew School
6:30 p.m. Youth Culture Committee
7:00 p.m. Jewish LIFE: The Opposite of Hate: A Field
Guide to Repairing our Humanity
7:00 p.m. Mah Jongg
7:30 p.m. Inner Ladder: Continuing Mussar Steps

Tuesday, April 16

7:00 p.m. Jewish LIFE: The Shabbat Table
7:00 p.m. Pub Theology with Rabbi Gluck and Pastor
Buurstra
7:30 p.m. Jewish LIFE: Israeli Folk Dancing

Wednesday, April 17

4:30 p.m. Hebrew School
6:30 p.m. Confirmation Academy
7:30 p.m. Choir Rehearsal
7:30 p.m. Women's Torah Talk

Friday, April 19

Erev Pesach — First Seder

Saturday, April 20

Yom Tov Pesach, Day 1
10:00 a.m. Shabbat Minyan Service and Torah Study
6:30 p.m. Community Second Seder

Sunday, April 21

Chol Ha Mo'ed Pesach
No Religious School: Pesach Break
9:00 a.m. Earth Day Activity

Monday, April 22

Chol Ha Mo'ed Pesach
7:00 p.m. Mah Jongg
7:30 p.m. Board of Trustees Budget Meeting

Tuesday, April 23

Chol Ha Mo'ed Pesach
7:00 p.m. Jewish LIFE: Sephardic Art Song
7:30 p.m. Jewish LIFE: Israeli Folk Dancing

Wednesday, April 24

Chol Ha Mo'ed Pesach
7:30 p.m. Choir Rehearsal

Thursday, April 25

Chol Ha Mo'ed Pesach
7:00 p.m. Pesach Service and Yizkor

Friday, April 26

Yom Tov Pesach, Day 7
Offices Closed
8:00 p.m. Shabbat Evening Service with the Tefillah
Band

Saturday, April 27

10:00 a.m. Shabbat Minyan Service and Torah Study
4:00 p.m. Hold for Youth: Midnight Run

Sunday, April 28

No Religious School: Spring Break
10:00 a.m. Jewish LIFE: Biblical Hebrew
10:00 a.m. Women's Day of Rest and Rejuvenation
2:00 p.m. Interfaith Community Action Network pre-
sents a forum on Youth Mental Health: Crisis
and Opportunity

Monday, April 29

4:30 p.m. Hebrew School
6:30 p.m. Post-Confirmation
7:00 p.m. Mah Jongg

Tuesday, April 30

7:30 p.m. Jewish LIFE: Israeli Folk Dancing

Contacting Temple Beth-El

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